

## "KEEPING THE RUMOUR OF GOD ALIVE"

It's a cold January morning, it's dark outside, but inside it's pitch black, except for the flickering flame of a single Advent Candle.

So began my two week placement at Norwich Cathedral, living in The Close, with amazing hospitality, getting totally immersed in the rhythm, the life, the worship of a truly iconic building. Immersed in St Benedict's Rule, a community that is "Christ-centred" with hospitality, education and worship. I found this was not just a convenient principle, but it is truly lived and followed through by all who reside and work there, both ordained or lay.

Some in the Benefice said I'd be mad to go in January, I'd freeze and there would be nothing happening. For the former, there are very effective thermals to be purchased, and for the latter, they couldn't have been more wrong. The cathedral community heaves with busy welcoming people, so generous with their time, organizing events, visits, services, and committees who are determined that this building will go forward as a living "mother church". It truly is a Christian presence at the heart of Norfolk.

It's top of the "to do" list for tourists to Norwich, with 80,000 people visiting last year, 700 "Friends" and 700 volunteers plus paid workers, which puts a huge strain on the Refectory and hospitality services. The big challenge is to strike a balance between those who come to admire and explore the cathedral's history and architecture and those who come seeking a quiet space for prayer and reflection. Sometimes that's hard to get right and keep everybody content.

St Catherine's side chapel (rescued from being a store room), provides a safe spiritual place, with a beautiful warm and spiritual ambience. The heavy glass door, protects from the noise of visitors, with these beautiful words engraved in an encompassing circle:



St Catherine's Chapel

Reach out to the silence, at the still point of the turning world, except for the still point, there would be no dance.

Timeless.

Love is itself unmoving, only the cause and end of movement.

"Go and open the door, at least there will be a draught!". Janet Marshall's words (the cathedral's children's officer). Incredibly enthusiastic, buzzing with ideas, she admits she is a Sacred



Spaces Geek, encouraging the children to lie on the floor, look up and lose themselves in the beauty, to respond to the sacred space, to wonder and have a tangible experience, allowing the silence to take over. Hopefully the children will want to come back. 12,000 school children visited last year, besides the Norwich school with its 1,000 pupils who use the cathedral every morning for Assembly.

For me, so many special experiences, hearing choir practise, listening to Evensong in the organ loft, going behind the scenes in the cathedral library and discovering precious books from this Benefice, (one nearly 400 years old from Claxton), watching Easton College students singing and dancing to "CATS" in the Nave on Education Sunday, celebrating Candlemas with 100s of lit votive candles flickering throughout the building, and the girls choir singing Britten's ceremony of carols, their voices gradually disappearing as they processed down to the great West Door.



One important reason to go on this placement was for me to get back into a regular rhythm of prayer, and with at least 4 services a day, from Morning Prayer at 7.30am to Compline in the evening (described by one as like a warming mug of Ovaltine after a busy day), I had the opportunity to do that, and I grasped it with both hands. This place would not be the uplifting visionary place without its regular forms of worship, encompassing prayers for the whole of the Diocese, (that's you and me and our churches) listening to the rule of Benedict every day, and feeding the community of the cathedral with good spiritual food.

On my first January morning I fumbled and felt my way to a place in the choir stall, no one was there. I watched as the grey light appeared through the upper windows. In the darkness, the heart-beat of the cathedral began to come to life as the lights came on and the service bell tolled. I realized I had the wrong book, so couldn't join in, would I look peculiar, out of my depth?



Then I decided, was it worth worrying about being in the wrong seat, or having the wrong book? NO. I sat there as the light slowly got stronger and let the words flow over me, and thought how lucky I was, glad it was January so I could experience the cathedral waking up from the darkness, full of prayer and worship to the one true living God.

Rev. Mandy Ansell



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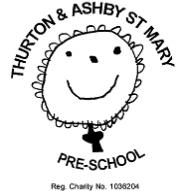
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## Your Local Farmers' Markets

### YOUR PORINGLAND Farmers' Market

1<sup>st</sup> & 3<sup>rd</sup> Saturdays 09:30 - 1.00  
Community Centre, Poringland

[www.poringlandfarmersmarket.co.uk](http://www.poringlandfarmersmarket.co.uk)

### YOUR LODDON Farmers' Market

2<sup>nd</sup> & 4<sup>th</sup> Saturdays 09:30 - 1.00  
Jubilee Hall, Loddon

[www.loddonfarmersmarket.co.uk](http://www.loddonfarmersmarket.co.uk)

01502 677214 New stallholders welcome  
FREE Charity & Community stalls available

Your Local Farmers' Markets

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**Celtic Morning Prayer.** We come together in Surlingham Church porch (neither within nor outside the church) for half an hour of quiet prayer and reflection at 10am on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month. We are a small bunch of Christians who enjoy this time of quiet and meditation in our busy world and would love you to join us.

**Common Worship Morning Prayer** every Wednesday morning at 8.30am in Bramerton Church, alternating weekly with a more reflective prayer time.

**Coffee-Stop and Drop-In** continues to flourish after a number of years, meeting on the first Tuesday of the month. We are always there from 10am – 12 noon at Rockland's Parish Room. All welcome from the Benefice to come along for free refreshments/newspapers/periodicals. Prayer offered before and after each session for all of us in need.

**Girls Group** is for all ladies meeting in various homes once a month. A chance to have a catch-up, friendship, share tea and refreshments.

All these regular happenings are for everybody. If you'd like more details, venues etc. please contact Rev. Mandy Ansell 01508 538654.

## Forthcoming Events at Burning Bush Barn contemplative art space, Rectory Lane, Rockland St Mary NR14 7EY

### An invitation to be creative

Have you ever taken part in the RSPB big garden bird watch or a mammal count of some kind? The results of which provide some sort of registration, and identifies the needs for maintaining the



particular habitat of those specific species. All too often birds and mammals become extinct because their natural habitat is not protected or because they become named and tamed. 2016 heralds our seventh year here at the barn. In biblical terms that would be a Sabbath year. A time of stocktaking, thanksgiving for fruits of the past, honouring the present and being mindful of the future. If we want to maintain a specific habitat here at the barn it is time for us to do likewise.

In a national survey we have the analogy of 'a wild bird table'. If the barn is significant or meaningful for you in any way then we are inviting you to show your colours, sing your song, tell your story, by making a bird in a way that represents you. The question is What bird are you? Why do you come to feed at 'the table' here at the barn? What is it that attracts you and how would you be without it? What is it that sustains your creative and spiritual life? Are you a regular visitor that feeds often or an intermittent species that feeds and rests whilst on migration. Whether you are a shy solitary or one 'of a charm' we want to include you in our count. Make a bird, write a bird, play a bird, imaginary if you like, in whatever media makes you present. It would be great for us to see the extent of this community, commitments and why it is an important place today.

