

## "KEEPING THE RUMOUR OF GOD ALIVE"

It's a cold January morning, it's dark outside, but inside it's pitch black, except for the flickering flame of a single Advent Candle.

So began my two week placement at Norwich Cathedral, living in The Close, with amazing hospitality, getting totally immersed in the rhythm, the life, the worship of a truly iconic building. Immersed in St Benedict's Rule, a community that is "Christ-centred" with hospitality, education and worship. I found this was not just a convenient principle, but it is truly lived and followed through by all who reside and work there, both ordained or lay.

Some in the Benefice said I'd be mad to go in January, I'd freeze and there would be nothing happening. For the former, there are very effective thermals to be purchased, and for the latter, they couldn't have been more wrong. The cathedral community heaves with busy welcoming people, so generous with their time, organizing events, visits, services, and committees who are determined that this building will go forward as a living "mother church". It truly is a Christian presence at the heart of Norfolk.

It's top of the "to do" list for tourists to Norwich, with 80,000 people visiting last year, 700 "Friends" and 700 volunteers plus paid workers, which puts a huge strain on the Refectory and hospitality services. The big challenge is to strike a balance between those who come to admire and explore the cathedral's history and architecture and those who come seeking a quiet space for prayer and reflection. Sometimes that's hard to get right and keep everybody content.

St Catherine's side chapel (rescued from being a store room), provides a safe spiritual place, with a beautiful warm and spiritual ambience. The heavy glass door, protects from the noise of visitors, with these beautiful words engraved in an encompassing circle:



St Catherine's Chapel

Reach out to the silence, at the still point of the turning world, except for the still point, there would be no dance. Timeless.

Love is itself unmoving, only the cause and end of movement.

"Go and open the door, at least there will be a draught!". Janet Marshall's words (the cathedral's children's officer). Incredibly enthusiastic, buzzing with ideas, she admits she is a Sacred

Spaces Geek, encouraging the children to lie on the floor, look up and lose themselves in the beauty, to respond to the sacred space, to wonder and have a tangible experience, allowing the silence to take over. Hopefully the children will want to come back. 12,000 school children visited last year, besides the Norwich school with its 1,000 pupils who use the cathedral every morning for Assembly.

For me, so many special experiences, hearing choir practise, listening to Evensong in the organ loft, going behind the scenes in the cathedral library and discovering precious books from this Benefice, (one nearly 400 years old from Claxton), watching Easton College students singing and dancing to "CATS" in the Nave on Education Sunday, celebrating Candlemas with 100s of lit votive candles flickering throughout the building, and the girls choir singing Britten's ceremony of carols, their voices gradually disappearing as they processed down to the great West Door.



One important reason to go on this placement was for me to get back into a regular rhythm of prayer, and with at least 4 services a day, from Morning Prayer at 7.30am to Compline in the evening (described by one as like a warming mug of Ovaltine after a busy day), I had the opportunity to do that, and I grasped it with both hands. This place would not be the uplifting visionary place without its regular forms of worship, encompassing prayers for the whole of the Diocese, (that's you and me and our churches) listening to the rule of Benedict every day, and feeding the community of the cathedral with good spiritual food.

On my first January morning I fumbled and felt my way to a place in the choir stall, no one was there. I watched as the grey light appeared through the upper windows. In the darkness, the heart-beat of the cathedral began to come to life as the lights came on and the service bell tolled. I realized I had the wrong book, so couldn't join in, would I look peculiar, out of my depth?



Then I decided, was it worth worrying about being in the wrong seat, or having the wrong book? NO. I sat there as the light slowly got stronger and let the words flow over me, and thought how lucky I was, glad it was January so I could experience the cathedral waking up from the darkness, full of prayer and worship to the one true living God.

**Rev. Mandy Ansell**

  
**Cottontails**  
**ALPINGTON & YELVERTON  
PRE-SCHOOL**

**Laughter & Learning for 2-5 yr olds**

Considerable care is taken by the staff each day to create a welcoming, child-friendly environment which enables children to play in comfort and make choices in their play, consequently developing children's independence. (Ofsted)

**You are welcome to visit!**

Contact us on :**07880 592862** or  
[www.cottontailspreschool.co.uk](http://www.cottontailspreschool.co.uk)

We will be happy to put you on our waiting list - you can keep in touch with our activities and make your choice closer to your child's pre-school age.

OFSTED inspected and approved. Reg. Charity No. 1072330

Enjoy the holiday of a lifetime  
in our luxury villa in

**FLORIDA**

Close to Disney World, Universal Studios and all of central Florida's attractions.

Luxuriously equipped throughout - own swimming pool, 4 large bedrooms (sleeps 8-9 comfortably), 3 bathrooms (2 en-suite), 5 bedded villa also available.

We can advise you on every aspect of your holiday from flights to attraction tickets.

**ONLY £445** per week  
(All year round villa rate) Rate based on 2 week stay

Contact: **Jilly or Stephen Gibling**  
**01508 480608**  
[www.gibling.com](http://www.gibling.com)

\*Equates to 10% discount off normal villa rates

*La Belle Heather*  
*SRH*  
**HAIR STYLIST**  
*Friendly service*  
*Individual attention*

**Heather is working  
from her home**

**WESTFIVE, MILL ROAD,  
BERGH APTON, NORWICH  
NR15 1BQ**

**TEL: (01508) 480459**

**PEARL'S POOL**  
Rockland St Mary Time Share Swimming Pool  
**1 HOUR SWIMMING SLOTS AVAILABLE**  
**WATER VERY WARM TO SUIT BABIES  
AND SENIOR SWIMMERS**  
**TABLE TENNIS AND CHILD PLAY AREA**

Ring Pearl on  
**01508 538104**  
[www.pearlspool.co.uk](http://www.pearlspool.co.uk)  
Email: [pearlspool@hotmail.co.uk](mailto:pearlspool@hotmail.co.uk)  
**CLOSED SUNDAYS**

**PAWS &  
CLAWS**   
**Grooming**

A complete dog grooming service with kindness and care  
All breeds welcome - Trimming  
Grooming and Shampooing -  
Nail Clipping - Ear Cleaning  
**Telephone Jane on  
01508 538757**

**The Hollies Classroom  
Loddon**  
[www.loddonnurseryschool.co.uk](http://www.loddonnurseryschool.co.uk)

Open 8am - 6pm  
for 0 - 5 year olds

Funded places available  
Full and part days available

Holiday club  
for 2 - 9 year olds

Please telephone Jayne White  
for further information  
or to arrange  
a visit

**01508 520286** 

**Website design**

**Professional website design  
and development services  
from PSLWeb.co.uk**

- Low-cost website hosting;
- Domain name registration;
- Search engine optimization;
- Content Management;
- Web-standards compliant.

**Call now for a  
free no-obligation  
consultation and quote**

**01508 491622**  
[www.pslweb.co.uk](http://www.pslweb.co.uk)  
21 Cherrywood, Alington, NR14 7NJ

**Holistic Massage Therapist**  
Professional and Qualified  
**Rachel**  
**07717 662833**  
Swedish Massage, Facials, Indian Head Massage,  
Hopi Ear Candling &  
other massages.

**Thurton, Norwich**

**ANDREA**  
**Local freelance hairdresser**  
Member of FHA  
All aspects of hairdressing  
in your own home

Tel: **01508 538368**  
Mobile: **07976 282454** 

**B-Spoked Cycles**  
**Mobile Cycle Repairs,  
Sales and Servicing**

Based in Bergh Apton and covering the surrounding area. I come to you and repair your bike on the spot or I will it collect and return it later

Contact Paul on **07905 857767** or  
[B-spoked@hotmail.com](mailto:B-spoked@hotmail.com) or  
[www.b-spoked.co.uk](http://www.b-spoked.co.uk)

**THURTON & ASHBY ST MARY  
PRE-SCHOOL**

Looking for stimulating **OUTDOOR PLAY**  
and indoor activities for your child  
then come and visit us.

A **FANTASTIC** outdoor environment with  
Playroom and areas to explore  
will help your child (2 - 4 years)  
develop independence and  
co-operate with new friends.

  
Reg. Charity No. 1088204

Rated **GOOD** by Ofsted  
**Monday & Thursday 9 - 12**  
**Tuesday & Friday 9 - 1.30**  
**Village Hall, Thurton NR14 6AX**  
**Sandra (01508) 480545**  
[www.thurtonpreschool.co.uk](http://www.thurtonpreschool.co.uk)

**LIKE TO WORK AND BE  
CREATIVE WITH WOOD?**  
**SHORT COURSES  
AVAILABLE IN:**

**Furniture Restoration  
Tool Sharpening**

  
Veneering      Gilding  
Marquetry      French Polishing  
Making Wooden Joints      Cabinet Making

**Full Details at:  
philiphodgeantiques.co.uk  
Tel: 01508 493136**

Well seasoned split  
mixed wood



**Free local delivery  
from Claxton**

**Peter Lancaster**  
**07801 937359** or  
**01508 480753**

**Your Local Farmers' Markets**

**Your Poringland  
Farmers' Market**  
1<sup>st</sup> & 3<sup>rd</sup> Saturdays 09:30 - 1.00  
Community Centre, Poringland  
[www.poringlandfarmersmarket.co.uk](http://www.poringlandfarmersmarket.co.uk)

**Your Loddon  
Farmers' Market**  
2<sup>nd</sup> & 4<sup>th</sup> Saturdays 09:30 - 1.00  
Jubilee Hall, Loddon  
[www.loddonfarmersmarket.co.uk](http://www.loddonfarmersmarket.co.uk)

01502 677214 New stallholders welcome  
FREE Charity & Community stalls available

**Your Local Farmers' Markets**

**Sunbeams  
PRE-SCHOOL**

Bramerton Village Hall, Easthill Lane, Bramerton, NR14 7EQ


We are a small and friendly pre-school offering  
quality provision for children aged 2 years up to  
school age, including Government funded places

Highly experienced and qualified staff  
Now offering longer sessions and a packed lunch  
club

Call Karen on **(01508) 538438**  
to arrange a visit or to put your child's name on  
our waiting list



  
[www.sunbeamseast.co.uk](http://www.sunbeamseast.co.uk)  
[sunbeamseast@tiscali.co.uk](mailto:sunbeamseast@tiscali.co.uk)  
Reg. Charity No. 1039587

**1 to 1 Tutors**

Piano and music  
theory, all grades,  
GCSE music 

English, Maths, Biology,  
Chemistry, Physics,  
Classical Greek,  
Key Stages 1-3,  
**11+ and 13+**  
GCSE, IGCSE,  
A level Biology, Chemistry

Highly qualified teachers, years of  
experience, outstanding results,  
CRB checked

 **01508 495474**  
 [gdyears@uwclub.net](mailto:gdyears@uwclub.net)  
[www.1to1tutorsnorwich.co.uk](http://www.1to1tutorsnorwich.co.uk)

**SWEEP OUT**

Woodburner and Liner  
installer

Chimney building, repointing.  
Hearths and fireplaces.  
All types of flues installed  
Sweeping and servicing  
Thatch and listed building  
chimney specialist

**01508 538825**  
**07816 662523**  
[garycox@sweepout.co.uk](mailto:garycox@sweepout.co.uk)

**ROCKLAND**  
**WINDOWS, DOORS & REPAIRS**

 Replacement  
'uPVC' 'Wood'  
or 'Aluminium'  
Windows  
and Doors etc

**Replacement sealed units**  
Insurance work undertaken

**FASCIAS \* BARGEBOARDS  
GUTTERING \* CLADDING  
SOFFITS & DOWNPIPES**

All Carpentry work and roof repairs

Mark Clayton, 87 The Street  
Rockland St Mary, Norwich

**Tel: 01508 538757**  
**Mobile: 07710 124949**

**Celtic Morning Prayer.** We come together in Surlingham Church porch (neither within nor outside the church) for half an hour of quiet prayer and reflection at 10am on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month. We are a small bunch of Christians who enjoy this time of quiet and meditation in our busy world and would love you to join us.

