



The Walk of Kindness

What do you do when you are the CEO of a charity based in an old convent and want to raise a lot of money to preserve a beautiful building falling into disrepair of which you are the custodian. Turn some of the disused Nun's cells into Bed and Breakfast accommodation? And isn't there a long-distance path that runs straight past. Could we encourage walkers and pilgrims travelling the Via Beata to come and stay? Cecile Roberts, who leads Emmaus Norfolk and Waveney at All Hallows, Ditchingham, was faced with these questions.

She was pondering a fresh way of increasing income and raising awareness of homelessness. One that would provide training to help Companions - residents who have all experienced homelessness - find work when they moved on. A sponsored walk? The obvious choice would be the Via Beata. Would it catch the imagination of the public?

The Via Beata is a new pilgrimage path of some 450 miles that runs from St David's Head in Pembrokeshire to the south pier in Lowestoft. It was created by Steve Eggleton who felt inspired by God to design and make waystations illustrating a sentence or story from the bible and plant them every ten miles. Steve is based in Banham and is an author, artist, teacher and sculptor. Together with his team and working since 2010, some thirty waystations are in place with another five under discussion.

One of these waystations is situated at EmmausNW and illustrates the story in Luke, chapter 24, when the resurrected Jesus walks alongside two disciples who are returning to Emmaus, a village near Jerusalem. The long-distance trail linking the waystations was completed in 2023. Walking from the far west of Wales to the far east of England was the perfect challenge! It was to be called 'The Walk of Kindness.'

Planning began in January 2024. I had been part of the team planning the route for 12 years so I volunteered to help plot it onto OS online maps and find accommodation. I had long wanted to walk the route west to east and so joined the team that was recruited, Cecile Roberts, Mick Jagger, Chloe Ward, Peter Rope, Carleton Clisby.

Practice walks were instigated to build up physical capacity. Promotional films were made by Mike Liggins (retired BBC Look East presenter and film maker). Then on 24th August, after a blessing and some words of wisdom from Revd James Shelton, "That however hard the day, always find something to be thankful for at the end", we set off for Wales.

On Sunday 25th August we were given a pilgrimage tour of St David's Cathedral followed by a blessing from Canon Sheridan and given scallop shells to wear as a sign of making a pilgrimage.

The next morning we climbed up to St David's Head and after some filming with Mike Liggins the Walk began with the ten mile stretch to Solva. Thereafter we walked between 10 and 14 miles a day with a day's rest every ten days.

The walk along the coastal path in Pembrokeshire had some of the most spectacular views - wild, rocky, lots of sea birds and seals, gorse and heather in flower. We all loved the Welsh section the best. It was the toughest physically but wide views over the landscape made the climbs worth it.

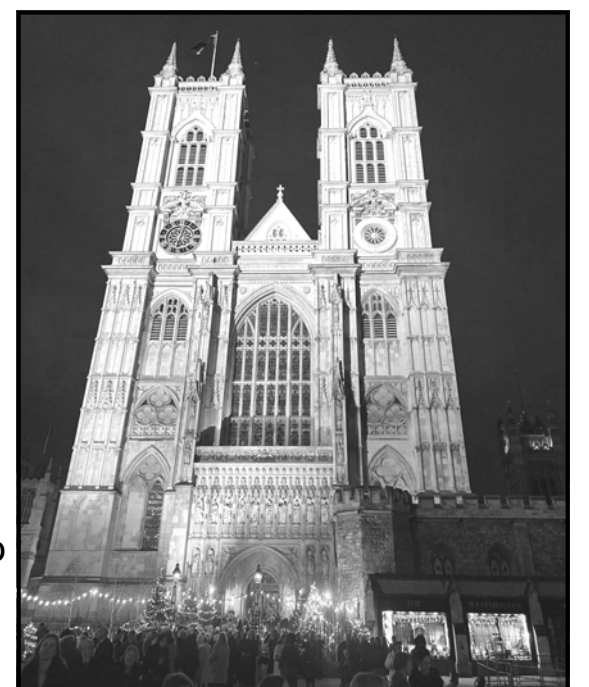
Thereafter a constant changing scene of walking along towpaths, bridle paths and long-distance trails meant seeing the whole country one county at a time with changing vistas and encountering different people as we walked. All were interested in the reason for our walk and many contributed.

The Walk of Kindness lived up to its name, and it is the many acts of kindness we received on the way that will live long in the memory. Sometimes we were meeting our hosts for the first time, others were Via Beata friends and supporters. Often, we enjoyed meals with our hosts. Some did our washing as well, and many waived the costs of our stay.

On the final day we were joined by the Bishop of Norwich, and, to the sounds of a Samba band, arrived back at Emmaus on 10th October where we were welcomed by all the Companions, lots of family and friends and greeted by Terry Waite (patron of Emmaus UK) and the Lord Lieutenant, Lady Pippa Dannatt.

The week before we received an invitation from Queen Camilla to the Carol Service at Westminster Abbey on 6th December. This was televised and shown on ITV on Christmas Eve. What a privilege to enter in via the great west door and to worship with 1,600 other community volunteers. A great way to end a great adventure.

Lorie Lain-Rogers





- Paths & Patios including Porcelain & Sandstone
- Driveways
- Fencing
- Wood & Composite Decking
- Digger Work
- Hedge & Tree Trimming
- General Clearance and more.

Contact details below for any enquiries, free quotations available

Stuart Frost, High Bungay Road, Loddon. Tel: 07900 432108
Stuartfrost1985@icloud.com



A Qualified Accountant and Tax Advisor offering a full accountancy and taxation service.

Including: VAT returns, payroll, bookkeeping, final accounts, tax returns and advice for individuals and companies.



t/f: 01508 495559
e: office@nif-accounts.co.uk

Lady Mole Catcher™

Wildlife Management Specialist

The established, recognised and proven expert you can trust for the control of:

**Moles • Rats • Mice
Squirrels • Wild Rabbits
American Mink • Bed Bugs
Cluster Flies • Moths
Ants • Fleas • Wasp Nests**

Plus effective Wildlife-Proof Fencing



For a no-obligation consultation and quotation please contact Louise on:

**01603 25 99 45
07876 14 11 53**

louis@ladymolecatcher.co.uk

www.ladymolecatcher.co.uk

Prince Gardening Services

Need a gardener or handyman?

Garden maintenance,
Mowing,
Hedge Trimming,
Pruning, Planting,
Fencing,
Handyman Work,
Basic DIY jobs indoors
and out,
Reliable, Insured,
No job too small.



Tel: 07741 479259 or email
princegardening@princegardening@gmail.com

The Hollies Classroom Loddon

www.loddonnurseryschool.co.uk

Open 8am - 6pm
for 0 - 5 year olds

Funded places available

Full and part days available

Holiday club for 2 - 9 year olds

Rated OUTSTANDING by Ofsted

Please telephone Jayne White for further information or to arrange a visit

01508 520286



Website Design

Professional Website Design and PC Support Services from PSLWeb.co.uk

- Low-cost website hosting,
- Domain name registration,
- Search engine optimization,
- Content Management,
- PC support, help and training.

Call now for a free no-obligation consultation and quote

01508 491622

www.pslweb.co.uk

21 Cherrywood, Alington, NR14 7NJ

Buzz-Off®

Live Honey Bee Removal

We harmlessly remove and re-home bees and professionally repair any damage that bees have caused to your property

For a site visit and no-obligation quotation please contact Louise Chapman SA (Hons) PGCE
t: 01603 259945 m: 07876 141153
e: louise@buzz-off.co.uk

For further information about Honey Bee and Wasp removal and view case studies/testimonials visit:
www.buzz-off.co.uk

Buzz Off Honey Bee

ALDIS & SONS FARM SHOP

Family run business for over 30 years

Church Farm, Framingham Earl

01508 492293 / 07831392347

Our Own Grown Veg and Salads

Large Selection of Fruits

Our Own Reared Lamb

Local Beef, Chicken,

Pork and Game

Free Range Eggs

Fresh Cut Flowers

Water Softener Salt



Enjoy the holiday of a lifetime in our luxury villa close to Disney World, Universal Studios and all of central Florida's attractions and golf courses

Luxuriously equipped throughout - own swimming pool and games room, 5 large bedrooms, 2 are king sized suites, 4 bathrooms (3 en-suite),

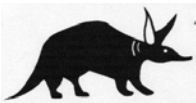
Sleeps 10 comfortably

We can advise you on every aspect of your holiday from flights to attraction tickets.



Contact: Jilly or Stephen Gibling 01508 480608
stephen@gibling.com www.gibling.com

Tiled floors
cleaned
and
polished



CRB
checked
Trusted
Trader

**1st Aardvark
Professional Upholstery &
Carpet Cleaning**

Carpets, Rugs, Furniture, Curtains,
Vinyl Flooring, Deoderising,
Shielding, Patios, Pressure
Washing,
Domestic and Commercial

**Competitive Rates
Fast Reliable Local Service**

01508 495064

07733 213840

jamie@1staardvark.co.uk

www.1staardvark.co.uk



EV chargers
Fault finding
24/7 Call-out
No job too small

**Free estimates given for
all electrical work**

Call: 07545996255

contact@jbelectricalsolutions.co.uk



**City & Guilds
Qualified**

A W PLASTERING

FOR ALL YOUR PLASTERING NEEDS

**Domestic & Commercial
Plastering**

Call ADAM

Tel: 01508 480014

Mobile: 07733 107339

SPECIALISTS IN

- PLASTERING
- COVERING ARTEX
- RENDERING

HAY FOR SALE



Conventional bales of quality hay off ancient grazing meadows.