Bring or send your bird beings, finished or in process to the barn between Thursday 9th to Sunday 19th June. NOT BEFORE PLEASE. (Please arrange with Wendy). These bird beings will then become the interactive installation 'UNfETTERED' ( see below )

### Dates for your diary

#### Thursday 7th April - Sunday 22nd May

Thursday to Sunday 1-4pm '**Foraging**' afternoons of quietness with the opportunity to freely use the creative materials that will be out. Watch the blog for unfolding opportunities and events.

**April 9th - May 21<sup>st</sup>** Saturday morning creative exploring.

**Barn Closed May 22nd - June 9th**

**June 23<sup>rd</sup> - August 21st** '**UNfETTERED**', an interactive installation exploring human and spiritual identity, through the likeness of birds. Thur-Sun 1-4pm

Watch the blog and emails for specific events as they unfold. For fuller information of all the above events or to receive a copy of our latest newsletter contact [bbbarn@gmail.com](mailto:bbbarn@gmail.com) or telephone Rev Wendy Shaw on 01508 537045.

## REVD JOHN SHAW IS ON SABBATICAL LEAVE from 1<sup>st</sup> April until 14<sup>th</sup> July.

I do apologise for any inconvenience this might cause. If you need a priest please contact any of those listed below.

**REVD CHRIS ELLIS** - The Rectory, 29 Ashby Road, Thurton, Norwich NR14 6AX. 01508 484174. Email: [chris.ellis23@btinternet.com](mailto:chris.ellis23@btinternet.com)

**REVD MANDY ANSELL** - Honkers, 44 The Street, Rockland St Mary, Norwich NR14 7AH. 01508 538654 Email: [mandy.ansell44@gmail.com](mailto:mandy.ansell44@gmail.com)

**REVD ROBERT PARSONAGE** - The Rectory, Rectory Lane, Poringland, Norwich NR14 7SL. 01508 492215 Email: [robert@poringland-benefice.org.uk](mailto:robert@poringland-benefice.org.uk)

**REVD DAVID OWEN** - The Vicarage, 4 Market Place, Loddon NR14 6EY. 01508 522993. Email: [david.chetvalley@gmail.com](mailto:david.chetvalley@gmail.com)

##### NEW #####

at Parish Room, The Street, Rockland St Mary.



REFRESHMENTS NEWSPAPERS  
ENTERTAINMENT  
COMMUNITY CRAFTS and GOOD  
CONVERSATION  
All with our compliments!

**SUNDAY 17th April, 10.30am-12.00**

Future dates: May 22nd / June 26th

Contact: John Shaw 01508 538619 or Mandy Ansell 01508 538654 for details or possible help with transport

##### NEW #####

## GROUP YOUTH WORKER NEEDS -

Xbox 360's, PlayStation 3's, Wii U's,  
or more recent consoles

For LOCAL YOUTH CLUBS

**Wanted:** for a number of BYRUS youth clubs and projects across the Local area. **we need old or unused games consoles** to help with our young people!

Xbox 360's, PlayStation 3's, Wii U's, or more recent consoles would all be very much appreciated (games optional).



Please contact me (**Dave Cossey**) on **07581231242** if you, or **anyone you know**, is interested in helping.

## Thurton Little Fish

We meet at Thurton Village Hall (in the small carpeted committee room) at 10.30am on alternate Wednesday mornings during term time. On arrival the children choose a cuddly toy out of the bag and we have a short service specially designed for them with songs you can shake shakers to, a bible story and a prayer. Afterwards there's a drink and biscuit for everyone, toys to play with, chatting, sharing and colouring. Dates are : **April 20th** and **May 4th** and **18th**. For more information please contact Angie (01508 480477).

## Thurton Explorers

All 7 - 11 year olds are welcome to join Explorers. We meet on alternate Friday evenings (during term time) at the village hall from 7pm - 8.15pm. Explorers have fun together - we play games, have a Bible story which everyone wants to act out, and end with art and craft activities. Our next dates are: **Friday April 22nd** and **May 6th** and **20th**. Contacts for more information are Angie (480477) and Rosalind (480440).



# Ladies' organisations

## Ashby & Thurton WI

First Thursday each month at 7.30pm

## Alpington, Bergh Apton & Yelverton TWIG

First Wednesday each month at 7.30pm

## Rockland St Mary WI

Second Tuesday each month at 7.30pm

## Surlingham WI

First Thursday each month at 7.30pm

## Alpington, Bergh Apton & Yelverton TWIG

On 16th March a party of members visited Green Pastures for 'Afternoon Tea' which was enjoyed by all. On April 23rd we are having our well-known 'Crab Supper'

At our April meeting there will be a talk by Diana Rannik entitled 'The Alpaca Story'

Our 'once a month' activities include a walk and a meal, a game of Scrabble and certain members meet twice a month for a Craft Evening.

Please come along and join us, you can be ensured of a warm welcome.

## Rockland St Mary & District WI

Having survived the gory history of Norwich and a night in the crime museum our speaker on April 12th, Esme Wilson Staniforth, will tell us about massage and aromatherapy.

On May 10th we will have a silent auction after our Resolution meeting. We always welcome new members and hold our meetings in the Margaret Mack Room on the second Tuesday in each month. Come and join us.

## Thurton, Ashby & District WI

During our February meeting future events and outings were discussed. We can look forward to visits to Woodbridge and Felixstowe, a tour of Kirstead Hall and a visit to the Time and Tide Museum at Great Yarmouth during the coming months. The proposed format for our December Birthday Party was also discussed and it has been agreed that a Tramps Evening with Fish & Chips will be arranged. It was agreed to form a Darts Team and those interested were to meet at the George & Dragon to decide on the team.

Unfortunately our speaker for the evening was ill so a short quiz took place, after which we were treated to a selection of tasty nibbles as well as a nip of Whisky to celebrate the recent Burns Night.

During our March meeting it was confirmed that we have two Darts Teams! They are practising hard for the forthcoming heats which start in April. Our Bowls team is progressing well and we wait to hear where they are in the table.

Our speaker for the evening was Susan Parry whose talk was entitled 'My Night in the Crime Museum'. It was a very interesting, if rather gruesome, talk.

