

Rockland Benefice in the Bramerton Group  
Parish Church of Rockland St. Mary

# Holy Communion

## 16<sup>th</sup> August 2020

### Tenth Sunday after Trinity



# Welcome

*Please observe social distancing guidelines.*



## **Words of Welcome**

The Lord be with you

**All**            **And also with you**

## **Opening Prayer**

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

## **Hymn**

1 God of mercy, God of grace,  
show the brightness of your face.  
Shine upon us, Saviour, shine;  
fill your world with light divine;  
all your saving health extend  
unto earth's remotest end.

2 Let the people praise you, Lord;  
be by all that live adored.  
Let the nations shout and sing  
glory to their gracious King;  
at your feet their tribute pay,  
and your holy will obey.

3 Let the people praise you, Lord;  
earth shall then its fruits afford.  
Unto us your blessing give;  
we to you devoted live,  
all below and all above,  
one in joy and light and love.

## Prayers of penitence

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and to bring us to eternal life.  
Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

**All**        **Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly, love mercy,  
and walk humbly with you, our God.  
Amen.**

Almighty God,  
who sent his Son into the world to save sinners,  
bring you his pardon and peace, now and for ever.  
**All**    **Amen.**

### ***The Collect of the day is said***

Lord of heaven and earth,  
as Jesus taught his disciples to be persistent in prayer,  
give us patience and courage never to lose hope,  
but always to bring our prayers before you;  
through Jesus Christ our Lord.  
**All**    **Amen.**

## The Word of God

Hear the Gospel of our Lord Jesus Christ according  
to Matthew.

**All                    Glory to you, O Lord.**

### **Matthew 15:10-28**

<sup>10</sup> Then Jesus called the crowd to him and said to them, 'Listen and understand: <sup>11</sup> it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles.'

<sup>12</sup> Then the disciples approached and said to him, 'Do you know that the Pharisees took offence when they heard what you said?'

<sup>13</sup> He answered, 'Every plant that my heavenly Father has not planted will be uprooted. <sup>14</sup> Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit.' <sup>15</sup> But Peter said to him, 'Explain this parable to us.'

<sup>16</sup> Then he said, 'Are you also still without understanding?

<sup>17</sup> Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? <sup>18</sup> But what comes out of the mouth proceeds from the heart, and this is what defiles.

<sup>19</sup> For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. <sup>20</sup> These are what defile a person, but to eat with unwashed hands does not defile.'

<sup>21</sup> Jesus went away to the district of Tyre and Sidon. <sup>22</sup> A Canaanite woman from that region came out and started shouting, 'Have mercy on me, Lord, Son of David; my daughter is tormented by a demon.' <sup>23</sup> But he did not answer her at all.

And his disciples came and urged him, saying, 'Send her away, for she keeps shouting after us.' <sup>24</sup> He answered, 'I was sent only to the lost sheep of the house of Israel.' <sup>25</sup> But she came and knelt before him, saying, 'Lord, help me.' <sup>26</sup> He answered, 'It is not fair to take the children's food and throw it to the dogs.' <sup>27</sup> She said, 'Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table.' <sup>28</sup> Then Jesus answered her, 'Woman, great is your

faith! Let it be done for you as you wish.' And her daughter was healed instantly.

*At the end*

This is the Gospel of the Lord.

**All Praise to you, O Christ.**

**Talk**

**Prayers, including the following**

Lord, in your mercy

**All hear our prayer.**

**Hymn**

1 All hail the power of Jesu's name;  
let angels prostrate fall;  
bring forth the royal diadem  
to crown him, crown him, crown him,  
crown him Lord of all.

2 Crown him, ye morning stars of light,  
who fixed this floating ball;  
now hail the Strength of Israel's might,  
and crown him Lord of all.

3 Crown him, ye martyrs of your God,  
who from his altar call;  
praise him whose way of pain ye trod,  
and crown him Lord of all.

4 Ye seed of Israel's chosen race,  
ye ransomed of the fall,  
hail him who saves you by his grace,  
and crown him Lord of all.

5 Sinners, whose love can ne'er forget  
the wormwood and the gall,  
go spread your trophies at his feet,  
and crown him Lord of all.

6 Let every tribe and every tongue  
to him their hearts enthrall,  
lift high the universal song  
and crown him Lord of all.

### **Blessing**

Christ, who has nourished us with himself, the living bread,  
make you one in praise and love, and raise you up on the last day;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always. **Amen.**

---

### **Rockland Benefice 2020**

© The Archbishops' Council of the Church of England, 2000-2005

*The Canaanite Woman begs Jesus to heal her son*, Iyas Basim Khuri Bazzi Rahib, (1684)  
from *Art in the Christian Tradition*, a project of the Vanderbilt Divinity Library, Nashville,  
TN.

Official Common Worship apps, books and eBooks are available from Church House  
Publishing. The Bible readings (other than the psalms) are from *The New Revised  
Standard Version Anglicized Edition*, copyright 1989, 1995 Division of Christian Education  
of the National Council of the Churches of Christ in the United States of America. Used by  
permission. All rights reserved.