No chemicals or fertilizer applied.

Large or small loads for delivery or collection.

Suitable for Horses, livestock and small pets.

Contact Darren Barnes.

07979724438 or 01508495588

B-Spoked Cycles

**Mobile Cycle Repairs,
Sales and Servicing**

Based in Bergh Apton and covering the surrounding area.

I come to you
and repair your
bike on the spot
or I will collect
and return it later



Contact Paul on

07905 857767

or

B-spoked@hotmail.com

Robert Clough Carpenter/Joiner

*The local service for ALL your
carpentry/joinery needs, and MORE!!*

Specialists in purpose made windows and doors for period and listed properties

Prompt, reliable and fully qualified

A local company, established 1988

All aspects of carpentry and joinery work undertaken

Ceramic tiling and domestic plumbing

Suppliers and fitters of high quality kitchens and bathrooms

01508 493711

www.robertclough.co.uk

ROCKLAND WINDOWS, DOORS & REPAIRS



Replacement
uPVC 'Wood'
or 'Aluminium'
Windows and
Doors, etc

**Replacement sealed units
Insurance work undertaken**

FASCIAS * BARGEBOARDS

GUTTERING * CLADDING

SOFFITS & DOWNPIPES

All Carpentry work & roof repairs

Mark Clayton, 87 The Street
Rockland St Mary, Norwich

Tel: 01508 538757

Mobile: 07710 124949

SARAH WYATT HEALING & GEMS

Reiki & Crystal Healing
Acupressure Massage
Reiki level 1, 2 & 3 Courses

Bespoke Handmade Gemstone Jewellery
Repairs/Restraining
Jewellery Making Workshops

www.sarahwyatthealingandgems.uk
07949661468

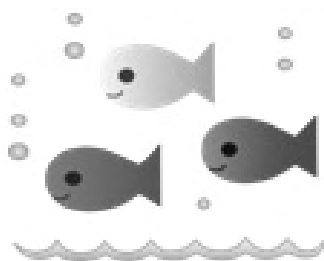
Accredited Therapist
&
Qualified
Reiki Master/Teacher




Would you like to advertise your business in Eleven Says? It's delivered to approximately 2,500 properties in the Bramerton Group of villages. It's also posted on all the village websites so can be viewed online which helps to increase circulation even more. If interested, please send an email to elevensays22@gmail.com or call Liz on 01508 493958 or Angie on 01508 538131 for more information.

The Little Fish Toddler Group

Parents, Grandparents and Carers are invited to join the Little Fish Toddler Group at Ashby St. Mary & Thurton Village Hall from 10.30 am - 12 noon on the 2nd and 4th Wednesdays of the month.



Each session has activities for your little ones including: Singing and Movement Time, Bible Story Time, Craft and Snack Time. £1.50 covers the cost of materials and snacks.

Please phone Judy on 07812734275 with any questions. We would love you to join us!

We are kindly sponsored by the Bramerton Group of Churches.

Wednesday Fellowship

This is a meeting for all people in the Bramerton Group and beyond! Meetings are held on the second Wednesday of the month 2 - 4 pm at Alington and Yelverton Village Hall. We have Christian and secular speakers followed by tea / coffee, cake and fellowship. All welcome.

February 12th

"The Gilbert and Sullivan Era" with Speaker Jim Stebbings.

March 12th

"How we enjoy active retirement" with Speaker Jan Motley

April 9th

EACH with Speaker Megan Kemp

For more information please contact Pat Barter on 01508 493570.



Gentlemen enjoying the Christmas Mid Day Mardle at the Ferry House, Surlingham

Celtic Daily Prayer

This is the lovely view seen from inside Surlingham Church porch as we sit together to pray and meditate on a Bible reading and a reflection for the day. We meet at 10 am for approx half an hour on the 2nd and 4th Tuesday mornings of the month.



Future dates:

11th February, 25th February,
11th March, 9th April

Everyone from the Group is very welcome to join us. If you are unable to come but would like to receive the chosen material for the day, please email me and I will send you a copy for your own reflection time.

Revd. Mandy Ansell, 01508 538654

Email: mandy.ansell44@gmail.com

Worship in Stillness

This is held at 9:30 am on Monday Mornings and has returned to Cherry House, Wheel Road, Alington.

Half an hour of praise, silence, meditation and prayer followed by tea and coffee for those wishing to stay.

***** Café Church - All Welcome *****

The PARISH ROOM, The Street, Rockland St Mary.

With REFRESHMENTS, BIBLE STORIES, MAGAZINES, CRAFTS, PUZZLES and GOOD CONVERSATION



FOR ALL AGES

All with our compliments!

SUNDAY 9th FEBRUARY



Theme: "LOVE ACTUALLY"

Drop in any time between 10.30 am-12 noon

Future date: tbc

For details, or possible help with transport, please contact Nick Garrard 01508 538014 or Mandy Ansell 01508 538654

***** Café Church - All Welcome *****

Gentlemen, you are cordially invited to a Mid-Day Mardle

An opportunity for men to quench their thirst for good company and conversation, share good food and, perhaps, to enjoy a glass of something.



New members are always given a warm welcome.

Ferry House, Surlingham

Wednesday: Feb 5th, March 5th, April 2nd
(every month, normally 1st Wednesday)

Any time between 12 noon and 2 pm

Any questions, please contact David Fairbourn on 01508 538437 or email surlingham.midday.mardle@gmail.com



Rockland St Mary Benefice Update

What's on in Rockland Benefice in February and March

By the end of February daylight stretches to teatime, and we can begin to look forward to Spring, or 'Lent' as our Anglo-Saxon forebears called it. Easter is late this year, falling on April 20th (we won't see a later one until 2030).

As a consequence, the 40 days of Lent don't begin until March 5th, when we gather in The Barn for **Ash**

Wednesday Holy Communion and Ashing. You are warmly invited, if you wish, to receive the sign of the cross on your forehead in ash made from last year's Palm crosses, an ancient symbol of our human frailty and need for God's forgiveness.

Mothering Sunday Fun Day March 30th, 10.30 - 12 noon.

An all-age family friendly event, including refreshments and crafts in The Barn following a short celebration in Rockland St. Mary Church. **Further details to follow.**

We're also joining with our friends across the Group for this year's **Lent course**, which will take the form of a simple soup, bread and cheese meal followed by a talk and discussion.

The Lent Course takes place at 6.30 pm on :

March 13th (The Barn),

March 27th (Bergh Apton Village Hall)

April 10th (The Barn).

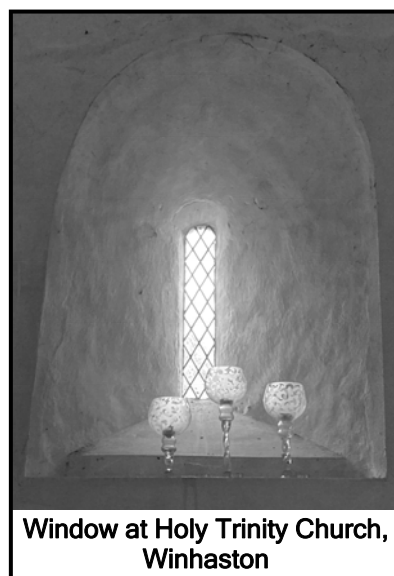
News from the Barn: **Still at The Barn** returns with its mix of contemplation, worship, crafts and refreshments on **February 2nd** with **Still at The Temple**, celebrating Candlemas between 4 pm and 5 pm, and **Still before the Light**, drawing on the **Out of Darkness, Light**, showing from 4 pm - 5.30 pm.

Warm Welcome at the Barn will be open every Monday between now and March 24th, from 11.30 am to 3.30 pm.

There will be the usual welcome in a warm Barn, good food and company and all free! May I thank our hardworking team of volunteers who make this possible. We're supporting this year's Diocesan **Lent Appeal for YANA** (please see article below for more details) through donations at **Warm Welcome** during Lent.

Out of Darkness, Light: a Showing at The Barn. **Between March 8th and 22nd**, a range of art works and texts are on display between 9.30 am and 3.30 pm, admission free. They will also form a backdrop to our usual activities. Please look out for details about associated events, contemplative prayer, and workshops on the Barn Door FaceBook page and our web page:

<https://www.achurchnearyou.com/church/7440/>



Window at Holy Trinity Church, Winhaston

Art Cafe in the Barn opens its doors on **Wednesday February 12th and March 12th, 10.30 am - 12.15 pm**, with fresh coffee, refreshments, friendly chat, and opportunities to enjoy and make some art!

Art Cafe Online brings together people across East Anglia and artworks from all over the world. We will meet on Zoom on **Wednesday February 28th and Wednesday March 19th at 10.30am**. Please contact Nick for your Zoom invitation.

Revd Nick Garrard



Thurton Benefice Update

Melanie and I would like to say a very big thank you for all the cards, gifts and good wishes we received for Christmas and the New Year. We are also very grateful for all the hard work which went into decorating the churches and organising/preparing for services. It is much appreciated by us and, I am sure, by all who attended our range of services over the Christmas season.