**Common Worship Morning Prayer** every Wednesday morning at 8.30am in Bramerton Church, alternating weekly with a more reflective prayer time.

**Coffee-Stop and Drop-In** continues to flourish after a number of years, meeting on the first Tuesday of the month. We are always there from 10am – 12 noon at Rockland’s Parish Room. All welcome from the Benefice to come along for free refreshments/newspapers/periodicals. Prayer offered before and after each session for all of us in need.

**Girls Group** is for all ladies meeting in various homes once a month. A chance to have a catch-up, friendship, share tea and refreshments.

All these regular happenings are for everybody. If you’d like more details, venues etc. please contact Rev. Mandy Ansell 01508 538654.

**Forthcoming Events at Burning Bush Barn contemplative art space, Rectory Lane, Rockland St Mary NR14 7EY**

**An invitation to be creative**

Have you ever taken part in the RSPB big garden bird watch or a mammal count of some kind? The results of which provide some sort of registration, and identifies the needs for maintaining the particular habitat of those specific species. All too often birds and mammals become extinct because their natural habitat is not protected or because they become named and tamed. 2016 heralds our seventh year here at the barn. In biblical terms that would be a Sabbath year. A time of stocktaking, thanksgiving for fruits of the past, honouring the present and being mindful of the future. If we want to maintain a specific habitat here at the barn it is time for us to do likewise.



In a national survey we have the analogy of ‘a wild bird table’. If the barn is significant or meaningful for you in any way then we are inviting you to show your colours, sing your song, tell your story, by making a bird in a way that represents you. The question is What bird are you? Why do you come to feed at ‘the table’ here at the barn? What is it that attracts you and how would you be without it? What is it that sustains your creative and spiritual life? Are you a regular visitor that feeds often or an intermittent species that feeds and rests whilst on migration. Whether you are a shy solitary or one ‘of a charm’ we want to include you in our count. Make a bird, write a bird, play a bird, imaginary if you like, in whatever media makes you present. It would be great for us to see the extent of this community, commitments and why it is an important place today.

Bring or send your bird beings, finished or in process to the barn between Thursday 9th to Sunday 19th June. NOT BEFORE PLEASE. (Please arrange with Wendy ). These bird beings will then become the interactive installation ‘UNfETTERED’ ( see below )

**Dates for your diary**  
**Thursday 7th April - Sunday 22nd May**

Thursday to Sunday 1-4pm ‘**Foraging**’ afternoons of quietness with the opportunity to freely use the creative materials that will be out. Watch the blog for unfolding opportunities and events.

**April 9th - May 21<sup>st</sup>** Saturday morning creative exploring.

**Barn Closed May 22nd - June 9th**

**June 23<sup>rd</sup> - August 21st** ‘UNfETTERED’, an interactive installation exploring human and spiritual identity, through the likeness of birds. Thur-Sun 1-4pm

Watch the blog and emails for specific events as they unfold. For fuller information of all the above events or to receive a copy of our latest newsletter contact [bbbarn@gmail.com](mailto:bbbarn@gmail.com) or telephone Rev Wendy Shaw on 01508 537045.

**REVD JOHN SHAW IS ON SABBATICAL LEAVE**  
**from 1<sup>st</sup> April until 14<sup>th</sup> July.**

I do apologise for any inconvenience this might cause. If you need a priest please contact any of those listed below.

**REVD CHRIS ELLIS** - The Rectory, 29 Ashby Road, Thurton, Norwich NR14 6AX. 01508 484174. Email: [chris.ellis23@btinternet.com](mailto:chris.ellis23@btinternet.com)

**REVD MANDY ANSELL** - Honkers, 44 The Street, Rockland St Mary, Norwich NR14 7AH. 01508 538654 Email: [mandy.ansell44@gmail.com](mailto:mandy.ansell44@gmail.com)

**REVD ROBERT PARSONAGE** - The Rectory, Rectory Lane, Poringland, Norwich NR14 7SL. 01508 492215  
Email: [robert@poringland-benefice.org.uk](mailto:robert@poringland-benefice.org.uk)

**REVD DAVID OWEN** - The Vicarage, 4 Market Place, Loddon NR14 6EY. 01508 522993. Email: [david.chetvalley@gmail.com](mailto:david.chetvalley@gmail.com)



##### NEW #####

at **Parish Room**, The Street, Rockland St Mary.



**REFRESHMENTS NEWSPAPERS  
ENTERTAINMENT  
COMMUNITY CRAFTS and GOOD  
CONVERSATION**

**All with our compliments!**

**SUNDAY 17th April, 10.30am-12.00**

**Future dates: May 22nd / June 26th**

**Contact:** John Shaw 01508 538619 or Mandy Ansell 01508 538654  
for details or possible help with transport

##### NEW #####

**GROUP YOUTH WORKER NEEDS -**  
Xbox 360's, PlayStation 3's, Wii U's,  
or more recent consoles  
**For LOCAL YOUTH CLUBS**

**Wanted:** for a number of BYRUS youth clubs and projects across the Local area. **we need old or unused games consoles** to help with our young people!

Xbox 360's, PlayStation 3's, Wii U's, or more recent consoles would all be very much appreciated (games optional).



Please contact me (**Dave Cossey**) on **07581231242** if you, or **anyone you know**, is interested in helping.

**Thurton Little Fish**  
We meet at Thurton Village Hall (in the small carpeted committee room) at 10.30am on alternate Wednesday mornings during term time. On arrival the children choose a cuddly toy out of the bag and we have a short service specially designed for them with songs you can shake shakers to, a bible story and a prayer. Afterwards there's a drink and biscuit for everyone, toys to play with, chatting, sharing and colouring. Dates are : **April 20th** and **May 4th** and **18th**. For more information please contact Angie (01508 480477).

**Thurton Explorers**  
All 7 - 11 year olds are welcome to join Explorers. We meet on alternate Friday evenings (during term time) at the village hall from 7pm - 8.15pm. Explorers have fun together - we play games, have a Bible story which everyone wants to act out, and end with art and craft activities. Our next dates are: **Friday April 22nd** and **May 6th** and **20th**. Contacts for more information are Angie (480477) and Rosalind (480440).

# Ladies' organisations

## Ashby & Thurton WI

First Thursday each month at 7.30pm

## Alpington, Bergh Apton & Yelverton TWIG

First Wednesday each month at 7.30pm

## Rockland St Mary WI

Second Tuesday each month at 7.30pm

## Surlingham WI

First Thursday each month at 7.30pm

Alpington, Bergh Apton & Yelverton TWIG

On 16th March a party of members visited Green Pastures for 'Afternoon Tea' which was enjoyed by all. On April 23rd we are having our well-known 'Crab Supper'

At our April meeting there will be a talk by Diana Rannik entitled 'The Alpaca Story'

Our 'once a month' activities include a walk and a meal, a game of Scrabble and certain members meet twice a month for a Craft Evening.

Please come along and join us, you can be ensured of a warm welcome.

Rockland St Mary & District WI

Having survived the gory history of Norwich and a night in the crime museum our speaker on April 12th, Esme Wilson Staniforth, will tell us about massage and aromatherapy.

On May 10th we will have a silent auction after our Resolution meeting. We always welcome new members and hold our meetings in the Margaret Mack Room on the second Tuesday in each month. Come and join us.

Thurton, Ashby & District WI

During our February meeting future events and outings were discussed. We can look forward to visits to Woodbridge and Felixstowe, a tour of Kirstead Hall and a visit to the Time and Tide Museum at Great Yarmouth during the coming months. The proposed format for our December Birthday Party was also discussed and it has been agreed that a Tramps Evening with Fish & Chips will be arranged. It was agreed to form a Darts Team and those interested were to meet at the George & Dragon to decide on the team.

Unfortunately our speaker for the evening was ill so a short quiz took place, after which we were treated to a selection of tasty nibbles as well as a nip of Whisky to celebrate the recent Burns Night.

During our March meeting it was confirmed that we have two Darts Teams! They are practising hard for the forthcoming heats which start in April. Our Bowls team is progressing well and we wait to hear where they are in the table.

Our speaker for the evening was Susan Parry whose talk was entitled 'My Night in the Crime Museum'. It was a very interesting, if rather gruesome, talk.

Our next meeting will be on Thursday 7<sup>th</sup> April when the speaker will be Frances Mobbs who is to give a cookery demo with an Italian theme. Visitors are always welcome to join us at 7.30 pm in the Village Hall.

Ladies - a date for your diaries!

**Wednesday 15th June - Afternoon Tea** at Thurton village hall at 2pm. All welcome!

## Secretary required

Ashby & Thurton Village Hall are urgently looking for a secretary for the Management Committee. There are approximately 8 meetings each year and a small honorarium is paid monthly. For further information please phone Richard Taylor on 01508 480092.

May there always be work for your hands to do;  
May your purse always hold a coin or two;  
May the sun always shine on your window pane;  
May a rainbow be certain to follow each rain;  
May the hand of a friend always be near you;  
May God fill your heart with gladness to cheer you.

**Irish Friendship Wish, Anon**



## Marathon Des Sables (MdS) in aid of the South Norfolk Rosemary Group

From 10<sup>th</sup>-17<sup>th</sup> April 2016 I am running the Marathon Des Sables – also known as the MdS. Rated by some as the toughest foot race on Earth. I will run 160 miles across the Moroccan Sahara carrying everything I need to survive in temperatures of up to 50 degrees C.

**I am racing in support of a local cancer charity, the Rosemary Group.** They support women in South Norfolk with cancer that has returned or has spread. The group helps its members find their way from despair, upon receiving a 'terminal diagnosis', to a position of hope and determination to live well for as long as possible. You can find out more about them via the following Facebook link. The short film tells everything. [www.facebook.com/therosemarygroup/](http://www.facebook.com/therosemarygroup/)

Anyone wanting to make a donation can do so here: [crowdfunding.justgiving.com/neil-may](http://crowdfunding.justgiving.com/neil-may). Supporters can keep track of my progress in the build up to the race via my blog at [www.pathlesstravelledblog.wordpress.com/](http://www.pathlesstravelledblog.wordpress.com/) and during the race itself at [www.marathondessables.com/](http://www.marathondessables.com/). My race number is 1055.

The Rosemary Group do such fantastic work in our area.

Best regards

**Neil May, School Lane, Rockland St. Mary**

## Gentlemen, you are cordially invited to a Mid-Day Mardle

An opportunity for men to quench their thirst for good company and conversation, share good food and, perhaps, to enjoy a glass of something.



**The Ferry House, Surlingham**

**April 6th, May 4th and June 1st**

(Normally 1<sup>st</sup> Wednesday of the month)

**Anytime between 12:00 and 14:00**

## For our Easter gathering on Wednesday April 6th

**Sonia has prepared a special menu for us:**

- **Soup** ~~£4.50~~ £3.50
- **Shepherd's pie (lamb)** ~~£9.75~~ £7.95
- **Cod and chips** ~~£8.95~~ £6.95
- **Smoked salmon & cream cheese baguette** ~~£4.95~~ £3.95

Any questions, please contact

David Fairbourn on

**01508 538437,**

or email:

[surlingham.midday.mardle@gmail.com](mailto:surlingham.midday.mardle@gmail.com)



## Poringland Community Cinema

### Friday 8th April - LADY IN THE VAN (12A)

Biography/Drama: True story of the relationship between Alan Bennett and the singular Miss Shepherd, a woman of uncertain origins who 'temporarily' parked her van in his London driveway and proceeded to live there for 15 years

Stars: Maggie Smith, Dominic Cooper, James Corden

Tickets £5, on sale at Budgens or on the door. Free cup of tea or coffee before the show. Doors open 6.45pm film starts at 7.30pm

## Poringland Library

Every 1st and 3rd Saturday of the month there is a **Shared Story Time** for younger children.