Our next meeting will be on Thursday 7<sup>th</sup> April when the speaker will be Frances Mobbs who is to give a cookery demo with an Italian theme. Visitors are always welcome to join us at 7.30 pm in the Village Hall.

## Ladies - a date for your diaries!

**Wednesday 15th June - Afternoon Tea** at Thurton village hall at 2pm. All welcome!

## Secretary required

Ashby & Thurton Village Hall are urgently looking for a secretary for the Management Committee. There are approximately 8 meetings each year and a small honorarium is paid monthly. For further information please phone Richard Taylor on 01508 480092.

May there always be work for your hands to do;

May your purse always hold a coin or two;

May the sun always shine on your window pane;

May a rainbow be certain to follow each rain;

May the hand of a friend always be near you;

May God fill your heart with gladness to cheer you.

**Irish Friendship Wish, Anon**



## Marathon Des Sables (MdS) in aid of the South Norfolk Rosemary Group

From 10<sup>th</sup>-17<sup>th</sup> April 2016 I am running the Marathon Des Sables – also known as the MdS. Rated by some as the toughest foot race on Earth. I will run 160 miles across the Moroccan Sahara carrying everything I need to survive in temperatures of up to 50 degrees C.

**I am racing in support of a local cancer charity, the Rosemary Group.** They support women in South Norfolk with cancer that has returned or has spread. The group helps its members find their way from despair, upon receiving a 'terminal diagnosis', to a position of hope and determination to live well for as long as possible. You can find out more about them via the following Facebook link. The short film tells everything. [www.facebook.com/therosemarygroup/](http://www.facebook.com/therosemarygroup/)

Anyone wanting to make a donation can do so here: [crowdfunding.justgiving.com/neil-may](http://crowdfunding.justgiving.com/neil-may). Supporters can keep track of my progress in the build up to the race via my blog at [www.pathlesstravelledblog.wordpress.com/](http://www.pathlesstravelledblog.wordpress.com/) and during the race itself at [www.marathondessables.com/](http://www.marathondessables.com/). My race number is 1055.

The Rosemary Group do such fantastic work in our area.

Best regards

**Neil May, School Lane, Rockland St. Mary**

## Gentlemen, you are cordially invited to a Mid-Day Mardle

An opportunity for men to quench their thirst for good company and conversation, share good food and, perhaps, to enjoy a glass of something.



## The Ferry House, Surlingham

**April 6th, May 4th and June 1st**

(Normally 1<sup>st</sup> Wednesday of the month)

**Anytime between 12:00 and 14:00**

## For our Easter gathering on Wednesday April 6th

Sonia has prepared a special menu for us:

- ~~Soup £4.50~~ £3.50
- ~~Shepherd's pie (lamb) £9.75~~ £7.95
- ~~Cod and chips £8.95~~ £6.95
- ~~Smoked salmon & cream cheese baguette £4.95~~ £3.95

Any questions, please contact

David Fairbourn on

**01508 538437,**

or email:

[surlingham.midday.mardle@gmail.com](mailto:surlingham.midday.mardle@gmail.com)



## Poringland Community Cinema

### Friday 8th April - LADY IN THE VAN (12A)

Biography/Drama: True story of the relationship between Alan Bennett and the singular Miss Shepherd, a woman of uncertain origins who 'temporarily' parked her van in his London driveway and proceeded to live there for 15 years

Stars: Maggie Smith, Dominic Cooper, James Corden

Tickets £5, on sale at Budgens or on the door. Free cup of tea or coffee before the show. Doors open 6.45pm film starts at 7.30pm

## Poringland Library

Every 1st and 3rd Saturday of the month there is a **Shared Story Time** for younger children.

It runs from 9.30 - 1pm and is a free event.



# From the Registers

## BAPTISMS

## MARRIAGES

13/02/16 Mauricio NAVARRETE to Ella PORTER

Bergh Apton

## FUNERALS, BURIALS, CREMATIONS, INTERMENT OF ASHES

13/12/15 Geoffrey David SAUNDERS (64)  
 30/12/15 John William Marc MESTON (89)  
 14/01/16 Trevor Bruce RUDD (70)  
 22/01/16 Nicholas Jeremy LEECH (52)  
 04/02/16 Albert GOLLIGY (79)  
 05/02/16 John Anthony FARRANT (80)  
 15/02/16 Joyce Helen MOUSER (96)  
 25/02/16 Pauline Eleanor CLOUGH (87)

Surlingham  
 Rockland St Mary  
 Ashby St Mary  
 Yelverton  
 Rockland St Mary  
 Bergh Apton  
 Surlingham  
 Surlingham

## Alpha Course – Spring 2016 at Kirby House, Kirby Bedon, NR14 7DZ

If you have wondered:  
Does God exist?

Why is there undeserved suffering?

What happens when I die?

Was planet earth created or an accident?

How can I get rid of guilt?

Then you may like to come to one Alpha Supper, supported by Rev John Shaw, with John and Sue Wright, to see if you enjoy it and would like to continue. The Alpha Course started at Holy Trinity, Brompton, but has now been welcomed by all main denominations – Catholic and Orthodox.

Please let us know if you would like to come and what evening of the week would suit you best. Telephone 01508 494366, or email

[info@branchpress.com](mailto:info@branchpress.com)

## Bramerton Group Lent talks

The Bramerton Group Lent talks were well attended with speakers giving a modern take on biblical figures present at the Crucifixion.

Pictured with the Revd Chris Ellis is Suzi Heybourne, Chief Executive Officer of The Magdalene Group, who gave a frank and personal insight into the organisation's work to support women caught up in prostitution on the streets of Norwich.

Other speakers over the weeks included Emma Stock from Coppings Funerals (Joseph of Arimathea), Melanie Ellis (The two Thieves) and a representative from The Royal Anglian Regiment (The Centurion)



## Come and sing with Surlingham Broadnotes Choir - it could be good for you!

Surlingham Broadnotes Choir celebrates its fifth birthday this year, but under new management. Laura Morgan is our inspirational new Choir Leader. Laura, a noted Soprano, who has performed widely as a professional singer and has considerable experience in developing choirs. We meet Wednesday evenings at Surlingham Village Hall, 6.00 to 7.00pm, with members currently from Surlingham, Rockland St. Mary, Bramerton, Alpington and Claxton, we have no village boundaries! Singers of all abilities are welcomed (no audition is necessary and you don't need to read music). Choir is for anyone who enjoys singing with others and we cover a wide range of music. See if a good sing makes you feel good, or come to our first full concert as a Community Choir to find out what we do. 'Spring into Summer' is on **Saturday 21<sup>st</sup> May, 7.00pm** at St. Mary's Church, Surlingham (great acoustics) - with Pimms and nibbles on arrival! Try us out, first visit is free and it could be good for your health! Tel: 01508 538591 for more information.