The Annual Meeting of Parishioners (formerly known as the Vestry Meeting) will be held in each parish during February for the purpose of electing the churchwardens. I am constantly in awe of our churchwardens for the time and energy they give to serving the churches in our parishes and I would like to take this early opportunity to thank them for all that they do on behalf of the congregations of our churches.

The Annual Meetings will be held immediately prior to the Service of Holy Communion on the following dates:

Ashby: Sunday 2nd February at 4 pm

Bergh Apton: Sunday 23rd February at 9.30 am

Framingham Pigot: Sunday 2nd February at 9.30 am

Thurton: Sunday 16th February at 4 pm

Yelverton: Sunday 16th February at 9.30 am

Safeguarding: The churches of the Thurton Benefice are committed to the safeguarding, care and nurture of everyone within our Church community. If you have a safeguarding concern please contact our Safeguarding Officer, Mrs Leo Smith, 01508 493695 or myself on 01508 484174. Where a child or adult is at imminent risk, call 999.

Home visits and Home Communions: I am very keen to visit anyone who is unwell or feeling isolated or lonely, either simply for a conversation or to share Holy Communion in their home. Please do contact me if you, or anyone you know, would like a visit. I am particularly keen to hear if a parishioner has been admitted to hospital; I would rather be told several times than not at all!

Revd Chris Ellis: 01508 484174

Remembrance Day at Thurton Church

Remembrance Day was observed at St Ethelbert's Church, Thurton on 10th November as it was at all of our local churches. We may have lacked the scale of the Cenotaph in London, but there was a true sense of gratitude for what our forces had done on countless occasions in the past and continue to do today. "We will remember them". This ode comes from a poem called "For the Fallen" by the English poet Laurence Binyon and was published in 1914.

Chris Limbach





From the Registers

BAPTISMS

17/11/24 Albert BORGHINO Framingham Pigot

MARRIAGES

31/12/24 James EDMUNDS and Ria INGRAM Bergh Apton

FUNERALS, BURIALS, CREMATIONS, INTERMENT OF ASHES

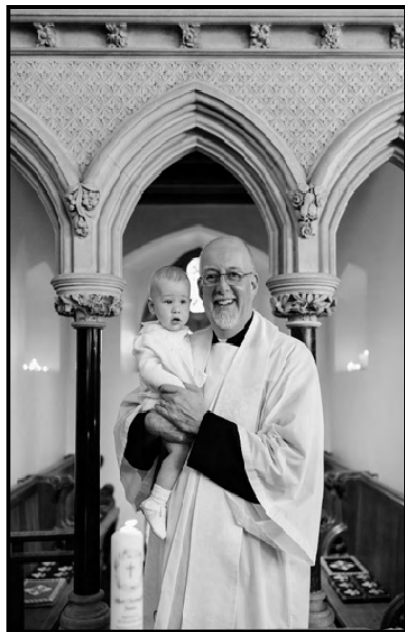
| | | |
|----------|--|------------------|
| 28/11/24 | David (Roy) STACKWOOD (Interment of Ashes) | Surlingham |
| 08/11/24 | Joan (Sally) COLLINS (93) | Rockland St Mary |
| 05/12/24 | Sandra Barbara HUNT (Interment of Ashes) | Bramerton |
| 05/12/24 | Colin David Stanley HUNT (Interment of Ashes) | Bramerton |
| 11/12/24 | Celia Elizabeth COLES (82) | Yelverton |
| 09/12/24 | Freda BRADSHAW (95) | Surlingham |
| 12/12/24 | Terence KITT (87) | Ashby St Mary |
| 18/12/24 | David William Robert SAVORY (81) | Yelverton |
| 27/12/24 | Neil SMITH (89) (Interment of Ashes) | Bergh Apton |

A Happy Occasion at Framingham Pigot Church

On the 17th November I had the great joy and privilege of conducting the baptism of our first grandchild, Albert, at St Andrew's Church.

Melanie and I were delighted to welcome family and friends, many of whom were present when our daughter, Katrina, and her husband Julien, were married at the church in 2021.

Albert appeared to enjoy himself as much as the guests and our thanks to Frankie, Patricia and Stacy for preparing the church and to Lynton Johnson and his team for the buffet we enjoyed at Bergh Apton Village Hall afterwards.



Fr Chris. Ellis

The Bishop's Lent Appeal for YANA - The Bishop's Lent Appeal 2025 aims to raise money for YANA to help fund its telephone helpline. YANA means 'You Are Not Alone', and the charity provides mental health support for those involved in agriculture and other rural businesses affected by stress and depression. YANA's mission is to improve mental health in agriculture and rural businesses in East Anglia.

Working in agriculture and the countryside is usually a good way of life but it can be a demanding and stressful occupation. Therefore, it's not surprising that many people involved can feel isolated, depressed or unable to cope as well as normal. That's where YANA can help.

As well as a confidential helpline, YANA is also investing in mental health training and suicide prevention. In 2023 YANA had a 20% increase in the requests for help made to the helpline. The telephone helpline 0300 323 0400 is available for confidential support every Monday to Friday between 10 am to 1 pm. Outside of these hours, people can leave a message and receive a call back. Or can email helpline@yanahelp.org

Money raised from the Bishop's Lent Appeal 2025 will go towards funding YANA's telephone helpline, offering confidential support to those in need. Find out more www.yanahelp.org

During Lent, donations at Warm Welcome at the Barn will go towards this appeal. For information or to donate online, please visit the Diocesan website: <https://www.dioceseofnorwich.org/news-and-events/the-bishops-lent-appeal-2025/>

World Day of Prayer

(Interdenominational and International)

Friday 7th March

I made you wonderful an uplifting and positive theme prepared by the Christian women of Cook Islands.

Local service at **Bergh Apton Village Hall at 2 pm.**
Children's corner. Refreshments served.

Or if you would prefer, an evening service will be held at **St John's Chapel, George Lane, Loddon at 7 pm.**

World Day of Prayer is a world-wide movement led by Christian women of many traditions who call the faithful together to observe a common day of prayer each year. More than 120 countries participate in the annual day of celebration which brings together people of various races, cultures and traditions sharing together in God's word and worship.

All are welcome



Norfolk Churches Celebrate Plough Sunday



Dozens of Tractors were cheered along their way as they travelled to Norfolk churches.

A growing number now celebrate

Plough Sunday and celebrations are held after the twelve days of Christmas, on the first Sunday after Epiphany (Sunday 12 January 2025). However, some churches opt for a later date.

Historically, Plough Sunday was a major event across East Anglia, with prayers said for all those who work in agriculture and blessings given to the tractors and tools which would provide the region's food in the year ahead.

A plough would be drawn through the streets while parishioners gathered for a day of singing, dancing and drinking on the first Sunday after the Christian festival of Epiphany.



Norwich Cathedral welcomed a procession of tractors for its annual Plough Sunday celebrations held before Evensong.

Despite the wintry weather, a large crowd turned out to watch as the Dean of Norwich led the procession of vintage tractors through the Cathedral Close.



Angie Yeomans

Exciting New courses for Spring 2025



Nature, Ecology and Permaculture: Does Nature

Exist? Climate change is the direst and most pressing issue that human beings currently face. How we think about nature and our position in it is crucial to understanding both how we got here and how we might still prepare, mitigate, and adapt to the slowly unfolding catastrophe. Guest Speaker: Adam Maric-Cleaver. Three weeks starting 27th January. Course No. Q00020844



Literature: Gossip and how it Shapes Identity in

Fiction. During this three week course we will consider the social form of gossip as well as how gossip is used by writers to shape identity in fiction. Guest Speaker: Ms. T. Tandon.

Three weeks starting 24th February. Course No. Q00020841



History: Politics, Culture and Football in the Cold

War. It is often said that sport and politics should be kept separate. In these three sessions, we will explore the deep, intertwined relationship between sports and politics, looking at the role it plays in building the nation and national identity,

and the ways in which it propagates the ideas of the state. Guest Speaker: Arran Hicks. Three weeks starting 17th March. Course No. Q00020843.

No previous knowledge of the subject is necessary! The lectures will last for 2 hours, starting at 2.00 pm in **The Jubilee Hall, George Lane, Loddon, NR14 6NB**. The cost for each course will be £25.20. To enrol: Visit www.wea.org.uk and search course code, location or title and pay online, or phone: 0300 303 3464. Remissions are available for those receiving certain benefits. Further information from Alison on 01508 521976 or Sharon on 01508 520386.

Loddon Flower Club

It's a New Year, why not start a new hobby with Loddon Flower Club?

Our first meeting of the year will be held as usual on the first Tuesday of the month in St John's Chapel Lecture Hall in George Lane, Loddon. Doors open at 6.30 pm for a 7 pm start. Cost for visitors is £7.50 or join for the rest of the year, pro rata, (£40 per year, which runs from September to August)

Tuesday 4th February there will be a talk on 'Hellebores', by Gail Harland entitled 'A cure for Madness or the start of one'.

Tuesday 4th March our demonstrator for the evening will be Doreen Robinson, her topic being 'Embracing Colour' and there will be a club competition of the same name.

Tuesday 1st April Naomi Wells will join us to demonstrate her interpretation of 'Stories'.

Refreshments are served during a short interval, which gives us a chance to catch up and if needed ask for advice from members, which can be invaluable!