It runs from 9.30 - 1pm and is a free event.





## From the Registers

### BAPTISMS

### MARRIAGES

13/02/16 Mauricio NAVARRETE to Ella PORTER Bergh Apton

### FUNERALS, BURIALS, CREMATATIONS, INTERMENT OF ASHES

13/12/15	Geoffrey David SAUNDERS (64)	Surlingham
30/12/15	John William Marc MESTON (89)	Rockland St Mary
14/01/16	Trevor Bruce RUDD (70)	Ashby St Mary
22/01/16	Nicholas Jeremy LEECH (52)	Yelverton
04/02/16	Albert GOLLIGY (79)	Rockland St Mary
05/02/16	John Anthony FARRANT (80)	Bergh Apton
15/02/16	Joyce Helen MOUSER (96)	Surlingham
25/02/16	Pauline Eleanor CLOUGH (87)	Surlingham

## Alpha Course – Spring 2016

### at Kirby House, Kirby Bedon, NR14 7DZ

If you have wondered:  
Does God exist?

Why is there undeserved suffering?

What happens when I die?

Was planet earth created or an accident?

How can I get rid of guilt?

Then you may like to come to one Alpha Supper, supported by Rev John Shaw, with John and Sue Wright, to see if you enjoy it and would like to continue. The Alpha Course started at Holy Trinity, Brompton, but has now been welcomed by all main denominations – Catholic and Orthodox.

Please let us know if you would like to come and what evening of the week would suit you best. Telephone 01508 494366, or email [info@branchpress.com](mailto:info@branchpress.com)

## Bramerton Group Lent talks

The Bramerton Group Lent talks were well attended with speakers giving a modern take on biblical figures present at the Crucifixion.

Pictured with the Revd Chris Ellis is Suzi Heybourne, Chief Executive Officer of The Magdalene Group, who gave a frank and personal insight into the organisation's work to support women caught up in prostitution on the streets of Norwich.

Other speakers over the weeks included Emma Stock from Coppings Funerals (Joseph of Arimathea), Melanie Ellis (The two Thieves) and a representative from The Royal Anglian Regiment (The Centurion)



Come and sing with Surlingham Broadnotes Choir - it could be good for you!

Surlingham Broadnotes Choir celebrates its fifth birthday this year, but under new management. Laura Morgan is our inspirational new Choir Leader. Laura, a noted Soprano, who has performed widely as a professional singer and has considerable experience in developing choirs. We meet Wednesday evenings at Surlingham Village Hall, 6.00 to 7.00pm, with members currently from Surlingham, Rockland St. Mary, Bramerton, Alington and Claxton, we have no village boundaries! Singers of all abilities are welcomed (no audition is necessary and you don't need to read music). Choir is for anyone who enjoys singing with others and we cover a wide range of music. See if a good sing makes you feel good, or come to our first full concert as a Community Choir to find out what we do. 'Spring into Summer' is on **Saturday 21<sup>st</sup> May, 7.00pm** at St. Mary's Church, Surlingham (great acoustics) - with Pimms and nibbles on arrival! Try us out, first visit is free and it could be good for your health! Tel: 01508 538591 for more information.

**Karen Francis, Membership Secretary**

## Diamond Wedding Celebration!

Joan and Keith Saxton celebrated their 60th Wedding Anniversary on February 11th this year.



They left Yorkshire in 1972 and moved to Chedgrave. In 1976 they bought a piece of land next door to the New Inn and built York Cottage (No 10) and have lived there ever since. Keith retired in 1992 and became involved in many village activities serving as a Parish Councillor and Chairman for a number of years. He alone raised, from a variety of sources, £40,000 to refurbish the Parish Room which is widely used.

As a former Trustee of the Poors Trust he remains 'the holder of the keys' for the slipway. Both were among the founder members of The Bramrocks and are still very much involved in it. Now in their 80s they are hoping to spend many more years in Rockland.

## LODDON FLOWER CLUB



### Diary dates for 2016

#### 5th April

OPEN meeting with Barbara Tubb *Technicolour Dreamboat*

#### 3rd May

Workshop - Details later. There will be a competition held entitled *Technicolour Dreamboat*

#### 7th June

Sandra Price - *Potty About Flowers*

1st Tuesday of every month from 7.30pm at Hobart High School, Loddon. All welcome.

## Events at St. Michael's Church, Langley - Spring 2016

**Saturday 23 April**  
**10.30 – 5.30pm**

### Celebrating Shakespeare

To celebrate the 400<sup>th</sup> anniversary of Shakespeare's death and the 452<sup>nd</sup> anniversary of his birth all of his sonnets will be read out over a seven hour period – each hour representing one of the Seven Ages of Man. Choose your favourite sonnet and come and read it aloud or dedicate a reading to a loved one! Drop in at any time. Admission free.

**7.30 – 9.30pm**

### Concert: Celebrating Shakespeare

A concert of music, song and verse to celebrate the life of William Shakespeare. Admission: £8.50, Friends £7.50. (inclusive of wine and nibbles)

**Saturday 30 April**  
**Sunday 1 May,**  
**11.00 – 4.30pm**

### The Big Book Sale weekend

Too big for one day our largest sale yet of hardback/paperback fiction and non-fiction has expanded to a weekend. Thousands of books priced at £1 for adults and books priced at 50p for young people. Admission free.

**Sunday 8 May**  
**2.00 – 4.30pm**

### Bluebell Sunday

Walk in the Churchyard and enjoy the mass of bluebells in the woods surrounding the Church. Homemade cakes and teas/coffee will be available in the Church. Admission free.

**Saturday 21 May**

### Coffee and Cake morning

See newly revealed wall paintings and enjoy home made cakes, biscuits, tea and coffee. Tombola and bric-a-brac, and plant stalls run by the lovely Carlton Ladies. Admission free.

# South Yare Wildlife Group

At last the days are beginning to draw out, the sun has a hint a warmth to it, the grass is growing ... but **WAIT** before you start the mower. As we approach spring and summer, if you want to help butterflies and other insects, just be aware that several species need long grass from May to October. Butterflies such as Meadow Brown, Ringlet, Gatekeeper and Large Skipper all lay their eggs in long grass. Red Admiral, Small Tortoiseshell and Comma lay their eggs on the common nettle between April and September. Some of these species have shown significant declines since 2009 – we should be doing what we can to help them.

Butterflies are easy to identify and have been found to be useful indicators of how insects in general are doing: so helping them is likely to be helping lots of other species as well. Bats and birds are two other groups that are used to produce indexes to track the biological diversity of the countryside.

So rather than mowing and strimming everywhere, why not try leaving an area of the garden uncut until later in the year? You would be saving yourself work and doing nature a favour. We have a 'Wild Patch' Open Day at Claxton in summer, come and see where it's been put into practice and share your ideas for gardening for wildlife.

Rodney Aldis

## DIARY DATES

**Thu 14 April, 19.30: SYWG AGM, followed by 'Nature in linocut printmaking' by Rob Barnes, local artist, who will show how he uses linocuts to make prints of the birds, nature and landscape around him. Claxton Village Hall. All welcome. Free.**

**Sun 8 May, 05.30: Breakfast with the Birds followed by breakfast at the Surlingham Ferry pub. Booking essential telephone 01508 538069. Meet at the pub. Cost: members £7, non-members £8**



**SOUTH YARE WILDLIFE GROUP**

Find us on Facebook and Twitter!

[www.southyarewildlife.wordpress.com](http://www.southyarewildlife.wordpress.com)

## Rockland and Surlingham Schools

Despite the spring term being so short with Easter falling early, it has been packed to the brim with positive and purposeful learning experiences. Inquiry work has focused on China for the younger pupils, The Stone Age in Years 3 and 4, and Ancient Greece in Years 5 and 6.

We take every opportunity to make learning meaningful and relevant for our children, and as part of this holistic approach and creating positive links with our communities, children from across the federation were fortunate to be welcomed to the Buddhist Retreat at Padmaloka to participate in traditional Buddhist customs. Children made shelters in school, and visited Wheatfen to engage in a hands on experience of life in the Stone Age! We are lucky to be able to utilise having Wheatfen on our doorstep by offering Forest Schools learning to our children during school time and as an extra curricular activity too. This learning is well recognised in the promotion of developing independence, social skills, and in boosting emotional wellbeing.

The schools were delighted to be able to perform together at the Norfolk Music Festival in St. Andrews Hall recently, and for first time performers in such a magnificent setting, the children proved to be an absolute credit to themselves and the schools, and received a high commendation from the judges to boot. Well done to all involved.

There have also been a range of academic and sporting opportunities to celebrate. Inspirational Maths week, a football tournament at NCFC training academy, an athletics competition, a great performance by Year 5 and 6 in the South Norfolk TAG rugby tournament and of course the Run a Mile a Day initiative as you may have already seen celebrated in the local press! I think everyone involved has earned a two week break, and possibly even a chocolate egg!



## THE BRAMROCKS

PRESENT

### A Murder Mystery Evening MURDER On the Farm

by Joyce Brown

With

### Cheese & Wine

Licenced Bar

MARGARET MACK ROOM

SATURDAY 7<sup>TH</sup> MAY 7.30<sup>PM</sup>

Tickets from Rockland P.O.

£6.50

An amateur production from Jasper Publications

## FAIR ON THE YARE

ANOTHER  
FANTASTIC  
AIR DISPLAY BY  
MARK JEFFERIES

AT  
CLAXTON MANOR

By kind permission of Mr and Mrs John Heathcote

SUNDAY 5<sup>th</sup> JUNE

12 noon–4 pm

Raptor Trust

Hawk & Owl Trust

Broads Rangers:

POND DIPPING, MINI BEASTS

Gun Dog Demonstration

Fun Dog Show, judged by K9 Capers

Stevie Spud Circus Workshop

Country Crafts

Local Food and  
Drink Producers

• Refreshments • Bar  
• Stalls • BBQ

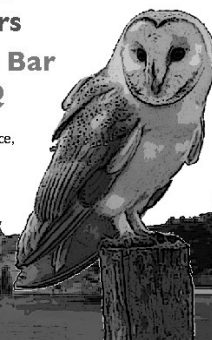
ADMISSION  
ADULTS: £2  
CHILDREN: £1  
FAMILY TICKET: £5  
(2 adults, 2 children)



East Anglian  
Air Ambulance

Building funds in aid of  
Norfolk's  
Cancer Charity  
(Incorporated 1990)

Proceeds to the Big C, East Anglian Air Ambulance,  
St Andrews Church, Claxton and  
Claxton & Carleton St Peter Village Hall.



## Coldham Hall Sailing Club, Surlingham

Coldham Hall Sailing Club will be holding its "Try Sailing" program again this summer. The program will consist of 8 two hour sessions held on Thursday evenings starting June 2nd. A variety of dinghies and yachts, together with instruction from members, will be provided by the club. The aim is to enable participants to master the basic techniques which will qualify them to sail club dinghies independently and to enjoy the sailing experience.

We are a small and friendly club and course fees will include full club membership for the current year. For more information, please contact Ian Shepherd (01508 528927) or email [ian44shepherd@btinternet.com](mailto:ian44shepherd@btinternet.com). Lots of useful information is also available on the club website at [www.coldhamhallsailingclub.co.uk](http://www.coldhamhallsailingclub.co.uk). The program tends to be fully subscribed quickly so, if it appeals to you, early booking is recommended.