**Karen Francis, Membership Secretary**

## Diamond Wedding Celebration!

Joan and Keith Saxton celebrated their 60th Wedding Anniversary on February 11th this year.



They left Yorkshire in 1972 and moved to Chedgrave. In 1976 they bought a piece of land next door to the New Inn and built York Cottage (No 10) and have lived there ever since. Keith retired in 1992 and became involved in many village activities serving as a Parish Councillor and Chairman for a number of years. He alone raised, from a variety of sources, £40,000 to refurbish the Parish Room which is widely used.

As a former Trustee of the Poors Trust he remains 'the holder of the keys' for the slipway. Both were among the founder members of The Bramrocks and are still very much involved in it. Now in their 80s they are hoping to spend many more years in Rockland.

## LODDON FLOWER CLUB



### Diary dates for 2016

#### 5th April

OPEN meeting with Barbara Tubb *Technicolour Dreamboat*

#### 3rd May

Workshop - Details later. There will be a competition held entitled *Technicolour Dreamboat*

#### 7th June

Sandra Price - *Potty About Flowers*

1st Tuesday of every month from 7.30pm at Hobart High School, Loddon. All welcome.

## Events at St. Michael's Church, Langley - Spring 2016

### Saturday 23 April 10.30 – 5.30pm

#### Celebrating Shakespeare

To celebrate the 400<sup>th</sup> anniversary of Shakespeare's death and the 452<sup>nd</sup> anniversary of his birth all of his sonnets will be read out over a seven hour period – each hour representing one of the Seven Ages of Man. Choose your favourite sonnet and come and read it aloud or dedicate a reading to a loved one! Drop in at any time. Admission free.

### 7.30 – 9.30pm

#### Concert: Celebrating Shakespeare

A concert of music, song and verse to celebrate the life of William Shakespeare. Admission: £8.50, Friends £7.50. (inclusive of wine and nibbles)

### Saturday 30 April Sunday 1 May, 11.00 – 4.30pm

#### The Big Book Sale weekend

Too big for one day our largest sale yet of hardback/paperback fiction and non-fiction has expanded to a weekend. Thousands of books priced at £1 for adults and books priced at 50p for young people. Admission free.

### Sunday 8 May 2.00 – 4.30pm

#### Bluebell Sunday

Walk in the Churchyard and enjoy the mass of bluebells in the woods surrounding the Church. Homemade cakes and teas/coffee will be available in the Church. Admission free.

### Saturday 21 May

#### Coffee and Cake morning

See newly revealed wall paintings and enjoy home made cakes, biscuits, tea and coffee. Tombola and bric-a-brac, and plant stalls run by the lovely Carlton Ladies. Admission free.

# South Yare Wildlife Group

At last the days are beginning to draw out, the sun has a hint of warmth to it, the grass is growing ... but **WAIT** before you start the mower. As we approach spring and summer, if you want to help butterflies and other insects, just be aware that several species need long grass from May to October. Butterflies such as Meadow Brown, Ringlet, Gatekeeper and Large Skipper all lay their eggs in long grass. Red Admiral, Small Tortoiseshell and Comma lay their eggs on the common nettle between April and September. Some of these species have shown significant declines since 2009 – we should be doing what we can to help them.

Butterflies are easy to identify and have been found to be useful indicators of how insects in general are doing: so helping them is likely to be helping lots of other species as well. Bats and birds are two other groups that are used to produce indexes to track the biological diversity of the countryside.

So rather than mowing and strimming everywhere, why not try leaving an area of the garden uncut until later in the year? You would be saving yourself work and doing nature a favour.

We have a 'Wild Patch' Open Day at Claxton in summer, come and see where it's been put into practice and share your ideas for gardening for wildlife.

Rodney Aldis

## DIARY DATES

**Thu 14 April, 19.30: SYWG AGM**, followed by '**Nature in linocut printmaking**' by **Rob Barnes**, local artist, who will show how he uses linocuts to make prints of the birds, nature and landscape around him. Claxton Village Hall. All welcome. Free.

**Sun 8 May, 05.30: Breakfast with the Birds** followed by breakfast at the Surlingham Ferry pub. Booking essential telephone 01508 538069. Meet at the pub. Cost: members £7, non-members £8



**SOUTH YARE WILDLIFE GROUP**

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## Coldham Hall Sailing Club, Surlingham

Coldham Hall Sailing Club will be holding its "Try Sailing" program again this summer. The program will consist of 8 two hour sessions held on Thursday evenings starting June 2nd. A variety of dinghies and yachts, together with instruction from members, will be provided by the club. The aim is to enable participants to master the basic techniques which will qualify them to sail club dinghies independently and to enjoy the sailing experience.

We are a small and friendly club and course fees will include full club membership for the current year. For more information, please contact Ian Shepherd (01508 528927) or email [ian44shepherd@btinternet.com](mailto:ian44shepherd@btinternet.com). Lots of useful information is also available on the club website at [www.coldhamhallsailingclub.co.uk](http://www.coldhamhallsailingclub.co.uk). The program tends to be fully subscribed quickly so, if it appeals to you, early booking is recommended.

## Rockland and Surlingham Schools

Despite the spring term being so short with Easter falling early, it has been packed to the brim with positive and purposeful learning experiences. Inquiry work has focused on China for the younger pupils, The Stone Age in Years 3 and 4, and Ancient Greece in Years 5 and 6.

We take every opportunity to make learning meaningful and relevant for our children, and as part of this holistic approach and creating positive links with our communities, children from across the federation were fortunate to be welcomed to the Buddhist Retreat at Padmaloka to participate in traditional Buddhist customs. Children made shelters in school, and visited Wheatfen to engage in a hands on experience of life in the Stone Age! We are lucky to be able to utilise having Wheatfen on our doorstep by offering Forest Schools learning to our children during school time and as an extra curricular activity too. This learning is well recognised in the promotion of developing independence, social skills, and in boosting emotional wellbeing.

The schools were delighted to be able to perform together at the Norfolk Music Festival in St. Andrews Hall recently, and for first time performers in such a magnificent setting, the children proved to be an absolute credit to themselves and the schools, and received a high commendation from the judges to boot. Well done to all involved.