All arrangements made on the night by our demonstrators are raffled at the end of the evening.

Our website can be found at www.loddonflowerclub.co.uk, our email address is loddonflowerclub@gmail.com and we also have a Facebook page, Loddon Flower Club.

We can help with family flowers for any occasion, please contact us by any of the above ways or call Tricia on 01508 480522 or Jenny on 01508 520254.

We hope you can join us soon.



Poringland Community Cinema at Poringland Community Centre

Friday 14th February - THE CRITIC (15)

Drama / Crime / Mystery.

Stars Ian McKellan, Mark Strong, Gemma Arterton, Lesley Manville

Friday 14th March - PADDINGTON IN PERU (PG)

Family Comedy

Stars Hugh Bonneville, Ben Whishaw

Friday 11th April - CONCLAVE (12A)

Drama / Thriller. Stars Ralph Fiennes, Stanley Tucci

Tickets are £5 on the door (includes tea or coffee).

Doors open at 6.45pm. Films start at 7.30pm

Buena Vista Social Club at Poringland Community Centre

Dates for your diary

Friday 7th February - Film Night

Friday 7th March - Film Night

Friday 4th April - Film Night

For more information please contact:

John on 01508 494358 or Carol on 01508 492630

South Yare Wildlife Group

Our talks are now on YouTube. If you missed any of our talks last year they have been recorded and are available to watch and listen to on YouTube or directly from the South Yare Wildlife Group website.

The talks that are available are Climate Emergency with Rupert Read, Walking in Water with Dr Charlie Gardener, Plants in the Broads with Dan Hoare, The Wendling Beck Project, Holkham Estate with Jake Fiennes, Bird Therapy with Joe Harkness and we will shortly be adding Wild East with Hugh Somerleyton. The videos are very useful for picking up details of the talk, that you may have missed, or not heard, on the night.

Our next events are:

January 29th Wheatfen Past, Present and Future by Will Fitch at Surlingham Village Hall

February 26th a talk by Anne Edwards of the John Innes Centre at Bergh Apton Village Hall.

Framingham Earls Singers

COME AND SING HAYDN THE CREATION

Conductor *Daniel Wright*
Organist *Rob Goodrich*
Soprano *Natalia Pasiecznyk*
Tenor *Simon Mascarenhas-Carter*
Bass *Dhilan Smanadurai*

SATURDAY 15TH MARCH 2025
7.30PM PERFORMANCE
WITH AFTERNOON REHEARSAL

ST. ANDREWS CHURCH, CHURCH LANE, EATON, NR4 6NW
TICKETS £15 FOR SINGERS, £12 FOR AUDIENCE, £6 UNDER 26
WWW.FRAMINGHAMEARLSINGERS.CO.UK

Buyer of old car spares, manuals and badges.
Also interested in enamel signs, pub memorabilia,
coins, tools and any other old interesting objects

Steve Webster

01508538453 Evenings / Weekends Only

07734591929

stevewebster1955@hotmail.com

Will arrange visits at your convenience. You never know what
you can find in your shed or garage!



**YOUR FRIENDLY
CHIMNEY SWEEP**
PORINGLAND, NORWICH, NORFOLK

www.mrchimney4u.co.uk

Guild of Master Chimney Sweeps Member
I offer a professional, clean and friendly service/advice

Wood burners Inglenook fires Multi-fuel stoves Aga/Rayburn
Open fires Gas/Oil Inset stoves Biomass

Certificates Issued. CCTV Flue/Chimney Checks. Stoves Serviced/Repaired

David Wilson, 54 Cawstons Meadow, Poringland, NR14 7SX
info@mrchimney4u.co.uk 01508 493219 or 07835 757528

Trevor Myhill

Painter & Decorator

Over 25 years experience

(01508) 480657

FREE ESTIMATES GIVEN - NO JOB TOO SMALL



John Hurrell & Sons

Lawnmowers & Garden Machinery
Sharpening, Service, Sales, Spares



- Power Driven Petrol Mowers
- New & Used Sales
- Hedge Cutters, Chainsaws
- Blower Vacs & All Garden Machinery
- Shear Sharpening Service

FLO GAS
Bottled FLO
GAS Stockist

COBRA

DANARM
Professional Garden Machinery

ATCO

HAYTER

STIHL

TORO Count on it.

Webb

Prompt, Reliable, Professional Service With Over 40 years Experience.
FREE Local Collection and Delivery. Authorised Hayter Stockist and Service

Old School Building, Kirby Road,
Kirby Bedon, Norwich. NR14 7DS
www.johnhurrellandsons.co.uk

01508 492244

Reliable, Friendly, Family Business

Kingdom landscapes



Individual or whole landscaping projects

For a free no obligation quote, please call with your enquiry.

- Patios • Paths • Driveways • Walls • Fencing • Decking
- Water features • Turfing • Clearance and renovation
- General construction work

Contact: Darren Barnes, Nunns Cottage, Framingham Pigot,
Norwich, NR14 7QJ

For quality landscaping services call 07979724438 or
01508 495588 or kingdom.landscapes@yahoo.co.uk

Website: www.kingdomlandscapes.co.uk

www.homedesignnorfolk.co.uk

Home Design

QUALITY FITTED KITCHENS
& BEDROOMS

We come to you to design and quote
Wide variety of Doors and Worktops inc Corian/Granite

- ❖ Kitchen Refurbishments
- ❖ Highly Experienced
- ❖ Local reliable tradesmen
- ❖ Computer Aided Designs
- ❖ No obligation quotations
- ❖ Very Competitive Prices
- ❖ Supply and Fit or Supply only

Please Telephone
01508 538691 or
07810 77 33 23

8 Rookery Hill Rockland St Mary, Norwich NR14 7EW
Email: robin@homedesignnorfolk.co.uk



ICAEW
CHARTERED
ACCOUNTANT

ICAEW
ACCREDITED
FOR PROBATE

JERMYN & CO.
CHARTERED ACCOUNTANTS

A local firm of **Chartered Accountants**
with over **25 years** of experience.

- VAT
- Tax Return
- Tax Planning
- Capital Gains Tax
- Bookkeeping
- Probate & Estate planning
- Pension Compliance
- Payroll
- Corporate Finance
- New Business Start-up
- Charity
- International Services
- Probate



KARL JERMYN
Director

Book a **FREE** consultation with us today:

www.jermyn.co.uk 01508 824 105 office@jermyn.co.uk

R.B.COPPING FUNERAL SERVICE

Independent Family Funeral Directors Since 1935

For Personal Attention with Dignity and Respect

Private Chapels of Rest

Memorials & floral tributes supplied

Pre-paid funeral plans available



125 The Street, Poringland, 56 Langley Road, Chedgrave,
Norwich, NR14 7RP Nr Loddon NR14 6HE
Tel. 01508 494434 Tel. 01508 521159

www.coppingfunerals.co.uk



Village News

Alpington & Yelverton



Walkers Jim and Jan, who live in Attleborough, had taken a bus to Kirstead and then walked to Yelverton Church where they stopped for lunch. After enjoying some of Liz's famous sausage rolls they caught the bus back to Norwich to continue their journey home

Sally Morris

Pond opening ceremony

The photo below was taken at a special event to mark the opening of the new accessible seating area at the village pond. It was well attended, with the Parish Council, Lord Fuller, Councillor Vic Thomson and David Whitely, amongst many others.



Bergh Apton & District Society

Bergh Apton Village Hall, Cooke's Road, Bergh Apton, NR15 1AA

On Wednesday 12th February **PETE GOODRUM** will be taking us through *A look at Saturday Night Telly in the '50s and '60s*.

On Wednesday 12th March join us to learn all about the British F1 driver no less than seven times over, who you probably haven't heard of, but boy, is this talk fun and full of intrigue.

Meetings are £4 pp beginning at 7.30 pm. Tea/coffee and biscuits served, plus Raffle.

We look forward to seeing visitors, old and new.

Bergh Apton Church
Sunday 13th April 7pm

I AM MARK

A Daring New Staging of the Gospel of Mark
Performed by Stefan Smart
Directed by Lisa Gilmour

"Sometimes it takes a living voice, like this one to make you hear the Bible for the first time"
Archbishop Rowan Williams

One Man
One Chair
One Incredible
True Story

Tickets £5 Advance booking if possible, please
Call: 01508 480576 (Please leave a message)
Email: bachurchwarden@outlook.com
A donation to the Bishop's Lent Appeal will be made from any surplus

Bergh Apton

BERGH APTON ARTS



2025 and something is already afoot! You ask what it is called and that's for me to know and you to find out. Sharpen your wits on this puzzle, each line is a clue to a letter and spells out the name of this year's event.

1. Start with 50.
2. I am the last in a family of five.
3. 4 o'clock and it is time for this letter!
4. This happens twice in every week but only once in a year.
5. Easily spotted in Scotland and Wales but never seen in England or Ireland.
6. Puddings and pies do not need it but no tart without it.
7. There is one in every room and one in every corner but none in the house.
8. I am third in the family of five.
9. As night begins there it is.
10. It is at the end of every beginning.