Rockland St Mary  
Post Office, Stores  
and Tea Room

Call Karen & Alan Tranter  
[rocklandstmarypo@hotmail.com](mailto:rocklandstmarypo@hotmail.com)  
**01508 538123**

EUROs and DOLLARs now in stock. Motor vehicle licence office.  
Free cash withdrawals from most major banks.

### Open seven days a week for all your local needs

Daily supplies of fresh fruit and vegetables. Fresh bread baked locally  
Wide range of newspapers, magazines, stationery and greetings cards  
General groceries - Off Licence - Wide range of sweets, soft drinks and ice creams  
Electronic mobile phone top-ups - National Lotto - Photocopy facility  
We also take all major credit cards and offer cash back facilities  
**Opening hours: Monday - Saturday 8am - 8pm (Now open all day)  
Sunday 9am - 4pm**

## John Hurrell & Sons

Lawnmowers & Garden Machinery  
Sharpening, Service, Sales, Spares



- Power Driven Petrol Mowers
- New & Used Sales
- Hedge Cutters, Chainsaws
- Blower Vacs & All Garden Machinery
- Shear Sharpening Service

CALOR

Calor Bottled  
Gas Stockist



Prompt, Reliable, Professional Service With Over 40 years Experience.  
FREE Local Collection and Delivery. Authorised Hayter Stockist and Service Dealer

Old School Building, Kirby Road,  
Kirby Bedon, Norwich. NR14 7DS  
[www.johnhurrellandsons.co.uk](http://www.johnhurrellandsons.co.uk)

**01508 492244**

Reliable, Friendly, Family Business

## G J STOKES NORFOLK REED THATCHER

FREE ADVICE and ESTIMATES

COUNCIL APPROVED. COMPETITIVE RATES

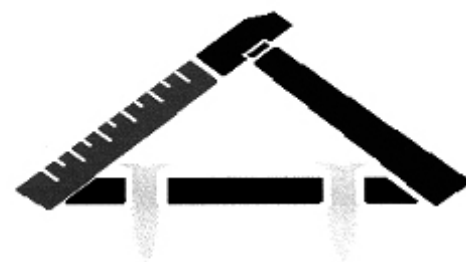
PEAR TREES, RECTORY LANE, ROCKLAND ST MARY,  
NORFOLK. NR14 7EY

Telephone: **01508 538267**

Email: [enquiries@gjstokes.co.uk](mailto:enquiries@gjstokes.co.uk)

Website: [www.gjstokes.co.uk](http://www.gjstokes.co.uk)

NORFOLK SOCIETY  
AWARD WINNER



## Smithson Carpentry Services

Specialist in Carpentry and Joinery,  
other property work undertaken

[www.smithsoncarpentry.co.uk](http://www.smithsoncarpentry.co.uk)

email: [enquiries@smithsoncarpentry.co.uk](mailto:enquiries@smithsoncarpentry.co.uk)

**01508 538432**

**07771658401**

**01508**

**Hunter Solutions**

**480 774**

**Carpentry & Joinery Services**

"Made to measure"

*Shelving units, garden gates*

*And many other timber products* **07877**

*Call for free estimate* **202767**

## Trevor Myhill

Painter & Decorator

Over 25 years experience  
**(01508) 480657**

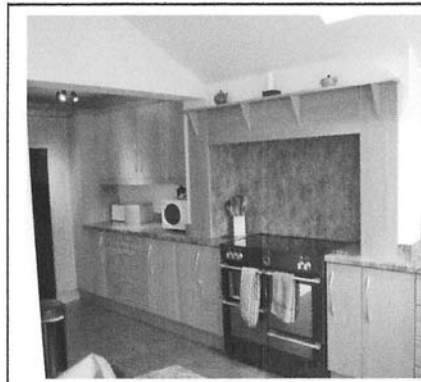
FREE ESTIMATES GIVEN - NO JOB TOO SMALL



## Home Design

BESPOKE LOCALLY MADE QUALITY FURNITURE

QUALITY FITTED KITCHENS & BEDROOMS



FITTED FURNITURE AND FITTINGS FOR YOUR  
KITCHEN, BEDROOM, HOME OFFICE & PLAYROOM  
ALL STYLES, 100s OF DOOR COLOURS & FINISHES  
LAMINATE, SOLID WOOD, CORIAN, GRANITE AND  
QUARTZ AND COMPOSITE WORKTOPS,  
KITCHEN REFURBISHMENTS, DOORS, WORKTOPS  
APPLIANCES, SINKS AND FITTINGS  
COMPLETE PROJECT MANAGEMENT  
COMPUTER AIDED DESIGNS  
FULL INSTALLATION SERVICE, ALL TRADES  
FREE NO OBLIGATION QUOTATIONS  
FRIENDLY . RELIABLE . FAMILY RUN BUSINESS

**01508 538691** [www.homedesignnorfolk.co.uk](http://www.homedesignnorfolk.co.uk)

E mail : [robin@homedesignnorfolk.co.uk](mailto:robin@homedesignnorfolk.co.uk)

EST 1991

Rockland St Mary



**Now Open**  
at Aldis Farm Shop  
Framingham Earl  
NR14 7PE

**Outside Catering**  
[www.mbcatering.co.uk](http://www.mbcatering.co.uk)

**01508 550335** [admin@mbcatering.co.uk](mailto:admin@mbcatering.co.uk)

**Kingshead Brooke**  
NEW 2 COURSE  
LIGHT LUNCH  
£12.00!  
Bar & Restaurant  
**01508 550335** [www.kingsheadbrooke.co.uk](http://www.kingsheadbrooke.co.uk)

## JH2O Swim School

SWIMMING CLASSES FOR BABIES,  
TODDLERS, SCHOOL-AGED  
CHILDREN & GROWN UPS!

OUR TEACHERS ARE ASA-QUALIFIED,  
EXPERIENCED, PATIENT & FRIENDLY.  
OUR CLASSES ARE SMALL

We offer classes at:  
SURLINGHAM TIMESHARE POOL,  
THE NATATORIUM, HOWE, &  
HETHERSETT OLD HALL SCHOOL

Please call us: (07771) 727278

Or visit us: [www.jh2oswimschool.co.uk](http://www.jh2oswimschool.co.uk)



# Village News

## Alpington & Yelverton

### John Lain: Volunteer Of The Year Finalist

John Lain from Yelverton is not afraid of getting his hands dirty and has quietly served Alpington and Yelverton for many years. This unsung hero's efforts were recognised as he reached the finals of the recent South Norfolk's annual Community Awards held at the John Innes Centre in Norwich.

His voluntary activities include:

1. Being a founder member and now current Treasurer of Alpington Carpet Bowls Club, started four years ago, attracting over 20 members. This very friendly group meets every Friday afternoon.
2. He serves as a councillor on Alpington with Yelverton Parish Council.
3. John empties and transfers litter from smaller bins at Play Area and Field to main refuse bin.
4. Regularly litter picks (including transferring any dog waste) at the Garrick Sports Field. John also risk assesses the Sports Field and helps control a small patch of Japanese Knot Weed.
5. He helps with maintenance at the Play Area.
6. John and a friend wash the bus shelter from time to time.
7. He is the official "mouse catcher" at the Village Hall.
8. Each year he dons a hi-vis vest and joins The Big South Norfolk Litter Pick.

John is a very personable character who has lived in Yelverton all of his life. His knowledge of the history, geography and families throughout Alpington and Yelverton is often called upon.

Well done John, you make a real difference within the community.

#### Report and Photo from Kevin Gotts

PS If your village has an unsung hero or heroine do please let us know.



### £80,000 football club pavilion opened by David Whitely

BBC Radio Norfolk presenter David Whitely officially opened Yelverton and District Football Club's new changing pavilion on Saturday 23 January. Built on the Garrick Sports Field, just off Church Road, this ambitious project was funded by grants from the Football Stadia Improvement Funds, South Norfolk Council, and grants and donations from club members and the community.

A large number of guests were in attendance including Football Association officials, former players, current players, and the Parish Council who kindly leased the land to the football club. This facility means that the first team, who play in the Almary Green Anglian Combination Division Two club, can now play their home fixtures in Yelverton rather than 16 miles away. Regulations state that they are required to have adjacent changing rooms with separate showers and toilets for themselves and their opponents, along with separate facilities for officials, a kitchen and spectators toilets.

Yelverton Football Club was formed in 1947 with their first game against Prisoners of War. In recent years, the first team joined the Anglian Combination and compete with huge villages across Norfolk and Suffolk. The team have won the Division 6 title and have now won 4 consecutive promotions into Division 2. The club is at an all-time high. The first team are competing at a great level and feasibly could be a senior club this time next season. The reserves, currently in the Norwich and District Business Houses League, are applying to go into the Anglian Combination, only made possible with the new facilities.

#### Report and photo from Kevin Gotts



**SPEEDING!!** This is an issue in many villages across South Norfolk. I am looking for volunteers in the Alpington area in particular to help establish a 'Community Speed-watch' in the village. If you are not already aware of Community Speedwatch it is a locally driven initiative, where active members of the community join together with the support of the Police to monitor speeds of vehicles using a speed camera. Vehicles exceeding the speed limit are referred to the Police with the aim of educating drivers to reduce their speeds.



Even if you do not live in the Alpington area and are interested or wish to discuss this further please call me on 101 (extension 6204) or send me an email: [pikej@norfolk.pnn.police.uk](mailto:pikej@norfolk.pnn.police.uk).

### Alpington & Yelverton Local History Society

Everyone is welcome to join us for the following meeting. Members are free, visitors £3 at the door (to include refreshments)

#### Tuesday 10<sup>th</sup> May.

Russell Yeomans 'The Story of Gunton Water-Powered Sawmill'

Contact Mary Fewster (Chairman, 01508 492059) or Mary Black (Secretary, 01508 492025) for further details.

## Ashby St Mary

### Ashby St Mary Cricket Club



Preparations for the new season begins with a series of Indoor Nets at Langley School Sports Hall, NR14 6BJ.

All Mondays, at 7.30pm - 9pm: 4th April, 11th April, 18th April.

It will be excellent to see as many there as possible, so come along to get loosened up and 'eyes in' before the season starts!

There will be signing on forms, beer, cake, dancing girls and Thai massage (only one of these is true, unless you're Kingsley!!!)

PLEASE, please, please bring along any mates who might fancy a game, or forward this email address onto whoever you think may be interested, [astmcc@hotmail.com](mailto:astmcc@hotmail.com)

The Club plays home games at Ashby Hall on Sunday afternoons and also Wednesday evenings. New members are most welcome.

If you are interested please contact Paul, 01508 218078.



# Village News

## Ashby St Mary

### St Mary's Church News



A generous anonymous donation by a resident of Ashby St Mary has allowed the refurbishment of the 17<sup>th</sup> Century ledger slabs on the inner east wall of the church.

The ledgers were embedded in the east wall of the church in the late 17<sup>th</sup> Century. They show the Lords Prayer, The Ten Commandments and The Creed.

During the Victorian Period they were embellished with plaster surrounds.

The plaster surrounds have now been repaired and painted and the letters on the ledgers gilded. As a result the ledger slabs now form a frame to the east window and altar.

When the ledgers were unveiled a member of the congregation remarked "They have brought the east end of the church to life".



In addition, as the result of a further anonymous donation by an Ashby St Mary resident, it has been possible provide a new Church Notice Board.

The donation paid for the materials and David Godfrey kindly offered to make the Notice Board free of charge.

Many thanks to David Godfrey and the generous anonymous donors.

TK



## Bergh Apton

### Midwinter Dreaming 2016

Who would have thought it possible? And some didn't! But it was, and judging from the comments of those who took part as audience, or as performers, it was a success, a real success. Congratulations BACAT. Congratulations to all who participated in any way.