There have also been a range of academic and sporting opportunities to celebrate. Inspirational Maths week, a football tournament at NCFC training academy, an athletics competition, a great performance by Year 5 and 6 in the South Norfolk TAG rugby tournament and of course the Run a Mile a Day initiative as you may have already seen celebrated in the local press! I think everyone involved has earned a two week break, and possibly even a chocolate egg!

**FAIR ON THE YARE**

AT CLAXTON MANOR  
By kind permission of Mr and Mrs John Heathcote

**SUNDAY 5th JUNE**  
**12 noon–4 pm**

Raptor Trust  
Hawk & Owl Trust  
Broads Rangers:  
POND DIPPING, MINI BEASTS  
Gun Dog Demonstration  
Fun Dog Show, judged by K9 Capers  
Stevie Spud Circus Workshop  
Country Crafts  
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CHILDREN: £1  
FAMILY TICKET: £5  
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# Village News

## Alpington & Yelverton

### John Lain: Volunteer Of The Year Finalist

John Lain from Yelverton is not afraid of getting his hands dirty and has quietly served Alpington and Yelverton for many years. This unsung hero's efforts were recognised as he reached the finals of the recent South Norfolk's annual Community Awards held at the John Innes Centre in Norwich.

His voluntary activities include:

1. Being a founder member and now current Treasurer of Alpington Carpet Bowls Club, started four years ago, attracting over 20 members. This very friendly group meets every Friday afternoon.
2. He serves as a councillor on Alpington with Yelverton Parish Council.
3. John empties and transfers litter from smaller bins at Play Area and Field to main refuse bin.
4. Regularly litter picks (including transferring any dog waste) at the Garrick Sports Field. John also risk assesses the Sports Field and helps control a small patch of Japanese Knot Weed.
5. He helps with maintenance at the Play Area.
6. John and a friend wash the bus shelter from time to time.
7. He is the official "mouse catcher" at the Village Hall.
8. Each year he dons a hi-vis vest and joins The Big South Norfolk Litter Pick.

John is a very personable character who has lived in Yelverton all of his life. His knowledge of the history, geography and families throughout Alpington and Yelverton is often called upon.

Well done John, you make a real difference within the community.

#### Report and Photo from Kevin Gotts

PS If your village has an unsung hero or heroine do please let us know.

### £80,000 football club pavilion opened by David Whitley

BBC Radio Norfolk presenter David Whitley officially opened Yelverton and District Football Club's new changing pavilion on Saturday 23 January. Built on the Garrick Sports Field, just off Church Road, this ambitious project was funded by grants from the Football Stadia Improvement Funds, South Norfolk Council, and grants and donations from club members and the community.

A large number of guests were in attendance including Football Association officials, former players, current players, and the Parish Council who kindly leased the land to the football club. This facility means that the first team, who play in the Almary Green Anglian Combination Division Two club, can now play their home fixtures in Yelverton rather than 16 miles away. Regulations state that they are required to have adjacent changing rooms with separate showers and toilets for themselves and their opponents, along with separate facilities for officials, a kitchen and spectators toilets.

Yelverton Football Club was formed in 1947 with their first game against Prisoners of War. In recent years, the first team joined the Anglian Combination and compete with huge villages across Norfolk and Suffolk. The team have won the Division 6 title and have now won 4 consecutive promotions into Division 2. The club is at an all-time high. The first team are competing at a great level and feasibly could be a senior club this time next season. The reserves, currently in the Norwich and District Business Houses League, are applying to go into the Anglian Combination, only made possible with the new facilities.

#### Report and photo from Kevin Gotts

**SPEEDING!!** This is an issue in many villages across South Norfolk. I am looking for volunteers in the Alpington area in particular to help establish a 'Community Speed-watch' in the village. If you are not already aware of Community Speedwatch it is a locally driven initiative, where active members of the community join together with the support of the Police to monitor speeds of vehicles using a speed camera. Vehicles exceeding the speed limit are referred to the Police with the aim of educating drivers to reduce their speeds.

Even if you do not live in the Alpington area and are interested or wish to discuss this further please call me on 101 (extension 6204) or send me an email: [pikej@norfolk.pnn.police.uk](mailto:pikej@norfolk.pnn.police.uk).



### Alpington & Yelverton Local History Society

Everyone is welcome to join us for the following meeting. Members are free, visitors £3 at the door (to include refreshments)

**Tuesday 10<sup>th</sup> May.**

Russell Yeomans 'The Story of Gunton Water-Powered Sawmill'

Contact Mary Fewster (Chairman, 01508 492059) or Mary Black (Secretary, 01508 492025) for further details.

## Ashby St Mary

### Ashby St Mary Cricket Club



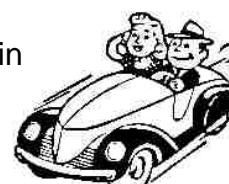
Preparations for the new season begins with a series of Indoor Nets at Langley School Sports Hall, NR14 6BJ.

All Mondays, at 7.30pm - 9pm: 4th April, 11th April, 18th April.

It will be excellent to see as many there as possible, so come along to get loosened up and 'eyes in' before the season starts!

There will be signing on forms, beer, cake, dancing girls and Thai massage (only one of these is true, unless you're Kingsley!!!)

PLEASE, please, please bring along any mates who might fancy a game, or forward this email address onto whoever you think may be interested, [astmcc@hotmail.com](mailto:astmcc@hotmail.com)



The Club plays home games at Ashby Hall on Sunday afternoons and also Wednesday evenings. New members are most welcome.

If you are interested please contact Paul, 01508 218078.

# Village News

## Ashby St Mary

### St Mary's Church News



A generous anonymous donation by a resident of Ashby St Mary has allowed the refurbishment of the 17<sup>th</sup> Century ledger slabs on the inner east wall of the church.

The ledgers were embedded in the east wall of the church in the late 17<sup>th</sup> Century. They show the Lords Prayer, The Ten Commandments and The Creed.

During the Victorian Period they were embellished with plaster surrounds.

The plaster surrounds have now been repaired and painted and the letters on the ledgers gilded. As a result the ledger slabs now form a frame to the east window and altar.

When the ledgers were unveiled a member of the congregation remarked "They have brought the east end of the church to life".



In addition, as the result of a further anonymous donation by an Ashby St Mary resident, it has been possible provide a new Church Notice Board.

The donation paid for the materials and David Godfrey kindly offered to make the Notice Board free of charge.

Many thanks to David Godfrey and the generous anonymous donors.

