

Rockland Benefice in the Bramerton Group
Parish Church of Rockland St. Mary

Holy Communion

16th August 2020

Tenth Sunday after Trinity



Welcome

Please observe social distancing guidelines.

Words of Welcome

The Lord be with you

All And also with you

Opening Prayer

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Hymn

1 God of mercy, God of grace,
show the brightness of your face.
Shine upon us, Saviour, shine;
fill your world with light divine;
all your saving health extend
unto earth's remotest end.

2 Let the people praise you, Lord;
be by all that live adored.
Let the nations shout and sing
glory to their gracious King;
at your feet their tribute pay,
and your holy will obey.

3 Let the people praise you, Lord;
earth shall then its fruits afford.
Unto us your blessing give;
we to you devoted live,
all below and all above,
one in joy and light and love.

Prayers of penitence

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.

Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

All **Most merciful God,**
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly, love mercy,
and walk humbly with you, our God.
Amen.

Almighty God,
who sent his Son into the world to save sinners,
bring you his pardon and peace, now and for ever.

All **Amen.**

The Collect of the day is said

Lord of heaven and earth,
as Jesus taught his disciples to be persistent in prayer,
give us patience and courage never to lose hope,
but always to bring our prayers before you;
through Jesus Christ our Lord.

All **Amen.**

The Word of God

Hear the Gospel of our Lord Jesus Christ according to Matthew.

All Glory to you, O Lord.

Matthew 15:10-28

¹⁰ Then Jesus called the crowd to him and said to them, 'Listen and understand: ¹¹ it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles.'

¹² Then the disciples approached and said to him, 'Do you know that the Pharisees took offence when they heard what you said?'

¹³ He answered, 'Every plant that my heavenly Father has not planted will be uprooted. ¹⁴ Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit.' ¹⁵ But Peter said to him, 'Explain this parable to us.'

¹⁶ Then he said, 'Are you also still without understanding?

¹⁷ Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? ¹⁸ But what comes out of the mouth proceeds from the heart, and this is what defiles.

¹⁹ For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. ²⁰ These are what defile a person, but to eat with unwashed hands does not defile.'

²¹ Jesus went away to the district of Tyre and Sidon.²² A Canaanite woman from that region came out and started shouting, 'Have mercy on me, Lord, Son of David; my daughter is tormented by a demon.' ²³ But he did not answer her at all.

And his disciples came and urged him, saying, 'Send her away, for she keeps shouting after us.' ²⁴ He answered, 'I was sent only to the lost sheep of the house of Israel.' ²⁵ But she came and knelt before him, saying, 'Lord, help me.' ²⁶ He answered, 'It is not fair to take the children's food and throw it to the dogs.' ²⁷ She said, 'Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table.' ²⁸ Then Jesus answered her, 'Woman, great is your

faith! Let it be done for you as you wish.' And her daughter was healed instantly.

At the end

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

Talk

Prayers, including the following

Lord, in your mercy

All hear our prayer.

Hymn

1 All hail the power of Jesu's name;
let angels prostrate fall;
bring forth the royal diadem
to crown him, crown him, crown him,
crown him Lord of all.

2 Crown him, ye morning stars of light,
who fixed this floating ball;
now hail the Strength of Israel's might,
and crown him Lord of all.

3 Crown him, ye martyrs of your God,
who from his altar call;
praise him whose way of pain ye trod,
and crown him Lord of all.

4 Ye seed of Israel's chosen race,
ye ransomed of the fall,
hail him who saves you by his grace,
and crown him Lord of all.

5 Sinners, whose love can ne'er forget
the wormwood and the gall,
go spread your trophies at his feet,
and crown him Lord of all.

6 Let every tribe and every tongue
to him their hearts enthral,
lift high the universal song
and crown him Lord of all.

Blessing

Christ, who has nourished us with himself, the living bread,
make you one in praise and love, and raise you up on the last day;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always. **Amen.**

Rockland Benefice 2020

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The Canaanite Woman begs Jesus to heal her son, Iyas Basim Khuri Bazzi Rahib, (1684) from Art in the Christian Tradition, a project of the Vanderbilt Divinity Library, Nashville, TN.

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