On three cold winter evenings, in the pitch black of night, under the light of the stars, with owls offering their applause too, some 150 people gathered in Bergh Apton Church for Midwinter Dreaming – a Play for Candlemas.



Owl  
by  
Avis Judd,  
Alpington



Swallow  
by Peter Lyle,  
Bergh Apton



Turtle Dove  
by  
Rev Wendy Shaw



## Bergh Apton

### The Annual Bramerton Group Quiz



**Friday 6<sup>th</sup> May at 7.30 pm  
Bergh Apton village hall.**

Teams (up to eight in a team) are invited from the eleven villages to challenge for the Roy Roebuck Cup.

To reserve a table for your team phone John Ling, 01508 480439 or email [john.ling@btinternet.com](mailto:john.ling@btinternet.com). £6.50 per person, including supper.

**Saturday 9<sup>th</sup> April**

**Spring Fayre**

**10am – 4pm**

Bergh Apton village hall

Stalls include:

Crafts, jams and chutneys,  
nearly new, cakes, plants  
Gift tombola. Raffle

Coffee/tea and bacon butties  
are available

**Funds in aid of Big C**

Everyone has been touched by  
cancer so come along and  
support this great cause

**Bergh Apton  
village hall**

**Jumble Sale**

Refreshments and raffle

**Saturday 23<sup>rd</sup> April  
10am – 2pm**



## Bramerton

Bramerton Society

**Bramerton Society AGM** will be held on **Friday 22 April at 7.30pm**. This will be followed by a talk, by Norwich City guide Rod Spokes, on The Colmans, the people, the business and their heritage. There will be wine and nibbles. All welcome!

**Future events - Sunday afternoon, 12th June** - The Queen's 90th Birthday Celebration Picnic, Mini Treasure Hunt, Music, Competitions, on the village rec at Bramerton Village Hall. More details to follow ....

# Village News

## Carleton St Peter

**Saturday 16th April** at Claxton & Carleton St Peter village hall, at **7.30pm** - a talk and live demonstration of mechanical musical instruments by Jonny Ling, Organ Builder and Principal Trustee of the Mechanical Music Museum. Tickets £7.50 each. Please contact 01508 480325. Light refreshments, bar and raffle. Proceeds in aid of Carleton St Peter Church.



**Saturday 7th May - Coffee Morning**, 10am onwards, at Claxton & Carleton St Peter village hall. Refreshments, tombola, raffle, cakes, etc.

## Claxton

We are very proud to announce that the refurbishments of the toilets at the hall, enabled by a grant from the Community Action Fund, is now complete. The Ladies, Gents and Disabled toilets have all had a complete makeover and have a lovely, bright, fresh new feel. This work represents the first part of our plans to improve facilities at the Village Hall to encourage more people to consider making bookings there for their parties, meetings, wedding receptions, celebrations of all kinds.

Another success story is the **Claxton & Carleton St Peter Community Café**, which is going from strength to strength. On the second Tuesday of every month the Village Hall is transformed into a busy, lively café where everyone is invited to meet up with old friends and neighbours and maybe meet new people. We have received many positive comments and welcome suggestions about how we can develop the café. We have a well used book exchange and offer newspapers to read and a children's corner. We are keen to showcase the talents of our local community so invite you to come along with your ideas. We offer a varied, delicious selection of drinks, homemade cakes and savouries, all priced at a modest 50p per item. Dates are: **12<sup>th</sup> April, 10<sup>th</sup> May, 14<sup>th</sup> June, 12<sup>th</sup> July – 10am till 12.00 noon.**



In an exciting joint venture, the Social Club and Village Hall committee are holding a **Race Night** on **Saturday 11th June**. We would like people to arrive from **7pm for a 7.30pm start**. Proceeds will be shared equally between EACH and the village hall fund. A light supper is available and the bar will be open. Tickets are £5 and available from the village hall social club or Robert Ellis, 01508 480914. **These fun nights are always popular, so please book early!**

Our next **Quiz Night** is **June 18th**. Teams will consist of 6 people. If you cannot get a team of 6 together before the event, do still come and we can organise you into a team on the night. Tickets are £8 per head with a delicious two course meal included. Drinks will be available to buy at the bar and there will be a raffle. We would like people to arrive from **7pm for a prompt start at 7.30pm**. As we expect demand to be high for places, please ring Julia Kaye on 01508 480527 in advance to book your place and for further details.

## Claxton & Carleton St Peter Social Club

**Saturday April 30th - Barry Lee**

**Saturday May 28th - Gary Paige**

Entertainment evenings are held last Saturday of every month except August. Why not join the Social Club? Membership is only £4 per year. Come along to the village hall at 8.30 pm any Friday evening to find out more. The bar is open Friday evenings as well as the last Saturday of every month.

## Kirby Bedon

### First birthday party for 90 year old Dot!

Dot Dawson, who has lived in Kirby Bedon for over 58 years, celebrated her 90<sup>th</sup> birthday recently. She had been making plans for a couple of years or so for a big party and was determined to celebrate in style, complete with champagne, as this was to be her first ever birthday party!

Dot's big day began with a trip to the hairdressers, and Wendi at Colin David, Poringland, made her feel extra special with a new hair do.



With a large buffet and two large birthday cakes to share, all her family and many friends were invited to help her celebrate this mile-stone birthday in the function room at The White Horse, Trowse. It was a treat to see Dot's face as the room began filling up with so many familiar faces. Even the Kirby Bedon bowls team members cancelled their matches that night so they could join in Dot's celebrations! It truly was a night for her to remember.

Moving from the city with her young family, Dot soon became involved in village life. She was the cook at Kirby Bedon School for many years, right up until it closed in the summer of 1978. She also cooked bread, scones and cakes for a number of villagers and village events until fairly recently. Being an active lady, Dot kept her large gardens neat and tidy, and could be seen walking around our villages on most days. At least twice a week Dot would be on the local bus to Norwich for a shopping trip and to meet friends for coffee.

Dot started keep fit classes in the village hall, which were well attended for many years. But Bowls was Dot's real passion and she was one of the founder members of the Kirby Bedon Short Mat Bowls teams back in 1988. Kirby Bedon A and B teams were very successful, winning numerous titles, trophies and cups over many years. This hobby enabled Dot to travel all over England, as well as into Scotland, Wales and Ireland, plus enjoying weekends at Potter's, Pakefield. She also played regularly for the very successful Norfolk Over 60s Bowls Team. The team was invited to play abroad and I can remember Dot bought her very first passport, when she was 80!

Dot was a familiar face at the Kirby Kid's reunions and was a keen fundraiser, mainly for the EAAA and The Big 'C'. She took part in the Norfolk Race For Life for a number of years, continuing to do so until she was 88 years old! This photo shows her with one of her numerous medals.



Sadly, Dot is not quite so active these days but reading of her active lifestyle and her determination to live life to the full, she is surely a great inspiration to us all.

**Angie Yeomans**

## Thurton Tea Afternoon

The next Thurton Tea Afternoon will be on **Monday 9th May**, 2 - 4.30pm at Ashby and Thurton Village Hall.

We are so pleased that the tea afternoons are going strong ...must be the good company. It's really great that so many men come along too. If you're thinking of coming for the first time, do give us a try, we are there with the kettle on and there's cake too!!!!



Angie on 01508 480477 and Rosalind 01508 480440.

# Village News

## Rockland St Mary

### News from Rockland St Mary with Hellington Parish Council

The **Annual Parish Meeting** will be held in the Parish Rooms on **Monday the 11<sup>th</sup> April at 7.00 pm**. This is an opportunity for organisations to give their reports on their activities over the last year. Please do come along and hear what is happening in your village and how you can become involved. The monthly Parish Council Meeting will follow at 8.00 p.m.

**Speed Limit.** Councillors are becoming increasingly concerned about speeding vehicles in Rockland St Mary. The speed limit is 30 mph. The Parish Council is pursuing the possibility of introducing a 20 mph speed limit in School Lane and also the introduction of a SAMS camera in the village. **Please be aware of your speed when travelling in Rockland St Mary and keep to the speed limit.**

**Village caretaker.** The Parish Council has engaged a self-employed caretaker, Stephen Gildersleeve, to undertake tasks around the villages. This should not only enhance the appearance of the villages of Rockland St Mary and Hellington but will also be more financially viable than the previous policy of engaging various companies to undertake these tasks.

**Website.** Just a reminder about the Parish website - [www.rocklandstmary.org.uk](http://www.rocklandstmary.org.uk). It has lots of information on it including minutes, agendas and financial matters regarding the Parish Council together with news from organisations in the villages. Please keep me in touch with your activities and events so that I can post these on the website.

**Email address.** Please note new email address for the Clerk:- [rocklandparishclerk@gmail.com](mailto:rocklandparishclerk@gmail.com)

**Monica Armstrong, Clerk to Rockland St Mary with Hellington Parish Council**

### Hellington and Rockland St Mary Community Reserve

Many thanks, to those who planted 300 trees in February. The planted area is on the south side, as you enter the Reserve, and should provide a richer habitat for the diversity of flora and fauna we all hope to see.

I have been pleased by the feedback we have received from all quarters and look forward to hearing more. We will be launching the subscription campaign for 2016 in March and hope you will continue to support this community programme.

**Please come to the Second Annual General Meeting of the Reserve to be held at the Margaret Mack Room at 7.30pm on Tuesday 24<sup>th</sup> May.**

We are delighted that Helen Baczowska, Conservation Officer with Norfolk Wildlife Trust, has agreed to speak to the meeting. Helen has supported the Reserve, giving advice and support to our endeavours. In particular, she has helped with the development of our management plan, which will be presented to the meeting. In broad outline this will help us plan to maintain and support the Reserve, but what we want to hear from stakeholders and the whole community are your suggestions about the reserve.

**Philip Halstead, Chair**



### Community action group a resounding success!

Our local community group is organising more activities this year after good feedback and more attendance. We had 34 people hurling a ball at our Christmas event and the creative writing workshop in March also went well.

**April 3rd**, is our 'Easter Bunny Bosseln, starting at Holloway Road, ending with a meal at the New Inn, Rockland St. Mary, cost £8.50

**April 18th.** Hatty and Phil's studio, No.6, Low Road, Rockland St. Mary, is earmarked for our **AGM**. Feel free to join us.

**Sunday 15th. May**, the popular Rook Ramble will lead us from Bramerton Village Hall, with stops at Rockland Parish Rooms and Surlingham Village Hall, ending back in Bramerton for coffee, £8.50.

### Allotment plots

Allotment plots at the New Inn Hill site in Rockland St Mary that have been neglected for several years are currently being regenerated ready for cultivation this summer. For more information interested parties should call 01508 538800.

**RSM & District Gardening Club:-** Our speaker on April 28th is Anne Outlaw from Somerleyton Hall and Gardens. Our garden visits start on May 26th with a visit to White House Gardens in Beccles. We hold our meetings in the Parish Room on the 4th Thursday each month. New members always welcome. For details contact Jean on 01508 538609

## Surlingham

**St Mary's Church bells** - In 1552 three bells were recorded in St. Mary's Church, two of which survive along with another four. The last two were added at the Millennium when the bells were taken to Whitechapel Foundry, London and recast. An amazing sight.

We have an active team of bell ringers and visitors came in February, The Chairman and Ringmaster of the Eastern Branch of Bell Ringers and friends rang a Quarter Peal (one hour length). If you are interested in ringing please contact Caroline Ellis on 538483.

It is the middle of Lent and the Lent Course has provided good fellowship and interesting and topical talks and discussions. We look forward to the Broadnotes Choir Concert on 21<sup>st</sup> May at St. Mary's.