TK

## Bergh Apton

### The Annual Bramerton Group Quiz



**Friday 6<sup>th</sup> May at 7.30 pm**  
**Bergh Apton village hall.**

Teams (up to eight in a team) are invited from the eleven villages to challenge for the Roy Roebuck Cup.

To reserve a table for your team phone John Ling, 01508 480439 or email [john.ling@btinternet.com](mailto:john.ling@btinternet.com). £6.50 per person, including supper.

**Saturday 9<sup>th</sup> April**

**Spring Fayre**

**10am – 4pm**

Bergh Apton village hall

Stalls include:

Crafts, jams and chutneys, nearly new, cakes, plants  
Gift tombola. Raffle

Coffee/tea and bacon butties are available

**Funds in aid of Big C**

Everyone has been touched by cancer so come along and support this great cause

## Bergh Apton

### Midwinter Dreaming 2016

Who would have thought it possible? And some didn't! But it was, and judging from the comments of those who took part as audience, or as performers, it was a success, a real success. Congratulations BACAT. Congratulations to all who participated in any way.

On three cold winter evenings, in the pitch black of night, under the light of the stars, with owls offering their applause too, some 150 people gathered in Bergh Apton Church for Midwinter Dreaming – a Play for Candlemas.



### Bergh Apton village hall

### Jumble Sale

Refreshments and raffle

**Saturday 23<sup>rd</sup> April**  
**10am – 2pm**



## Bramerton

### Bramerton Society

**Bramerton Society AGM** will be held on **Friday 22 April at 7.30pm**. This will be followed by a talk, by Norwich City guide Rod Spokes, on The Colmans, the people, the business and their heritage. There will be wine and nibbles. All welcome!

**Future events - Sunday afternoon, 12th June** - The Queen's 90th Birthday Celebration Picnic, Mini Treasure Hunt, Music, Competitions, on the village rec at Bramerton Village Hall. More details to follow ....

# Village News

## Carleton St Peter

**Saturday 16th April at**  
 Claxton & Carleton St Peter  
 village hall, at **7.30pm** - a talk  
 and live demonstration of  
 mechanical musical  
 instruments by Jonny Ling,  
 Organ Builder and Principal  
 Trustee of the Mechanical  
 Music Museum. Tickets £7.50 each. Please contact 01508 480325.  
 Light refreshments, bar and raffle. Proceeds in aid of Carleton St Peter  
 Church.



Jonny & 1903 Hooghuys Barrel Organ

**Saturday 7th May - Coffee Morning**, 10am onwards, at Claxton & Carleton St Peter village hall. Refreshments, tombola, raffle, cakes, etc.

## Claxton

We are very proud to announce that the refurbishments of the toilets at the hall, enabled by a grant from the Community Action Fund, is now complete. The Ladies, Gents and Disabled toilets have all had a complete makeover and have a lovely, bright, fresh new feel. This work represents the first part of our plans to improve facilities at the Village Hall to encourage more people to consider making bookings there for their parties, meetings, wedding receptions, celebrations of all kinds.

Another success story is the **Claxton & Carleton St Peter Community Café**, which is going from strength to strength. On the second Tuesday of every month the Village Hall is transformed into a busy, lively café where everyone is invited to meet up with old friends and neighbours and maybe meet new people. We have received many positive comments and welcome suggestions about how we can develop the café. We have a well used book exchange and offer newspapers to read and a children's corner. We are keen to showcase the talents of our local community so invite you to come along with your ideas. We offer a varied, delicious selection of drinks, homemade cakes and savouries, all priced at a modest 50p per item. Dates are: **12<sup>th</sup> April, 10<sup>th</sup> May, 14<sup>th</sup> June, 12<sup>th</sup> July – 10am till 12.00 noon**.



In an exciting joint venture, the Social Club and Village Hall committee are holding a **Race Night** on **Saturday 11th June**. We would like people to arrive from **7pm for a 7.30pm start**. Proceeds will be shared equally between EACH and the village hall fund. A light supper is available and the bar will be open. Tickets are £5 and available from the village hall social club or Robert Ellis, 01508 480914. **These fun nights are always popular, so please book early!**

Our next **Quiz Night** is **June 18th**. Teams will consist of 6 people. If you cannot get a team of 6 together before the event, do still come and we can organise you into a team on the night. Tickets are £8 per head with a delicious two course meal included. Drinks will be available to buy at the bar and there will be a raffle. We would like people to arrive from **7pm for a prompt start at 7.30pm**. As we expect demand to be high for places, please ring Julia Kaye on 01508 480527 in advance to book your place and for further details.

## Claxton & Carleton St Peter Social Club

**Saturday April 30th - Barry Lee**

**Saturday May 28th - Gary Paige**

Entertainment evenings are held last Saturday of every month except August. Why not join the Social Club? Membership is only £4 per year. Come along to the village hall at 8.30 pm any Friday evening to find out more. The bar is open Friday evenings as well as the last Saturday of every month.

## Kirby Bedon

**First birthday party for 90 year old Dot!**

Dot Dawson, who has lived in Kirby Bedon for over 58 years, celebrated her 90<sup>th</sup> birthday recently. She had been making plans for a couple of years or so for a big party and was determined to celebrate in style, complete with champagne, as this was to be her first ever birthday party!

Dot's big day began with a trip to the hairdressers, and Wendi at Colin David, Poringland, made her feel extra special with a new hair do.

With a large buffet and two large birthday cakes to share, all her family and many friends were invited to help her celebrate this mile-stone birthday in the function room at The White Horse, Trowse. It was a treat to see Dot's face as the room began filling up with so many familiar faces. Even the Kirby Bedon bowls team members cancelled their matches that night so they could join in Dot's celebrations! It truly was a night for her to remember.



Moving from the city with her young family, Dot soon became involved in village life. She was the cook at Kirby Bedon School for many years, right up until it closed in the summer of 1978. She also cooked bread, scones and cakes for a number of villagers and village events until fairly recently. Being an active lady, Dot kept her large gardens neat and tidy, and could be seen walking around our villages on most days. At least twice a week Dot would be on the local bus to Norwich for a shopping trip and to meet friends for coffee.

Dot started keep fit classes in the village hall, which were well attended for many years. But Bowls was Dot's real passion and she was one of the founder members of the Kirby Bedon Short Mat Bowls teams back in 1988. Kirby Bedon A and B teams were very successful, winning numerous titles, trophies and cups over many years. This hobby enabled Dot to travel all over England, as well as into Scotland, Wales and Ireland, plus enjoying weekends at Potter's, Pakefield. She also played regularly for the very successful Norfolk Over 60s Bowls Team. The team was invited to play abroad and I can remember Dot bought her very first passport, when she was 80!