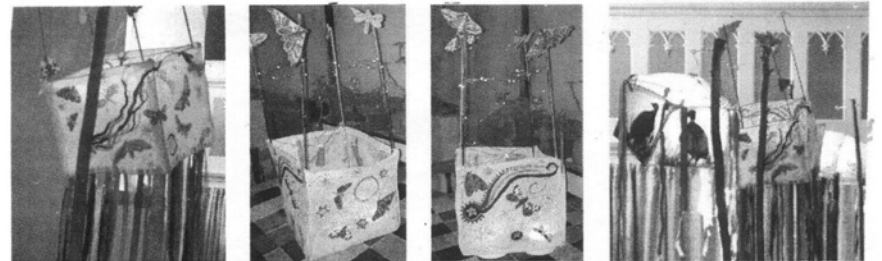
Now name it if you can. (Answers on Page 15)

***** will take place at the beginning of September and these workshops lead to it. To see if a place is available email p.mlej@btinternet.com. Anyone wanting to take part must be able to stay for the whole workshop. Elevenses, lunch and tea provided. The workshops are held at the Village Hall. The tutors are all professionals and some have worked with us for quite some years.

LANTERN MAKING with KATE MUNRO

Saturday 12 April 1000 - 1600. Cost: £15

The framework will be made from willow and then covered with waterproof tissue paper and painted when dry. The pics show one made some years ago.



WRITING with HUGH LUPTON

Saturday 14 June 1000 - 1200. Cost: £10

The writing is on the theme of the event.

MUSIC MAKING with NIC ZUPPARDI and ADAM CLARK

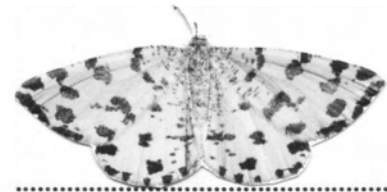
Saturday 21 June 1000 - 1200. Cost: £10

A workshop for all musicians of any instrument to make music with Nature as the inspiration.

LINO CUTS with ANNETTE ROLSTON

Saturday 19 July 1000 - 1600. Cost: £15

Making lino cuts and prints of moths (this will give you a clue as to the event's name and theme). All materials provided.



WRITING with HUGH LUPTON

Tuesdays 6, 13 & 20 May and 3 June 1000 - 1200 Cost: £80

The same rules apply, to see if a place is available email p.mlej@btinternet.com and anyone interested must come to all four. These writing workshops are held at 'The Vineyard'. These four writing workshops are not connected with the event.

All workshop numbers are deliberately kept small so the tutor has time for each of those taking part and with such as Lantern Making plenty of room to work.

Village News

Bramerton

St. Peter's Church Bramerton gives thanks to All.

With the discovery of a leak through the Chancel roof in late 2023 followed by an investigation, the PCC realised that essential repairs were required. It was decided that it would be sensible to include any other



works that required scaffolding and so the replacement of the north side gutters and downpipes, along with associated drainage, were also included.

Church Architect, Iain Walker, prepared a Specification and Schedule of Works which was tendered in early 2024 and the resulting project total cost amounted to £63,000, which of course the PCC did not have. So, at the annual Gift & Open Day on the 29th June, which also happened to be St. Peter's Day, the Roof Appeal was launched and was well attended.

Donations were received that day and have continued to come in. The result is that the appeal has been very successful with many donations and especially a very generous donation from *The Higham Family Trust* which Richard Higham made in memory of his late wife Jacqueline, who had loved living in the village.

Also, of the five grant applications made four have so far been successful, which has meant the work can go ahead. The contract has been awarded to Phoenix Build of Reepham who will be starting work in early March and taking about three months. All being well it looks like the long-standing problem of a section of the churchyard wall can also be addressed.

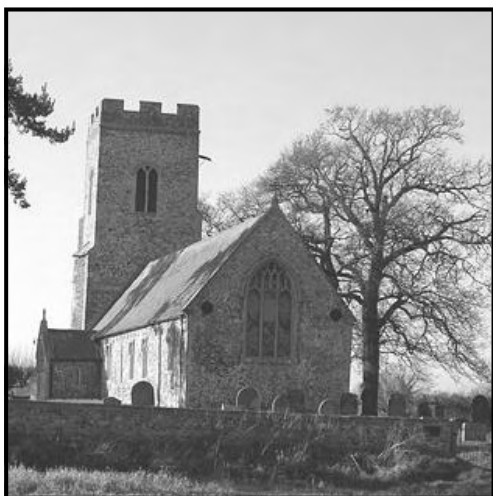
This is a great outcome in helping to preserve this important village landmark and St. Peter's PCC is very grateful to all who contributed.

Tony Evans, PCC Fabric Officer.

Carleton St Peter

Church News

The church was full of community spirit and joy for the Christmas carol concert which was enjoyed by all. After the service, mince pies, sausage rolls and sherry was served. Thank you to Linda Goffin and Maureen Vale for all of their hard work in decorating the church and cooking the food.



The new year has brought sad news with the sudden passing of Pat Howes. We wish his family our sincerest condolences.

We look forward to the spring and I would like to give a special mention to Dick Fisher who has helped tremendously with the upkeep of the weeds around the church.

A date for your 2025 diary: the flower festival weekend is Saturday August 2nd and Sunday August 3rd.

Claxton

St Andrew's Church, Claxton

The church was decorated for Christmas with some stunning floral decorations. Thank you to John Heathcote for providing the beautiful Christmas tree for the church. Our Carol Service was a quiet but enjoyable service and the congregation was pleased to enjoy tea, coffee and mince pies afterwards.

Our Christmas Day service was well attended with a lovely atmosphere. Most local people had walked so we had three dogs amongst the congregation.



We were fortunate to have our carols accompanied by saxophone and violin so it was a lively occasion.

As usual we donated our Christmas giving (£100) to St Martin's Housing Trust.

News from Claxton Village Hall

As the weather has turned much colder we have been pleased that the new heating system has ensured that all areas of the hall have been warm. We have yet to find out whether it is economical but hopefully it is kinder to the environment.

After the success of last year's wreath making session, the Village Playground Committee organised another one this year and it proved a sell-out. Along with the Ceilidh, which was a fun family event, it raised valuable funds for the playground.

Thank you to John Heathcote who once again provided the magnificent tree for outside the hall. Impressively it survived most of the ferocious winds we suffered during December.

The village hall continues to be a popular venue for village events and family parties. This year two local families held their Christmas celebrations in the hall.

We have two vacancies for trustees so if you would like to find out more about supporting this valuable community

Claxton Community Café.

Our extended Christmas **Community Café**, with accompanying craft stalls is now a well-established event and attracts a bumper number of customers. The homemade soups proved as popular as ever and we sold out of almost all of our baked goods. We held a raffle which made £95 for St. Andrew's Church.

The café also made a profit and as a result we were able to send £40 to the Salvation Army and £40 to the Emmaus Project, two organisations that work to support local homeless people.

After a lunch time café in mid-January, we will return to our usual **first Wednesday** of the month in February (5th). This will be our last lunchtime session (11 am - 1:30 pm). From March (5th) we will return to our normal times of 10 am - 12 noon. Please join us for fresh tea and coffee. Bacon rolls and so much more.

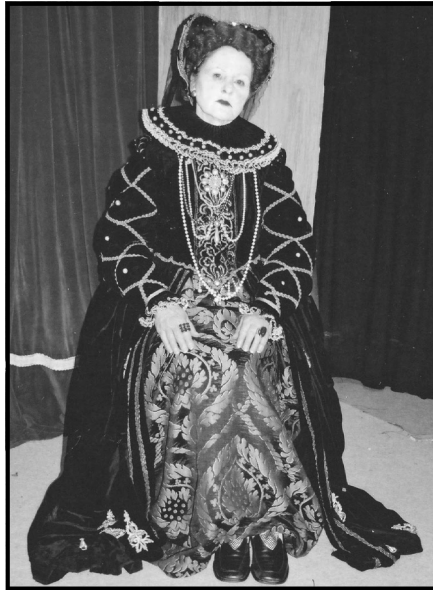
Village News

Rockland St Mary

Sally Collins

As soon as Sally moved into St. Margaret's Way, Rockland St. Mary, she threw herself into village life and societies including the W.I., of which she eventually became president, and the Bramrocks Drama Group which is where I first met her.

Sally became a valued member of the group and performed with enthusiasm, dedication and considerable talent. She tackled many varied roles in the group, acting, from serious roles, excelling as Queen Elizabeth 1 in the 'Queen's Ring to the Dame' in Panto. She sang, she danced, she used her excellent skills as a seamstress, embroiderer, bead worker and artist to assist with costumes and sets. All of this experience enabled her to direct a Pantomime, Jack and the Beanstalk.



The Bramrocks welcomed families. There were many husbands, wives, children and grandchildren in performances. Sally was the first to have three generations of a family in the same performance. Herself as the Dame and her daughter Sandra and grandson David in the chorus.



She valued other members of whatever group she was part of and was extremely generous and hospitable. Her home was always open and welcoming filled with music, warmth, laughter and the occasional tippie.

She will always be remembered as the generous, talented, fun-loving person she was.

Sandra Barker

Rockland St Mary & District W.I.

At the start of the New Year we look forward to a full programme of meetings, walks and outings, all to be finalised by early Spring.

Tuesday February 11th our meeting will be a demonstration and a hands on opportunity to experiment with "Paper-Craft".

Tuesday March 11th we have a talk on the 17th century history of "Tulipmania" when tulips were exchanged for incredible sums of money.