## Thurton

### Spanish Supper Evening

You are invited to put on your sombrero and come and enjoy a 'Spanish Evening with Supper' on **Saturday 16th April** at Ashby and Thurton Village Hall. Tickets must be purchased in advance (limited number) and cost £15 for a three course supper starting at 7pm for 7.30pm. Please bring your own drink and glasses. There will be a 'Spanish' raffle and all proceeds will go towards raising much needed funds for the Village Hall. Contact: Julie on 01508 480966.

### St George's Day celebrations

To celebrate St Georges Day we have Big Sky Choir singing at St Ethelberts Church - **April 23rd 7.30 pm**. Tickets are £10/£8 concessions including refreshments. To order please ring 01508 480899.

On **May 7th** we are holding a quiz at the George and Dragon in the Barn. Teams of six, £7.50 each which will include supper. There will be a bar. To get your teams in place ring 01508 48089. These events will raise funds for the continued maintenance of the church fabric and your support will be greatly appreciated.





## ABBOTT & MURDOCH

Ophthalmic and Dispensing Opticians  
Contact Lens Practitioners

PORINGLAND

**AMPLE FREE PARKING**

Evening Clinic Mondays  
All facilities on ground floor

### OPENING HOURS

Mon . . . 9am - 1pm & 2 - 7.30pm  
Tue - Fri . . . 9am - 1pm & 2 - 5.00pm  
Sat . . . 9am - 12.30pm

4 The Street, Poringland  
Telephone: 01508 494670

## ELAINE SMITH

Hon FLCM GLCM LLCM (TD) (Dup),  
ALCM (Trip), Dip LCM

### Specialist Music Tuition



- Piano
- Recorder
- Flute
- Keyboard
- History
- Saxophone
- Electric Organ
- Clarinet
- Theory

Consultations and Accompaniment  
for Examinations and Auditions  
Member of ISM British Flute Society

Federation of Adjudicators and Senior Examiner  
and Wind Specialist for LCM

The White Homestead,  
Bramerton. NR14 7DP  
Tel: 01508 538215

## JACQUIE CLARKE

## ADEPTA ACCOUNTANTS

*Local, friendly and fully qualified accountant Very affordable rates*

- Personal tax returns • Annual Accounts • VAT •
- Sole traders • Partnerships • Limited Companies
- Monthly/Quarterly/One Off Bookkeeping •

We work to fixed fees: you *always* know the  
cost of our services upfront

Free initial consultation

Hill Crest, Hill House Rd, Bramerton

[jacquie@adepta-online.co.uk](mailto:jacquie@adepta-online.co.uk)

WEEKEND AND  
EVENING  
APPOINTMENTS  
AVAILABLE

**01508 537024**

City &  
Guilds  
NPTC  
Qualified

### Tree Surgery, Hedge Cutting And Grass Cutting

**My Time, Gives  
You Time!**

All aspects of tree surgery  
undertaken, fully qualified  
and insured.

Grass & Hedge cutting.  
Garden Maintenance &  
Clearance.



**Travis Sarginson**

Tel: 01508 492730

Mob: 07905 612127

Email: [travis\\_sarginson@hotmail.co.uk](mailto:travis_sarginson@hotmail.co.uk)

[www.treescapenorfolk.com](http://www.treescapenorfolk.com)



### Independent Financial Advice

you can Trust

Savings and Investments

Inheritance Tax Planning

Pensions

Funding Care Fees

Call your local South Norfolk Adviser

Sue Hodge

M: 07780 008922

T: 01473 784430

E: [sue@pearsonfinancial.co.uk](mailto:sue@pearsonfinancial.co.uk)

Tuddenham Hall Estate Office

Tuddenham

Ipswich

IP6 9DD

Authorised and regulated by the Financial Conduct Authority  
Registered in England N. 5360093



### A Qualified Accountant and Tax Advisor offering a full accountancy and taxation service.

Including: VAT returns, payroll,  
bookkeeping, final accounts,  
tax returns and advice  
for individuals and companies.



t/f: 01508 495559  
e: [office@njf-accounts.co.uk](mailto:office@njf-accounts.co.uk)



## Furniture Restoration

including

Cabinet Repairs  
French Polishing  
Veneer Repairs  
Gilding  
Marquetry  
Period Finishes  
etc

*Bespoke Cabinet Making*

Free Estimates  
Delivery & Collection  
VAT Free

**PHILIP HODGE  
ANTIQUES**

Hall Farm Cottage

Kirby Bedon

**01508 493136**

[philiphodgeantiques.co.uk](http://philiphodgeantiques.co.uk)

## ALDIS & SONS FARM SHOP

Family run business for over 30 years

Church Farm, Framingham Earl

**01508 492293 / 07831392347**

Our Own Grown Veg and Salads

Large Selection of Fruits

Our Own Reared Lamb

Local Beef, Chicken,

Pork and Game

Free Range Eggs

Fresh Cut Flowers

Water Softener Salt

Potatoes by the Bag

**SUPPLIERS TO THE CATERING TRADE**

### See The Difference!!

#### Commercial & Domestic Cleaning Services

Unit 1d Langley Road Trading Estate  
Chedgrave (opposite White Horse Pub)

- WINDOW CLEANING
- FACIA & GUTTER CLEANING
- CARPET & UPHOLSTERY  
CLEANING
- END OF TENANCY CLEANS
- OFFICE CLEANS
- EVERYDAY HOUSEHOLD  
CLEANING
- inc WASHING & IRONING
- OVEN CLEANING

*Let us do the job you don't want to...*

All staff fully insured and DBS checked

Call for a **FREE** quotation

**01508 520994 or 07725 162424**

Email: [steve@seethedifference.info](mailto:steve@seethedifference.info)  
[www.seethedifference.info](http://www.seethedifference.info)

## RUSSELL PHIPPS

Phone:

07764 413910

or

01508 493143

For

Plumbing, Tiling, Kitchen  
and Bathroom Fitting

Home Maintenance

Email:

[HomeMaintenance@deeptech.fsnet.co.uk](mailto:HomeMaintenance@deeptech.fsnet.co.uk)

## Robert Clough Carpenter/Joiner

*The local service for ALL your  
carpentry/joinery needs,  
and MORE!!*

Specialists in purpose made windows and  
doors for period and listed properties

Prompt, reliable and fully qualified

A local company, established 1988

All aspects of carpentry and joinery work  
undertaken

Ceramic tiling and domestic plumbing

Suppliers and fitters of high quality kitchens  
and bathrooms

**01508 493711**

[www.robertclough.co.uk](http://www.robertclough.co.uk)

## A W PLASTERING

FOR ALL YOUR PLASTERING NEEDS

### Domestic & Commercial Plastering

Call ADAM

Tel: 01508 480014

Mobile: 07733 107339

SPECIALISTS IN

- PLASTERING
- COVERING ARTEX
- RENDERING
- PAINTING & DECORATING

## M A Blackburn

Tel: 01508 548432

[www.blackburnlandscaping.co.uk](http://www.blackburnlandscaping.co.uk)

### Fencing and Gates

Garden, Field and  
Commercial

### Landscaping/Gardens

Brickweave, Block paving, Slabs

& Patios, Shingle/Gravel

Driveways Garden renovation

or one off tasks

Mini digger with driver available  
for hire

Member of the Guild of  
Master Craftsmen

Fully insured and  
References available

### Jon de Gray - Carpenter & Joiner

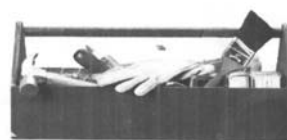
9 Walnut Hill, Surlingham, Norwich NR14 7DQ

Telephone: 01508 538075

Mobile: 07792002172

Email: [jondegray@hotmail.com](mailto:jondegray@hotmail.com)

[www.jondegray.co.uk](http://www.jondegray.co.uk)



General Repairs & Maintenance

Doors: Internal & External

Kitchens & Bathrooms

Floor & Wall Tiling

Painting & Decorating

*No Job Too Small !*

## UK Water Services Specialists in Water Softening & Filtration

### Water Softeners:

Not as BIG as you think they are!

Call us for a quotation  
to install a new system  
or upgrade your existing unit.

Competitive rates to Rent or Buy

For all your Salt, Servicing  
and Filter needs call:

**01603 713606**

# R.B. COPPING FUNERAL SERVICE

Independent family Funeral Directors Since 1935

For Personal Attention with  
Dignity and Respect

Private Chapels of Rest

Memorials & floral  
tributes supplied

Pre-paid funeral  
plans available



125 The Street Poringland Norwich NR14 7RP  
www.coppingfunerals.co.uk Tel: 01508 494434



## Surlingham Timeshare Swimming Pool



Are you interested in having an indoor heated swimming pool exclusively for yourself, family or friends? If so, please ring (01508) 538206. 3, 6 or 12 monthly bookings for weekly slots available, also one offs. Open seven days a week 6.30am - 10pm.

We are situated 6 miles SE of Norwich between Surlingham and Rockland St Mary.

Producers of Yare Valley Rapeseed Oil. To order: 01508 538206 or go to [www.yarevalleyoils.co.uk](http://www.yarevalleyoils.co.uk)



**HELEN SAPEY** MSSCh. MBChA  
QUALIFIED SURGICAL CHIROPODIST  
VISITING PRACTITIONER  
Registered Member of the British Chiropractic Association

Call: 01508 480137 or 07765620561  
for a home visit

**RUTH EWLES**

Qualified Therapeutic Massage Therapist

Rockland St Mary

Norwich

NR14 7ER

01508 538534

07979 607704

# eastern

... going your way ...

Pre-booked Private Hire Taxi

Local - Airport - Weddings - Corporate

**01508 495660**

[www.easternchauffeur.com](http://www.easternchauffeur.com)

e-mail: [info@easternchauffeur.com](mailto:info@easternchauffeur.com)

4 - 6- 8 seater vehicles

Licensed by South Norfolk Council

# H.L. PERFITT

## Stonemasons

*A lasting tribute in stone*

We have a wealth of knowledge and  
experience in the selection, manufacturing  
and installation of natural stone.

Vinces Road, Diss 01379 652211

[www.hlperfitt.co.uk](http://www.hlperfitt.co.uk)



**BRAMM**  
British Register of Accredited  
Memorial Masons

REPAIRER, CONSERVER AND MAKER OF CLOCKS

## Richard Simmonds MBHI

Qualified, experienced craftsman

COLLECTION AND DELIVERY SERVICE. ALL WORK GUARANTEED



**01508 548085**

[www.clockmaking.co.uk](http://www.clockmaking.co.uk)

3 The Raveningham Centre, Beccles Road, Raveningham,  
NORWICH. NR14 6NU

**Russell Independent Funeral Directors Ltd**  
56 Langley Road, Chedgrave, Norwich NR14 6HE

Proud to be a family run and independent local funeral business

Caring, professional and dignified

Personal and attentive service

Certificate in Funeral Celebrancy

24 hours a day, 7 days a week

Set your pre paid plans at  
today's prices

Home visits and bereavement care

Help and guidance through every step

**Call 01508 521159**

email: [tanya@russellfuneraldirectors.co.uk](mailto:tanya@russellfuneraldirectors.co.uk)  
[www.russellfuneraldirectors.co.uk](http://www.russellfuneraldirectors.co.uk)



# WOODLAND STOVES

The White House, Mill Road,  
Ashby St Mary, Norfolk, NR14 7BN  
w: [www.woodlandstoves.co.uk](http://www.woodlandstoves.co.uk)  
t: 01508 480351

AN EXTENSIVE AND COMPETITIVELY PRICED RANGE OF WOODBURNING AND  
MULTIFUEL STOVES ON SHOWROOM DISPLAY.