Dot was a familiar face at the Kirby Kid's reunions and was a keen fundraiser, mainly for the EAAA and The Big 'C'. She took part in the Norfolk Race For Life for a number of years, continuing to do so until she was 88 years old! This photo shows her with one of her numerous medals.

Sadly, Dot is not quite so active these days but reading of her active lifestyle and her determination to live life to the full, she is surely a great inspiration to us all.



## Angie Yeomans

### Thurton Tea Afternoon

The next Thurton Tea Afternoon wil be on **Monday 9th May**, 2 - 4.30pm at Ashby and Thurton Village Hall.

We are so pleased that the tea afternoons are going strong ...must be the good company. It's really great that so many men come along too. If you're thinking of coming for the first time, do give us a try, we are there with the kettle on and there's cake too!!!!

 Angie on 01508 480477 and Rosalind 01508 480440.

# Village News

## Rockland St Mary

### News from Rockland St Mary with Hellington Parish Council

The **Annual Parish Meeting** will be held in the Parish Rooms on **Monday the 11<sup>th</sup> April at 7.00 pm**. This is an opportunity for organisations to give their reports on their activities over the last year. Please do come along and hear what is happening in your village and how you can become involved. The monthly Parish Council Meeting will follow at 8.00 p.m.

**Speed Limit.** Councillors are becoming increasingly concerned about speeding vehicles in Rockland St Mary. The speed limit is 30 mph. The Parish Council is pursuing the possibility of introducing a 20 mph speed limit in School Lane and also the introduction of a SAMS camera in the village. **Please be aware of your speed when travelling in Rockland St Mary and keep to the speed limit.**

**Village caretaker.** The Parish Council has engaged a self-employed caretaker, Stephen Gildersleeve, to undertake tasks around the villages. This should not only enhance the appearance of the villages of Rockland St Mary and Hellington but will also be more financially viable than the previous policy of engaging various companies to undertake these tasks.

**Website.** Just a reminder about the Parish website - [www.rocklandstmary.org.uk](http://www.rocklandstmary.org.uk). It has lots of information on it including minutes, agendas and financial matters regarding the Parish Council together with news from organisations in the villages. Please keep me in touch with your activities and events so that I can post these on the website.

**Email address.** Please note new email address for the Clerk:- [rocklandparishclerk@gmail.com](mailto:rocklandparishclerk@gmail.com)

**Monica Armstrong, Clerk to Rockland St Mary with Hellington Parish Council**

### Hellington and Rockland St Mary Community Reserve

Many thanks, to those who planted 300 trees in February. The planted area is on the south side, as you enter the Reserve, and should provide a richer habitat for the diversity of flora and fauna we all hope to see.

I have been pleased by the feedback we have received from all quarters and look forward to hearing more. We will be launching the subscription campaign for 2016 in March and hope you will continue to support this community programme.

**Please come to the Second Annual General Meeting of the Reserve to be held at the Margaret Mack Room at 7.30pm on Tuesday 24<sup>th</sup> May.**

We are delighted that Helen Baczkowska, Conservation Officer with Norfolk Wildlife Trust, has agreed to speak to the meeting. Helen has supported the Reserve, giving advice and support to our endeavours. In particular, she has helped with the development of our management plan, which will be presented to the meeting. In broad outline this will help us plan to maintain and support the Reserve, but what we want to hear from stakeholders and the whole community are your suggestions about the reserve.

**Philip Halstead, Chair**



### Community action group a resounding success!

Our local community group is organising more activities this year after good feedback and more attendance. We had 34 people hurling a ball at our Christmas event and the creative writing workshop in March also went well.

**April 3rd**, is our 'Easter Bunny Bosseln, starting at Holloway Road, ending with a meal at the New Inn, Rockland St. Mary, cost £8.50

**April 18th.** Hatty and Phil's studio, No.6, Low Road, Rockland St. Mary, is earmarked for our **AGM**. Feel free to join us.

**Sunday 15th. May**, the popular Rook Ramble will lead us from Bramerton Village Hall, with stops at Rockland Parish Rooms and Surlingham Village Hall, ending back in Bramerton for coffee, £8.50.

### Allotment plots

Allotment plots at the New Inn Hill site in Rockland St Mary that have been neglected for several years are currently being regenerated ready for cultivation this summer. For more information interested parties should call 01508 538800.

**RSM & District Gardening Club**:- Our speaker on April 28th is Anne Outlaw from Somerleyton Hall and Gardens. Our garden visits start on May 26th with a visit to White House Gardens in Beccles. We hold our meetings in the Parish Room on the 4th Thursday each month. New members always welcome. For details contact Jean on 01508 538609

### Surlingham

**St Mary's Church bells** - In 1552 three bells were recorded in St. Mary's Church, two of which survive along with another four. The last two were added at the Millennium when the bells were taken to Whitechapel Foundry, London and recast. An amazing sight.

We have an active team of bell ringers and visitors came in February, The Chairman and Ringmaster of the Eastern Branch of Bell Ringers and friends rang a Quarter Peal (one hour length). If you are interested in ringing please contact Caroline Ellis on 538483.

It is the middle of Lent and the Lent Course has provided good fellowship and interesting and topical talks and discussions. We look forward to the Broadnotes Choir Concert on 21<sup>st</sup> May at St. Mary's.

### Thurton

#### Spanish Supper Evening

You are invited to put on your sombrero and come and enjoy a 'Spanish Evening with Supper' on **Saturday 16th April** at Ashby and Thurton Village Hall. Tickets must be purchased in advance (limited number) and cost £15 for a three course supper starting at 7pm for 7.30pm. Please bring your own drink and glasses. There will be a 'Spanish' raffle and all proceeds will go towards raising much needed funds for the Village Hall. Contact: Julie on 01508 480966.

#### St George's Day celebrations

To celebrate St Georges Day we have Big Sky Choir singing at St Ethelberts Church - **April 23rd 7.30 pm**. Tickets are £10/£8 concessions including refreshments. To order please ring 01508 480899.

On **May 7th** we are holding a quiz at the George and Dragon in the Barn. Teams of six, £7.50 each which will include supper. There will be a bar. To get your teams in place ring 01508 48089. These events will raise funds for the continued maintenance of the church fabric and your support will be greatly appreciated.