ALSO, on Friday February 14th in the Parish Room we are organising a lunch from 12 - 2.30 pm. Everyone is welcome to come along for warming soup and tasty cake! Look out for posters nearer the time.

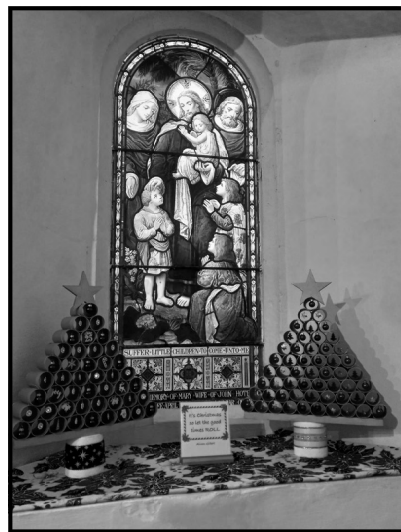
All our regular meetings are held at 7.30 pm on the second Tuesday of the month in the Margaret Mack Hall. For more details, please contact Sandra 538100 or Ruth 538231.

Rockland St Mary Christmas Tree Festival

Our Tree Festival was very successful and enjoyed by many visitors. We raised £518.29 for Rockland Church and £154.90 for Break. Thank you for coming to the Festival and into the Barn for our refreshments and craft stalls.

This year we had 28 trees on display ranging from mice to toilet rolls!

A massive 'thank you' to all who decorated a tree. I know how much time and effort goes into the planning and creation of the tree. I must also thank all the volunteers who helped over the weekend and the bakers for such delicious cakes.



Community Carol Singing

There was a really good turnout, despite the drizzle, for our carol singing in Rockland on Friday December 20th.



We began outside Rockland shop, then went inside to dry off. After some refreshments we sang some more!

We then continued on to the Parish Room where we all enjoyed more refreshments.

Thanks to Jayne and Jenny for organising such an enjoyable event.

Children in Need Coffee Morning

The Coffee Morning was well attended and enjoyed by all. We raised £528.85 which was a great amount.

Many thanks to everyone who came and supported us and also to the bakers for the delicious cakes.

Jayne Regan



Well done everyone!

The total raised in 2024 at our Coffee Mornings, the Flower Festival and the recent Christmas Tree Festival is a massive £2,988.43! The charities we supported were: Big C, Break, Children in Need, Guide Dogs, MacMillan Support and Rockland Church. Also, the Table Tennis Group kindly donated £370 to the Parish Room. Thank you from the Committee.

I really appreciate all your hard work and really enjoy being part of our team.

Janet Rogers

Village News

Rockland St Mary continued . . .

Rockland St Mary & District Garden Club

The Garden Club normally meets in the Rockland Parish Room on the fourth Thursday of the month. In the winter we have speakers whilst in the summer we have garden visits which begin in May.



New members are always welcome.

Thursday 27th February - Lichens - Ecologist Robert Yallop from Wild Frontier Ecology is our Speaker. There will be an opportunity to have your own lichens identified.

Thursday 27th March - A short AGM will be followed with a talk by Janice Pittis, *Working with seeds in Brazil*.

Thursday 24th April - A talk about *Ted Ellis the Naturalist* by his daughter Professor Suzie Hanna

Our popular garden visits, enjoyed during the spring and summer months, are yet to be confirmed. Watch this space!!

If you wish for further details or would like to join the Garden Club please contact Ruth Everett, 01508 538231 or email everettapplebee@hotmail.co.uk

PANCAKE DAY!

Tuesday 4th March

12.30 pm - 2 pm

in The Parish Room,
The Street,
Rockland.



Everyone is welcome to come and enjoy a pancake!

Singing!

Friendly local singing group run by professional singer/teacher in Rockland St Mary on Thursday afternoons. No experience required and all welcome.

To find out more text:
07748186511
or email:
Louise99@me.com

Surlingham



Our Remembrance Day Service was well attended.

It was held at the Memorial in the Lychgate of St Mary's Church.



Pete Harvie, ex Piper of the 2nd Battalion Scots Guards played the bagpipes during the service.



Petty Officer David Evans read the Lesson.

Clive Evans

Surlingham continued . . .

Christmas at St Mary's Church

Mary and Joseph were on the road seeking shelter. Our family members were on the road to bring such joy to Christmas time gatherings. But it is always good to know when loved ones are safe home again. So many people about the World are without 'a safe home' and we would wish for more in this new year.

Thank you to all those who contributed and made joyful all our Christmastide services and events, and to Nick who knelt holding up the candle beacon, the light of Christ taking us forward into 2025.

Pippa

Carol Service

The Church was absolutely packed for our Carol service and there was barely standing room left. We had a record attendance of 120 people! This photo on the right was taken before the service as people were still arriving.



The second photo shows the St Mary's Handbell Ringers (the Clangers ?) who played a small medley of tunes using the newly restored 125 year old handbells.



The third photo shows Revd Nick Garrard presenting Pippa Thurlow with a gift from the Surlingham community upon her retirement as Church Warden. Pippa has been our warden for more years than anyone can work out!

It was a lovely community event with contributions from all generations.



Thanks to all those who worked so hard behind the scenes to make it happen.

Clive Evans

Surlingham W.I would like to thank all those who supported our Christmas Bingo. Also a big 'thank you' to those who kindly helped to get the hall ready and clear away afterwards. It was a very successful evening and we do hope everyone enjoyed themselves. Best wishes for 2025.

Gillian Stiff, on behalf of the WI members

Village News

SIAMS Success for Thurton Church Of England Primary School

We are extremely proud of the outcome of our recent SIAMS (Statutory Inspection of Anglican and Methodist Schools) inspection.

Paul Carter, a Foundation Governor, believes that "as a Church of England School, SIAMS is important, along with the inspections made by Ofsted. Follow-up visits from the Diocese identified the school's strengths and highlighted our good results. They were especially impressed with how the school's vision is part of everyday life for the children and adults."

This vision is: "To serve our community and provide a friendly place where everyone works together. We want all members to care for each other, love to learn, and believe in themselves. We hope that all our children reach their full potential and move on to their next school as confident, knowledgeable, and well-rounded individuals.

Our school's ethos is summed up in three words: Enjoy. Achieve. Believe.

These words describe our hopes for everyone who joins our school community and becomes part of Team Thurton."



Mr Carter added "The school's values help create a respectful, responsible, and inclusive place for learning, understanding and growth.

This is something

everyone in the school can celebrate. It shows the great leadership and professionalism of all the staff in making our school a caring community".

Paul Carter,
Foundation Governor

Thurton WI

At the beginning of December 28 members of Thurton, Ashby & District WI sat down at a beautifully decorated table in the Barn at The George & Dragon to celebrate our 63rd Birthday. However, as we were about to enjoy the festive menu the lights suddenly went out and we were plunged into darkness. After a short while, Polo appeared with a spotlight to illuminate what we were consuming. Luckily the sockets around the room were not affected and a little more light was soon forthcoming. The evening continued with a wonderful raffle and then the distribution of Secret Santa gifts.

Following our meal the Entertainment Group did their best to entertain their audience and were thanked for their efforts by Nicky Corbett who was standing in for our President who was away on holiday. The Birthday cake was cut and distributed and members went home with memories of an interesting evening.

We have a varied programme arranged for this year including a talk from a VSO volunteer, a demonstration of Danish Pastries, the secret life of a milliner as well as a reprise of our very successful Summer Extravaganza in June.

We have a membership of 34 at the moment and would welcome anyone who would like to join. Ladies are welcome to come to a meeting as a guest to see what we are about with the possibility of joining a lively and friendly group. As well as our meetings we have a monthly lunch and a coffee morning at a local hostelry. We meet at the Village Hall on the first Thursday of each month at 7.30 pm. Please come and join us!

Julie Powell



STARKINGS
WATSON

HYBRID ESTATE AGENTS

FOR SALE

VIEWINGS STRICTLY BY APPOINTMENT ONLY

SELLING & LETTING HOMES LIKE YOURS ACROSS NORFOLK & SUFFOLK
starkingsandwatson.co.uk

STARKINGS
WATSON

HYBRID ESTATE AGENTS

**Thinking
of selling
or letting?**

Call
**01508
356456**

Poringland Office
2a Shotesham Road, Poringland

Call
**01508
820830**

Loddon Office
2a High Street, Loddon

Free advice from your local property experts.

You'll like the way we **move.**

For our full list of available properties, or for a FREE INSTANT online valuation visit
starkingsandwatson.co.uk





ARBORCARE (UK) LTD



Arborcare Tree services specialises in all aspects of tree care including;

Tree Felling, Crown reduction, Crown Thinning, Crown Lifting, Deadwood removal, Pollarding, Stump Grinding, Hedge cutting and Garden Clearance.

We also can help with TPO and Conservation applications where necessary.
Free quotations and advice. Fully qualified and insured.

Travis Sarginson Tel: 01508 492730 Mob: 07905 612127

travis@arborcareuk.co.uk

www.arborcareuk.co.uk

1 Fox Rd, Framingham Pigot, NR14 7PZ



**Rockland St Mary
Post Office and Store**
Open 7 days a week
for all your local needs

All Post office services including: Free cash withdrawals/Deposits from most major banks, Euros and Dollars now in stock. Motor vehicle licence office

Store - Fresh fruit, Veg and Milk, Fresh Bread baked in store. Wide range of Groceries, Newspapers, Magazines, Stationery, Greeting Cards, Off Licence, Sweets, Soft Drinks, Ice-cream. Electric, Gas and Mobile Phone Top-ups. National Lottery and more.