FULLY QUALIFIED HETAS REGISTERED INSTALLATION SERVICE AVAILABLE.  
SUPPLIERS OF FLUE LINERS, FLUE PIPES, CHIMNEY COWLS AND ACCESSORIES

Please Phone or check our website for opening times.

# Kingdom landscapes

Individual or whole landscaping projects

For a free no obligation quote, please call with your enquiry.

- Patios • Paths • Driveways • Walls • Fencing • Decking
- Water features • Turfing • Clearance and renovation
- General construction work

Contact: Darren Barnes, Nunns Cottage, Framingham Pigot, Norwich

For quality landscaping services call 07979724438 or 01508 495588

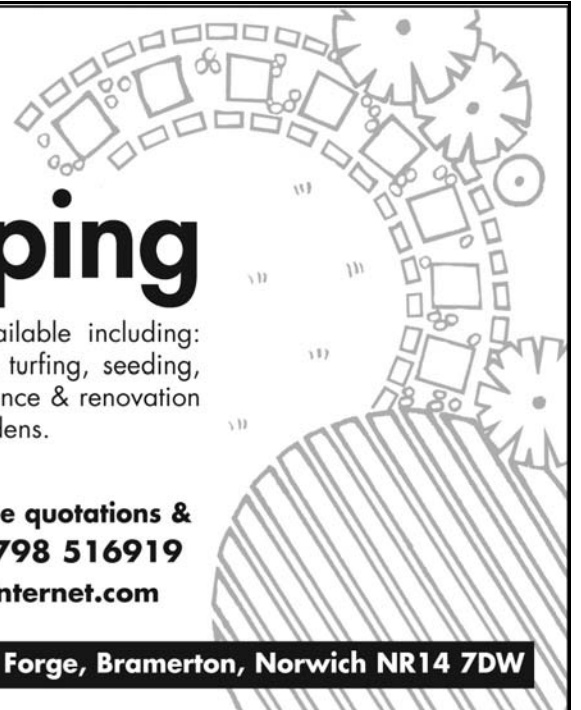
# DHS

## Landscaping

Complete landscaping service available including:  
paths, patios, driveways, decking, turfing, seeding,  
fencing, planting, tree work, clearance & renovation  
and creating low maintenance gardens.  
• garden design service available.

Call Mark for any enquiries, free quotations &  
advice: 01508 538734 / 07798 516919  
or email: [dhslandscaping@btinternet.com](mailto:dhslandscaping@btinternet.com)

**DHS Landscaping Ltd. The Old Forge, Bramerton, Norwich NR14 7DW**



## COLIN DAVID HAIR STUDIOS

*Ladies & Gents*

PROUD TO BE  
TRADING  
SINCE 1975  
111 THE STREET  
PORINGLAND  
NR14 7RP  
**01508  
492267**



Travel in style to  
your special event  
in a 1970 Lincoln  
Continental

Weddings and Proms  
a speciality

Local chauffeur

**Paul Richardson**

**01508 538410**

**07717 218806**



## The Bramerton Clinic

[www.bramertonclinic.com](http://www.bramertonclinic.com)

All health problems (acute or chronic)  
addressed in a caring and completely  
natural manner.

Homeopathic, Bach Flower, Herbal,  
Supplement & Dietary Advice,

For appointments or further information,  
please contact:

**Elaine Smith** LCPH (London), FBIH, MHMA,  
RMANM, BFRP. *Course Director of Dip. Hom.*  
*for Association of Natural Medicine*  
*(information available for prospective students)*

**Lisa Preston** RMANM, RSHom, LHCEA, BFRP.  
*UK Homeopathic Medical Association*  
*Registered Homeopaths.*

Also Crystals, Gems & Jewellery for sale

The White Homestead, Bramerton  
Norwich, Norfolk, NR14 7DP  
**Tel: 01508 538215**

Ample parking available,  
[ems@bramertonclinic.com](mailto:ems@bramertonclinic.com)

## Prince Gardening services

Need a gardener or handyman?

Garden maintenance,  
Mowing,  
Hedge Trimming,  
Pruning,  
Planting,  
Fencing,  
Handyman Work,  
Basic DIY jobs indoors  
and out,  
Reliable, Insured,  
No job too small.



**Tel: 07741 479259**  
Email: [princegardeningeervices@gmail.com](mailto:princegardeningeervices@gmail.com)

## Jean Smiths's Treatments for Feet FEET TREATMENT



Foot Health Care  
Professional and  
Registered  
Nurse offers  
diabetic foot care  
and treatments for  
nails, corns,  
calluses and  
verruca in the  
comfort and safety  
of your own home.



**01502 475271**

**07717 054794**

Email: [barnbysmith@gmail.com](mailto:barnbysmith@gmail.com)  
[www.feet-treatment.co.uk](http://www.feet-treatment.co.uk)

## Dog Grooming Services

One 2 One.

Collection possible.

All breeds,  
competitive prices,  
30 years experience.



Call Veronica

**01508 538363**

(Rockland St  
Mary)

## HOME CARE

RECENTLY RETIRED EXPERIENCED  
PALLIATIVE CARE NURSE  
RESPITE CARE, PERSONAL CARE OR  
GENERAL SUPPORT.  
REFERENCES AVAILABLE.

LOOKING TO WORK  
A FEW HOURS PER WEEK

FRIENDLY AND  
COMPASSIONATE NATURE

TO ENQUIRE PLEASE CALL  
**01508 480653**

## Country Mole Catcher

Alyona - Your local Country Mole Catcher

**Competitive rates Pay by results  
Without fuss**

“Alyona was great. She does  
exactly what she says. No fuss, very  
knowledgeable and gets the job done.  
Two moles caught that had been  
playing havoc in my garden.”

Hugh - Attleborough, Norfolk



Contact Alyona Hogg for a  
no-obligation consultation

**01603 47 87 12**

**07463 73 11 69**

[alyona@countrymolecatcher.co.uk](mailto:alyona@countrymolecatcher.co.uk)

[www.countrymolecatcher.co.uk](http://www.countrymolecatcher.co.uk)

## CHRIS JACOBS PEST CONTROL SERVICE

Rats and mice,  
rabbits, wasps, ants, etc

Mobile: **07808 484144**

## DM WINDOW CLEANING

Traditional cleaning of windows, gutters and conservatories



**07415395211**



## Electrical Services

ELECSA REGISTERED

PART P CERTIFIED

Domestic & Commercial  
Installation & Testing  
New Installs, Rewiring  
Extra Sockets & Lights, etc.

Call Paul Mills

**01508 480787**

**07795 075259**

## CHIMNEY SWEEP

Fully insured. Certificates issued  
NACS and HETAS approved

Chimneys, Flues, Appliances  
Bird, Rain and Downdraught  
Terminals fitted

**AMPLE CLEAN**

**01603 666964**

## Need a Good Plumber?

Top quality bathrooms and tiling.  
Installations, repairs and  
emergencies.  
Reliable, high quality service.

**A. Santander Plumbing**

Mobile: **07775 575796**

Tel: **01508 499283**

## David Smith

Property Maintenance  
and Handy Man

Painting and Decorating. Kitchen and  
Bathroom Fitting. Wall and Floor  
Tiling. Laminate Flooring. Door  
Hanging. Skirting Boards Fitted.  
Locks Opened and Replaced. Small  
Plumbing Repairs and Much More.  
All Jobs Considered.

Tel: **01508 480396**

Mob: **07895004976**

## Martin Epps - Electrician NICEIC Approved Contractor

(Part P Certified)

**All types of electrical work  
undertaken:**

New Installations  
Domestic - Industrial  
Alterations - Rewires  
Free Estimates

**'Keverne' Briar Lane, Hales**

Tel. **01508 548570**

## MATT STEELE

**Carpet & Upholstery Cleaning**

Over 20 Years Experience

**01603 360160**

View our work on Facebook  
@ Matt Steele Cleaning  
Services

or

[www.carpetcleannorwich.co.uk](http://www.carpetcleannorwich.co.uk)

## KEITH SWAIN Interiors

Kitchens - Bedrooms -  
Bathrooms Supplied & Fitted

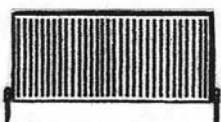
All projects big or small we do them all  
for a free quote call Keith on

**(H) 01508 491692**

**(M) 07788153387**

## S J BROWN

Registered Solid Fuel Installer and Plumbing & Heating Engineer



- Stoves/Boilers/Cookers
- Chimney Linings/Internal & External Flues
- Wet & Dry Systems

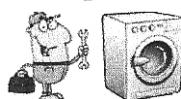
Telephone Steve:

Mobile **07563532694** or **01508 538761**

**All domestic plumbing and  
heating work, including  
bathroom installations**

## Michael Jay Washing machine & Oven

Repairs



Same/Next day

**Tel. 01603 440781**

**Mobile. 07884255292**

## SPORTS SERVICES

For repairs and restrings  
to all racket types.

Tennis Court Refurbishment.  
Netting, posts supplied, repaired.  
Lines repainted, etc.



Most other sports  
equipment repaired.

**Ring Peter Foulger**

**01508 494256**

40 years experience



### BED AND BREAKFAST

**Framingham Earl:** Beautifully restored Old Rectory. Set in 2 acres of country garden next to St Andrews Church. Further details from Mrs Sue Wellings. Telephone: 01508 493590. Mobile: 07808 125381. Email: [info@oldrectorynorfolk.co.uk](mailto:info@oldrectorynorfolk.co.uk) Web: [www.oldrectorynorfolk.co.uk](http://www.oldrectorynorfolk.co.uk)

### HOLIDAY LET

The Barn at the Well House, Rockland St Mary. Recently renovated, 1 bedroom barn available for holiday lets, weekend stays, etc. All amenities. Call Lisa Reynolds, 07939 037743 or 01508 538551 or email: [lichreynolds@gmail.com](mailto:lichreynolds@gmail.com).

### VILLAGE HALLS

**Alpington & Yelverton** - Main hall. Large committee/club room, Kitchen and dining area. Excellent heating. Car park and children's play area. £9 an hour for regular user groups and private functions. Business and trade £18 an hour. Please contact Denise Wright by email: [dk3wright@yahoo.co.uk](mailto:dk3wright@yahoo.co.uk). Mobile 07986 468432 (Bookings) [www.alpingtonvillagehall.wordpress.com](http://www.alpingtonvillagehall.wordpress.com)

**Ashby and Thurton** - Main hall with kitchen facilities and/or committee room available for private hire from hourly rate of £13, complete full day hire from £40. Discounted rates for regular contract bookings. Ideal for meeting groups and social activities. Please contact Booking Clerk Dolly Howes 01508 480043.

**Bergh Apton** - Newly refurbished large hall with stage, small Committee room, fully-fitted new kitchen with crockery and cutlery for 100. New heating and lighting. Car park, gardens and children's play park. Prices per session from £15. Please contact Hilary Ling on 01508 480439 or email: [hilary.ling@btinternet.com](mailto:hilary.ling@btinternet.com)

**Bramerton** - To hire hall, try first Kate Shaw 01508 538179, second, Joan Coles 538455. £3.50 per hour, minimum hire 2 hours. Daily rate on request. Car park.

**Claxton & Carleton St Peter** - Spacious, fully equipped hall. Ideal for functions and regular users. Disabled facilities. New fully fitted kitchen. Large car park. Fully stocked bar available on request. £8 per hour or by session. Contact Robert Ellis 01508 480914 or 01508 480555.

**Rockland St Mary - Margaret Mack Hall** available evenings and weekends for private parties, meetings and social activities. Rates per hour or per day. Contact after 4pm please, either Mrs Sarah Carter, 01508 480555 or Daphne Howlett, 01508 538553.