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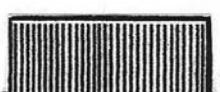
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<b>Bramerton</b>	11.00 MP	11.00 HC	9.30 MP	11.00 MP	9.30 MP	Join Claxton Benefice Service	11.00 HC	9.30 Morning Worship	Join Ashby Group Service	11.00 MP
<b>Carlton St. Peter</b>	NO SERVICE				11.00 Morning Worship	Join Claxton Benefice Service			Join Ashby Group Service	11.00 HC
<b>Claxton</b>		9.30 HC		9.30 HC		11.00 HC Benefice Service		11.00 Morning Worship	Join Ashby Group Service	
<b>Kirby Bedon</b>	11.00 HC*	Join Bramerton	11.00 MP*	11.00 HC*	11.00 MP*	Join Claxton Benefice Service	11.00 MP*	11.00 HC*	Join Ashby Group Service	11.00 MP*
<b>Rockland St. Mary</b>	9.30 HC	Join Surlingham	9.30 HC MA + NEW 10.30 Cafe Church in Parish Room	9.30 Morning Worship	9.30 HC	Join Claxton Benefice Service	9.30 HC	9.30 Morning Worship + NEW 10.30 Cafe Church In Parish Room	Join Ashby Group Service	Join Surlingham
<b>Surlingham</b>	8.30 HC	11.00 Morning Worship	11.00 HC	11.00 MP*	Join Rockland	Join Claxton Benefice Service	11.00 HC	11.00 MP*	Join Ashby Group Service	8.30 HC*

## THURTON BENEFICE ROTA – April & May 2016

	3 <sup>rd</sup> April Easter 2 White	10 <sup>th</sup> April Easter 3 White	17 <sup>th</sup> April Easter 4 White	24 <sup>th</sup> April Easter 5 White	1 <sup>st</sup> May Easter 6 White	5 <sup>th</sup> May Ascension Day Gold	8 <sup>th</sup> May Easter 7 White	15 <sup>th</sup> May Pentecost Red	22 <sup>nd</sup> May Trinity Sunday White	29 <sup>th</sup> May Trinity 1 Green	5 <sup>th</sup> June Trinity 2 Green
Ashby St Mary	11.00 MP	Join Thurton	Join Yelverton	11.00 PT	11:00 MP	Join Bergh Apton	Join Framingham Pigot	11:00 HC	11:00 PT	10.00 Group Service HC	11.00 MP
Bergh Apton	09.30 HC	Join Thurton	09.30 PT	09.30 HC (BCP)	09:30 HC	19.30 HC	Join Framingham Pigot	09:30 PT	09:30 HC (BCP)	Join Ashby	09.30 HC
Fram. Pigot	08.15 HC (BCP)	Join Thurton	Join Yelverton	11.00 HC	08.15 HC (BCP)	Join Bergh Apton	10.00 HC	08:15 HC* BCP	11:00 HC	Join Ashby	08.15 HC (BCP)
Thurton	11.00 HC	10.00 Benefice HC	11.00 3 <sup>rd</sup> Sunday service in VH PT	11.00 MP	11:00 HC	Join Bergh Apton	Join Framingham Pigot	11:00 3 <sup>rd</sup> Sunday service in VH PT	11:00 MP	Join Ashby	11.00 HC
Yelverton	09.30 PT	Join Thurton	09:30 3 Parish HC	16.00 All 4 Sunday PT	09:30 PT	Join Bergh Apton	Join Framingham Pigot	09:30 HC	16.00 All 4 Sunday PT	Join Ashby	09.30 PT

**CODE: HC** = Holy Communion; **E. Praise** = Evening Praise; **FC** = Family Communion; **FW** = Family Worship; **MP** = Morning Prayer; **EP** = Evening Prayer; **PT** = Parish Team; **VM** = Vestry Meeting. \* Denotes a Book of Common Prayer service. First Thursday of each month: Holy Communion at Yelverton at 10:30.

Bible Readings Sunday by Sunday: April - May 2016

<b>Date</b>	<b>Old Testament</b>	<b>Epistle</b>	<b>Gospel</b>
03/04/16	Acts 5:27-32	Revelation 1:4-8	John 20:19-31
10/04/16	Acts 9:1-6 [7-20]	Revelation 5:11-14	John 21:1-19
or	Zephaniah 3:14-end	Acts 9:1-6 [7-20]	
17/04/16	Acts 9:36-43	Revelation 7:9-17	John 10:22-30
or	Genesis 7:1-5,11-18; 8:6-18	Acts 9:36-43	
24/04/16	Acts 11:1-18	Revelation 21:1-6	John 13:31-35
or	Genesis 22:1-18	Acts 11:1-18	
01/05/16	Acts 16:9-15	Revelation 21:10,22 - 22.5	John 14:23-29
or			John 5:1-9
or	Ezekiel 37:1-14	Acts 16:9-15	
08/05/16	Acts 16:16-34	Revelation 22:12-14, 16,17,20,21	John 17:20-26
or	Ezekiel 36:24-28	Acts 16:16-34	
15/05/16	Acts 2:1-21	Romans 8:14-17	John 14:8-17[2]
or	Genesis 11:1-9	Acts 2:1-21	
22/05/16	Proverbs 8:1-4,22-31	Romans 5:1-5	John 16:12-15
29/05/16	1 Kings 18:20,21 [22-29]30-39	Galatians 1:1-12	Luke 7:1-10
or	1 Kings 8:22-23,41-43		
05/06/16	1 Kings 17:8-16[17-24]	Galatians 1:11-24	Luke 7:11-17
or	1 Kings 17:17-24		

**Please note:**  
At Holy Communion, where only two readings are used, the first reading will usually be the epistle, and the second will always be the Gospel reading.

At other services where two readings are used, the first will usually be the Old Testament reading, and the second can be either the epistle or the Gospel readings.



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		<i>Staff days off:</i> Monday John Shaw Wendy Shaw Thursday Mandy Ansell	Contributions are very welcome subject to the Board's discretion and available space. <b>Deadline for all material ("copy") for the next issue is 10th MAY 2016.</b>  <b>Email:</b> <a href="mailto:elevensays@hotmail.com">elevensays@hotmail.com</a>  <b>Produced by:</b> Angie Yeomans  <b>Printed by:</b> Interprint, County Hall, Martineau Lane, NORWICH. NR1 2DL Tel: 01603 894195

**NEXT ASSEMBLY: SAT 28th MAY, BRAMERTON VILLAGE HALL, 9am to 10.45am (approx)**