HOT and COLD FOOD and DRINKS TO GO

Call Karen, Alan or Emma Tranter
01508 538123,
rocklandstmarypo@hotmail.com

Opening Times

Shop: Mon-Sat: 8am - 8pm.

Sun and Bank Holidays: 9am - 4pm

PO: Mon-Fri: 9am - 1pm. 1.30pm - 5.30pm.

Sat: 9am - 12.30pm

MURDOCH
Opticians

- Sight testing
- Spectacles
- Contact lenses
- Easy parking / all ground floor

Opening Hours

Mon-Fri: 9am - 1pm 2pm - 5pm

Sat: 9am - 12 noon

Sun: closed

4 The Street, Poringland NR14 7JR

01508 494670

www.murdochoptical.com

JR HANDYMAN SERVICES

Tiling Laminate flooring
Plaster repairs Decorating
Fixtures and fittings
Fencing Plumbing repairs
Flatpack assembly Paving

Your reliable local handyman

Contact Jason on

Mobile : 07962 125002

Email : jasongrix@gmail.com



'Applebee'

Rockland St Mary
01508 538231

Beekeeping equipment,
courses and advice



Local Honey for sale
Selection of local grown fruit
and vegetables available

Contact:
Ruth and John Everett

YOUNGS
FUNERAL DIRECTORS OF LODDON

At your time of need we are here to help you;

"Quiet guidance, gentle words and our professional knowledge
will help you make the right decisions for you and your family."

'Providing the very best care' - *Rachael Barber*

19 Bridge Street Loddon NR14 6NA

Tel: 01508 528274



ALPHA
CONSTRUCTION

(East Anglia) Ltd



01508
538699

07747
778972

alphaconstructionea@gmail.com

Simmonds Clockmaking Ltd

MEMBER OF THE BRITISH HOROLOGICAL INSTITUTE

Repairer, Conserver and Maker of Clocks

Tel/Fax: (01508) 548085

No. 3, The Raveningham Centre, Beccles Road,
Raveningham, NORWICH. NR14 6NU

www.clockmaking.co.uk



CHARLIE GARLICK
ELECTRICIAN

07999640808



charlie.s.garlick@gmail.com

www.cgelectricalservices.co.uk

Alpington, NR14 7NY



Landscaping

Complete landscaping service available including: paths,
patios, driveways, decking, turfing, seeding, fencing, planting,
tree work, clearance & renovation and creating low
maintenance gardens. Garden design service available.

Call Mark for any enquiries, free quotations &
advice: 01508 538734 / 07798 516919

email: dhslandscaping@gmail.com

or find us at: www.dhslandscaping.co.uk

DHS Landscaping Ltd. The Old Forge, Bramerton, Norwich NR14 7DW

G J STOKES

NORFOLK REED THATCHER

FREE ADVICE and ESTIMATES

COUNCIL APPROVED. COMPETITIVE RATES

PEAR TREES, RECTORY LANE, ROCKLAND ST MARY,
NORFOLK. NR14 7EY

Telephone: 01508 538267

Email: enquiries@gjstokes.co.uk

Website: www.gjstokes.co.uk

NORFOLK
SOCIETY AWARD



The White House, Mill Road,
Ashby St Mary, Norfolk, NR14 7BN
w: www.woodlandstoves.co.uk
t: 01508 480351

AN EXTENSIVE AND COMPETITIVELY PRICED RANGE OF WOODBURNING AND
MULTIFUEL STOVES ON SHOWROOM DISPLAY.

FULLY QUALIFIED HETAS REGISTERED INSTALLATION SERVICE AVAILABLE.

SUPPLIERS OF FLUE LINERS, FLUE PIPES, CHIMNEY COWLS AND ACCESSORIES

Please Phone or check our website for opening times.



Chimney Sweep

Certificates Issued
Insurance Approved
Prices from £40

Discounts for Multiple Sweeps

Call Tom

07816 462542

01508 528522

or find me on Facebook
[sweep&vacchimneysweeping](https://www.facebook.com/sweep&vacchimneysweeping)



YELVERTON GARAGE A146 LODDON ROAD

SERVICE - DIAGNOSTICS - AIR CON - MOTs

01508 492758

V.W. AUDI SPECIALISTS



www.vwaudinorwich.com

QUALITY LIGHT COMMERCIAL VEHICLE SALES

WITH FULL AFTER SALES SERVICE

01508 494464

www.yelvertonvans.com

the
home
team®



Care that works for you

Our founder, Peter Shaw, was less than impressed with the care received by a number of his relatives, he believed there must be a better way.

Focusing on the quality of care, careful recruitment, high quality training and paying The Home Team's professional carers better and more fairly than other home care companies.

Above all, it's about allowing enough time to care for our clients as they would really like. On time and never rushed, our care is tailored specifically to the individual client. Which is why, according to the national review site homecare.co.uk, The Home Team is one of the top client-rated home care companies in Norfolk.

- Companionship
- Personal care
- Medication
- Home help
- Dementia care
- Appointments
- Shopping & errands
- End-of-life care

Please contact us to discuss how we might be able to help:

01603 926465

info@thehometeam.care
www.thehometeam.care



The Home Team is a Norfolk company.



Adepta Accountants

Fully qualified accountants on your doorstep

- Self Assessment tax returns
- Bookkeeping & VAT
- Making tax digital
- Accounts for small businesses
- Limited companies
- Rental accounts
- Payroll
- Tax advice & planning

Call Jacquie 01508 537024

jacquie@adepta-online.co.uk

Hill Farm, Kirby Road, Kirby Bedon NR14 7EE

Firewood

Seasoned Hardwood, mostly Ash, Oak, Beech
Softwood and Mixed loads also available

Available from Autumn 2018 onwards

Free delivery 10 miles radius of Framingham Pigot
Delivered in bulk bags or tipper trailer loads

Contact: Darren Barnes, Nunns Cottage,
Framingham Pigot, Norwich. NR14 7QJ

07979724438 or 01508 495588
kingdom.landscapes@yahoo.co.uk
www.kingdomlandscapes.co.uk



SM Osteopathy

New Osteopath in Surlingham

I have over 27 years experience in treating back and neck pain; headaches; shoulder, hand and wrist problems; lower limb pain; infant, paediatric and pregnancy issues, as well as sports injuries.

I use hands on osteopathic techniques, dry needling, taping, ergonomics advice as well as exercise and rehab programmes to help restore balance to your body so you can feel better.

Book online

www.smosteopathy.co.uk

WhatsApp: 07944 855101

info@smosteopathy.co.uk

Tremere, Mill Road, Surlingham, NR14 7AF

Products and services advertised in this publication are not necessarily endorsed by the Eleven Says editorial board.

Articles in this publication do not necessarily express the views of the Bramerton Group Clergy or the Eleven Says editorial board.



Roberts & Son Printers

For all your printing requirements

Established for over 60 years

01508 520221 print@robertsandson.co.uk



Digital, Litho & Wide Format
Professional Colour Printing

2-6 Bridge Street • Loddon • Norwich • NR14 6EZ



CHARLIE'S HAIR BOUTIQUE Luxury hair salon

Professional hairdresser with over 20 years experience. Detached modern home studio based in Surlingham. Offering stylish haircuts and hair colouring techniques.

Call for a free consultation on
07957 619225



R J Plumbing & Heating

- Bathrooms
- Heating
- Plumbing
- Gas & Oil
- Free quotes
- Renewables

Contact 07954 122085 | 07881 951591

MATT STEELE

Carpet & Upholstery Cleaning

Over 20 Years Experience

01603 360160

View our work on Facebook
@ Matt Steele Cleaning
Services

or

www.carpetcleannorwich.co.uk

L A Robinson Architectural Services Ltd



- ✓ Planning Drawings
- ✓ Building Regulations
- ✓ Architectural Design
- ✓ Listed Building / Conservation



www.larobinson.co.uk

07786753349

louise@larobinson.co.uk

HELEN SAPEY

MSSCh. MBChA



QUALIFIED SURGICAL
CHIROPDIST
VISITING PRACTITIONER
Registered Member of the British
Chiropody Association

Call: **01508 480137** or
07765620561 for a home visit

CHRIS CLITHEROE

PAINTER & DECORATOR

Interior and Exterior

Free estimates

Tel: **(01508) 480283**

The Cottage, Chapel Road,
Ashby St Mary. Norwich
NR14 7BH



For all your gardening needs

Quality - Trustworthy - Friendly

- ✓ Grass Cutting & Lawn care
- ✓ Garden Clearance and Tidy-ups
- ✓ Garden Maintenance
- ✓ Hedges
- ✓ Fencing
- ✓ Turfing and soft landscaping

GET IN TOUCH FOR A FREE, NO OBLIGATION
QUOTE
01603 336202
lewisgeorgegardenservices@hotmail.com
www.lewisgeorgegardenservices.co.uk



PAWS &

CLAWS

Grooming



A complete dog grooming service with kindness and care. All breeds welcome. Trimming, Grooming, Shampooing, Nail Clipping, Ear Cleaning

Telephone Jane on

01508 538757

Dog walker/sitter, cat sitting and house sitting

Friendly, reliable and trustworthy. Fully insured, DBS check, pet first aid certificate and references available.