**Rockland St Mary - The Parish Room** is available for hire. With kitchen facilities it is ideal for social functions, parties, clubs and meetings. Our hire rates are extremely reasonable. Please contact Jayne Regan, 01508 538087.

**Surlingham** - Parish Hall available for hire at £4 per hour, minimum use two hours. For bookings please contact Phyl Gladwell on 01508 538385.



### Tiger Lillies Florist



Supplying bespoke flowers for all occasions  
Contact :

**Lily Anne Griffiths**

07584076502

01508 538274

[tigerlilliesflorist@hotmail.co.uk](mailto:tigerlilliesflorist@hotmail.co.uk)

[www.tigerlilliesflorist.co.uk](http://www.tigerlilliesflorist.co.uk)

### Hall Park Bed & Breakfast

#### Kirby Bedon

4\* Gold Award and Breakfast  
Award winning Bed & Breakfast  
with 3 lovely ensuite rooms.



Bread Making Days  
available at Hall Park. Have an  
enjoyable day learning how to  
make different types of breads.

**Jane Stevens 01508 495567**

Email: [enquires@hallparknorfolk.co.uk](mailto:enquires@hallparknorfolk.co.uk)

[www.hallparknorfolk.co.uk](http://www.hallparknorfolk.co.uk)

Articles in this publication do not necessarily express the view of the Church or the Eleven Says editorial board.

### 'Applebee'

Rockland St Mary

**01508 538231**

Beekeeping equipment,  
courses and advice



Local Honey for sale

Selection of local grown fruit and  
vegetables available

Contact:

**Ruth and John Everett**

Products and services advertised in this publication are not necessarily endorsed by the Eleven Says editorial board.



INTERPRINT ARE PROUD TO BE THE PRINTERS OF ELEVEN SAYS

For all your printing needs, big or small,  
contact **Chris** or **Matt** on **01603 894195** or email us at [interprint@ncsgrp.co.uk](mailto:interprint@ncsgrp.co.uk)  
for a friendly no obligation quote.

Interprint, Martineau Lane, County Hall, Norwich NR1 2DL

## YELVERTON GARAGE A146 LODDON ROAD

SERVICE - DIAGNOSTICS - AIR CON - MOTs

**01508 492758**

**V.W. AUDI SPECIALISTS**

[www.vwaudinorwich.com](http://www.vwaudinorwich.com)



## QUALITY LIGHT COMMERCIAL VEHICLE SALES

WITH FULL AFTER SALES SERVICE

**01508 494464**

[www.yelvertonvans.com](http://www.yelvertonvans.com)

## YOUNGS FUNERAL DIRECTORS OF LODDON

*At your time of need we are here to help you;*

"Quiet guidance, gentle words and our professional knowledge will help you make the right decisions for you and your family."

**'Providing the very best care'** - *Rachael Barber*

19 Bridge Street Loddon NR14 6NA

Tel: 01508 528274



SERVICES	April 3 <sup>rd</sup> Easter 2	April 10 <sup>th</sup> Easter 3	April 17 <sup>th</sup> Easter 4	April 24 <sup>th</sup> Easter 5	May 1 <sup>st</sup> Easter 6	May 8 <sup>th</sup> Easter 7	May 15 <sup>th</sup> Pentecost	May 22 <sup>nd</sup> Trinity	May 29 <sup>th</sup> Trinity 1	June 5 <sup>th</sup> Trinity 2
<b>Bramerton</b>	11.00 MP	11.00 HC	9.30 MP	11.00 MP	9.30 MP	Join Claxton Benefice Service	11.00 HC	9.30 Morning Worship	Join Ashby Group Service	11.00 MP
<b>Carleton St. Peter</b>	NO SERVICE				11.00 Morning Worship	Join Claxton Benefice Service			Join Ashby Group Service	11.00 HC
<b>Claxton</b>		9.30 HC		9.30 HC		11.00 HC Benefice Service		11.00 Morning Worship	Join Ashby Group Service	
<b>Kirby Bedon</b>	11.00 HC*	Join Bramerton	11.00 MP*	11.00 HC*	11.00 MP*	Join Claxton Benefice Service	11.00 MP*	11.00 HC*	Join Ashby Group Service	11.00 MP*
<b>Rockland St. Mary</b>	9.30 HC	Join Surlingham	9.30 HC MA + NEW 10.30 Cafe Church in Parish Room	9.30 Morning Worship	9.30 HC	Join Claxton Benefice Service	9.30 HC	9.30 Morning Worship + NEW 10.30 Cafe Church in Parish Room	Join Ashby Group Service	Join Surlingham
<b>Surlingham</b>	8.30 HC	11.00 Morning Worship	11.00 HC	11.00 MP*	Join Rockland	Join Claxton Benefice Service	11.00 HC	11.00 MP*	Join Ashby Group Service	8.30 HC*

THURTON BENEFICE ROTA – April & May 2016

	3 <sup>rd</sup> April Easter 2 White	10 <sup>th</sup> April Easter 3 White	17 <sup>th</sup> April Easter 4 White	24 <sup>th</sup> April Easter 5 White	1 <sup>st</sup> May Easter 6 White	5 <sup>th</sup> May Ascension Day Gold	8 <sup>th</sup> May Easter 7 White	15 <sup>th</sup> May Pentecost Red	22 <sup>nd</sup> May Trinity Sunday White	29 <sup>th</sup> May Trinity 1 Green	5 <sup>th</sup> June Trinity 2 Green
Ashby St Mary	11.00 MP	Join Thurton	Join Yelverton	11.00 PT	11:00 MP	Join Bergh Apton	Join Framingham Pigot	11:00 HC	11:00 PT	10.00 Group Service HC	11.00 MP
Bergh Apton	09.30 HC	Join Thurton	09.30 PT	09.30 HC (BCP)	09:30 HC	19.30 HC	Join Framingham Pigot	09:30 PT	09:30 HC (BCP)	Join Ashby	09.30 HC
Fram. Pigot	08.15 HC (BCP)	Join Thurton	Join Yelverton	11.00 HC	08.15 HC (BCP)	Join Bergh Apton	10.00 HC	08:15 HC* BCP	11:00 HC	Join Ashby	08.15 HC (BCP)
Thurton	11.00 HC	10.00 Benefice HC	11.00 3 <sup>rd</sup> Sunday service in VH PT	11.00 MP	11:00 HC	Join Bergh Apton	Join Framingham Pigot	11:00 3 <sup>rd</sup> Sunday service in VH PT	11:00 MP	Join Ashby	11.00 HC
Yelverton	09.30 PT	Join Thurton	09:30 3 Parish HC	16.00 All 4 Sunday PT	09:30 PT	Join Bergh Apton	Join Framingham Pigot	09:30 HC	16.00 All 4 Sunday PT	Join Ashby	09.30 PT


CODE: HC = Holy Communion; E. Praise = Evening Praise; FC = Family Communion; FW = Family Worship; MP = Morning Prayer; EP = Evening Prayer; PT = Parish Team; VM = Vestry Meeting. \* Denotes a Book of Common Prayer service. First Thursday of each month: Holy Communion at Yelverton at 10:30.

Bible Readings Sunday by Sunday: April - May 2016

Date	Old Testament	Epistle	Gospel
03/04/16	Acts 5:27-32	Revelation 1:4-8	John 20:19-31
10/04/16	Acts 9:1-6 [7-20]	Revelation 5:11-14	John 21:1-19
or	Zephaniah 3:14-end	Acts 9:1-6 [7-20]	
17/04/16	Acts 9:36-43	Revelation 7:9-17	John 10:22-30
or	Genesis 7:1-5,11-18; 8:6-18	Acts 9:36-43	
24/04/16	Acts 11:1-18	Revelation 21:1-6	John 13:31-35
or	Genesis 22:1-18	Acts 11:1-18	
01/05/16	Acts 16:9-15	Revelation 21:10,22 - 22.5	John 14:23-29
or			John 5:1-9
08/05/16	Ezekiel 37:1-14	Acts 16:9-15	John 17:20-26
or	Acts 16:16-34	Revelation 22:12-14, 16,17,20,21	
15/05/16	Ezekiel 36:24-28	Acts 16:16-34	
or	Acts 2:1-21	Romans 8:14-17	John 14:8-17[25-27]
22/05/16	Genesis 11:1-9	Acts 2:1-21	
29/05/16	Proverbs 8:1-4,22-31	Romans 5:1-5	John 16:12-15
or	1 Kings 18:20,21 [22-29]30-39	Galatians 1:1-12	Luke 7:1-10
or	1 Kings 8:22-23,41-43		
05/06/16	1 Kings 17:8-16[17-24]	Galatians 1:11-24	Luke 7:11-17
or	1 Kings 17:17-24		

Please note:  
At Holy Communion, where only two readings are used, the first reading will usually be the epistle, and the second will always be the Gospel reading.  
  
At other services where two readings are used, the first will usually be the Old Testament reading, and the second can be either the epistle or the Gospel readings.



CLERGY OF THE BRAMERTON GROUP		ROMAN CATHOLIC PARISH OF PORINGLAND AND LODDON		Eleven Says Editorial Board		
<b>Thurton Benefice</b>  <b>Rev Chris Ellis</b> The Rectory 29 Ashby Road THURTON NR14 6AX Tel: 01508 484174 Email: <a href="mailto:chris.ellis23@btinternet.com">chris.ellis23@btinternet.com</a>		<b>Rockland Benefice</b>  <b>Rev John Shaw</b> The Rectory Rectory Lane ROCKLAND ST MARY. NR14 7EY Tel: 01508 538619 Email: <a href="mailto:revjohnshaw@gmail.com">revjohnshaw@gmail.com</a>	<b>Parish Priest</b> Father Padraig HAWKINS, The Lodge, 17 Ugate, Poringland. NR14 7SH. Tel: 01508 492589. Email: <a href="mailto:Frpadraighawkins@gmail.com">Frpadraighawkins@gmail.com</a>	Editor: Ruth Everett Tel: 01508 538231		
		<b>Rev Wendy Shaw</b> Tel: 01508 537045 Email: <a href="mailto:kickoffyourshoes@googlemail.com">kickoffyourshoes@googlemail.com</a>	<b>Times of Masses</b>		Treasurer, Donations, Advertising and Distribution: <b>John Everett</b> Applebee, Bramerton Lane, Rockland St Mary, Norwich. NR14 7HE. Tel: 01508 538231	
		<b>Rev Mandy Ansell</b> 44 The Street, ROCKLAND ST MARY NR14 7AH Tel: 01508 538654 Email: <a href="mailto:mandy.ansell44@gmail.com">mandy.ansell44@gmail.com</a>	Saturday	6pm Loddon	Contributions, Page Layout and Design: <b>Angie Yeomans</b> 15 Bramerton Lodge, Bramerton, Norwich. NR14 7EQ. Tel: 01508 538131 (Answerphone)	
			Sunday	9am Poringland		Contributions are very welcome subject to the Board's discretion and available space. <b>Deadline for all material ("copy") for the next issue is 10th MAY 2016.</b>
			Daily Mon-Fri	8am Poringland		<b>Email:</b> <a href="mailto:elevensays@hotmail.com">elevensays@hotmail.com</a>
		Saturday	10am Poringland	<b>Produced by:</b> Angie Yeomans		
			<b>Staff days off:</b> Monday John Shaw Wendy Shaw  Thursday Mandy Ansell	<b>Printed by:</b> Interprint, County Hall, Martineau Lane, NORWICH. NR1 2DL Tel: 01603 894195		
NEXT ASSEMBLY: SAT 28th MAY, BRAMERTON VILLAGE HALL, 9am to 10.45am (approx)						



NEXT ASSEMBLY: SAT 28th MAY, BRAMERTON VILLAGE HALL, 9am to 10.45am (approx)