Please call Shaynie on
07376 271 234 or email
Shaynie121@gmail.com

Surlingham Timeshare Swimming Pool



Are you interested in having an indoor heated swimming pool exclusively for yourself, family or friends? If so, please ring **(01508) 538206**.

3, 6 or 12 monthly bookings for weekly slots available, also one offs. Open seven days a week 6.30 am - 10 pm. We are situated 6 miles SE of Norwich between Surlingham and Rockland St Mary.

Yare Valley Farm Shop open 8am - 9pm. Producers of Yare Valley Rapeseed Oil. To order: **01508 538206** or www.yarevalleyoils.co.uk

HOLIDAY LET.

The Barn at the Well House, Rockland St Mary. 1 bedroom barn available for holiday lets, weekend stays, etc. All amenities. Call Lisa Reynolds, 07939 037743 or 01508 538551 or email: lichreynolds@gmail.com.

VILLAGE HALLS

Alpington and Yelverton - Main hall, large committee / club room, kitchen and dining area. Excellent heating. Car park. Children's play area. £10.50 an hour for regular user groups and private functions. Business and trade £21 an hour. For bookings email: alpingtonvillagehall@gmail.com or call mobile 07747 443567, Website address: www.alpingtonvillagehall.wordpress.com.

Ashby and Thurton - Main hall with kitchen facilities and/or committee room available for private hire per hour, day or half day. Discounted rates for regular contract bookings. Ideal for meeting groups and social activities. Please contact Laura Vaissiere, telephone: 01508 480773 or email: ashbythurtonvillagehall@gmail.com.

Bergh Apton - Large main hall with stage plus smaller room, fully-fitted kitchen, heating throughout. Disabled toilet with baby-changing area. Large car park, gardens and play park. Contact Hilary Ling on 01508 480439 or email hilary.ling@btinternet.com.

Bramerton - Spacious, refurbished hall with separate fully equipped kitchen. Beautiful enclosed garden and large car park. Disabled facilities. £9 per hour, minimum hire 2 hours. Daily rate available and discounted rates for regular bookings. Please contact Alison, 07976264469 or Duncan, 01508 538444.

Claxton & Carleton St Peter - Spacious refurbished well-equipped hall. Fitted kitchen. Ideal for one-off functions and regular users. Disabled facilities. Large car park. Free high speed broadband. £10 per hour or by session. Bar available. Contact Judy Jackson, 01508 480128 or Sarah Carter, 01508 480555, or email: contact@claxtonvillagehall.co.uk. Website: www.claxtonvillagehall.co.uk

Rockland St Mary - Margaret Mack Hall available evenings and weekends for private parties, meetings and social activities. Rates per hour or per day. Contact after 4 pm please, Deb Sayles, 01508 537077, or email: deborah.sayles8@gmail.com.

Rockland St Mary - The Parish Room is available for hire. With excellent kitchen facilities it is ideal for social functions, parties, clubs and meetings. Hire rates are extremely reasonable. Contact Jayne Regan, 01508 538087.

Bergh Apton Arts - Answers to quiz on P8

Did you sharpen your wits and work out the name of the next event? If not here it is:

1. L - the Roman numeral for 50 was written as L.
2. U - the family of five is the vowels, a, e, i, o and u.
3. T - 4 o'clock is tea time!
4. E - 'e' appears twice in 'week' and only once in 'year'
5. S - 's' is in 'Scotland' and 'Wales' but not in 'England' or 'Ireland'
6. T - 't' is not in 'puddings' or 'pies' but no 'tart' without this letter.
7. R - one 'r' in 'room' and 'corner' but no 'r' in 'house'.
8. I - the family of vowels again.
9. N - the word 'night' begins with 'n'.
10. G - 'beginning' always ends with 'g'.



Lute strings are moths. Here is one:

DAVID WHISKERD

BUILDERS LTD

SPECIALISTS IN: • NEW BUILDS • EXTENSIONS
• BARN CONVERSION • LISTED & CONSERVATION BUILDING
ALTERATIONS AND RENOVATIONS • RE-POINTING

BASED IN BERGH APTON info@dwbuildltd.co.uk

TEL: 01603 328110 MOB: 07762 909754

www.davidwhiskerdbuilders.co.uk



| | 2nd Feb Candlemas White/Gold | 9th Feb 4th before Lent Green | 16th Feb 3rd before Lent Green | 23rd Feb 2nd before Lent Green | 2nd March Sunday next before Lent Green | 5th March Ash Wednesday Green | 9th March Lent 1 Purple | 16th March Lent 2 Purple | 23rd March Lent 3 Purple | 30th March Mothering Sunday Rose | 6th April Passion Sunday Purple | |
|----------------------|--------------------------------------|--|---|---|--|--|---|--------------------------------|--------------------------------|---|--|----------------------|
| Ashby St Mary | 16.00 HC and Vestry Meeting | | 11.00 PT | | 11.00 MP | | | 11.00 HC | | | 11.00 PT | Ashby St Mary |
| Bergh Apton | 09.30 PT | 10.00 Benefice HC | 09.30 PT | 09.30 HC and Vestry Meeting | 09.30 PT | | | 09.30 PT | 09.30 HC BCP | 09.30 Mothering Sunday PT | 09.30 PT | Bergh Apton |
| Bramerton | | 09.30 HC | | | | | | 09.30 HC | | | | Bramerton |
| Carleton St Peter | 11.00 MP | | | | 11.00 MP | | | | | | 11.00 HC | Carleton St Peter |
| Claxton | 09.30 HC | | 09.30 FW | | 09.30 HC | | | 09.30 FW | | | 09.30 MW | Claxton |
| Framingham Pigot | 09.30 HC and Vestry Meeting | | | 16.00 HC | | | 10.00 Benefice HC | | 16.00 HC | | 09.30 HC | Framingham Pigot |
| Kirby Bedon | | | 11.00 HC | | | | 09.30 HC 16.00 Still at the Barn | | | | | Kirby Bedon |
| Rockland St Mary | 16.00 Still at the Barn | 10.30am-12 Café Church in Parish Room | | 09.30 HC | | 09.30 HC and Ashing in the Barn | 09.30 HC 16.00 Still at the Barn | | 09.30 HC | 10.30 Mothering Sunday Fun Day | | Rockland St Mary |
| Surlingham | | 11.00 HC | | 11.00 HC | | | 11.00 HC | | 11.00 HC | | | Surlingham |
| Thurton | Join Ashby | | 16.00 HC and Vestry Meeting | | 11.00 HC | 19.00 HC with Ashing | | 11.00 PT | | 11.00 Mothering Sunday PT | 16.00 HC | Thurton |
| Yelverton | 09.30 PT | | 09.30 HC and Vestry Meeting | 16.00 All 4 | 09.30 PT | | | 16.00 HC | 16.00 All 4 | 09.30 Mothering Sunday HC | 09.30 PT | Yelverton |

CODE: HC = Holy Communion; **E Praise** = Evening Praise; FC = Family Communion; FW = Family Worship; MP = Morning Prayer; EP = Evening Prayer; .PT = Parish Team; VM = Vestry Meeting. **Holy Communion at Yelverton on Thursday 6th February and Thursday 3rd April at 10.30 am. (NOT 6th March)**

Bible Readings Sunday by Sunday: February & March 2025

| Date | Old Testament | Epistle | Gospel | |
|----------|-----------------------|--------------------------|----------------------|-------------------------|
| 02/02/25 | Malachi 3.1-5 | Hebrews 2.14-18 | Luke 2.22-40 | Candlemas |
| 09/02/25 | Isaiah 6.1-8[9-13] | 1 Corinthians 15.1-11 | Luke 5.1-11 | 4th Sunday before Lent |
| 16/02/25 | Jeremiah 17.5-10 | 1 Corinthians 15.12-20 | Luke 6.17-26 | 3rd Sunday before Lent |
| 23/02/25 | Genesis 2.4b-9,15-25 | Revelation 4 | Luke 8.22-25 | 2nd Sunday before Lent |
| 02/03/25 | Exodus 34.29-35 | 2 Corinthians 3.12 - 4.2 | Luke 9.28-36[37-43a] | Sunday next before Lent |
| 05/03/25 | Joel 2.1-2,12-17 | 2 Corinthians 5.20b-6.10 | Matthew 6.1-6,16-21 | Ash Wednesday |
| 09/03/25 | Deuteronomy 26.1-11 | Romans 10.8b-13 | Luke 4.1-13 | 1st Sunday of Lent |
| 16/03/25 | Genesis 15.1-12,17-18 | Philippians 3.17 - 4.1 | Luke 13.31-35 | 2nd Sunday of Lent |
| 23/03/25 | Isaiah 55.1-9 | 1 Corinthians 10.1-13 | Luke 13.1-9 | 3rd Sunday of Lent |
| 30/03/25 | Exodus 2.1-10 | 2 Corinthians 1.3-7 | Luke 2.33-35 | Mothering Sunday |
| 06/04/25 | Isaiah 43.16-21 | Philippians 3.4b-14 | John 12.1-8 | Passiontide begins |



Please note: At Holy Communion, where only two readings are used, the first reading will usually be the Epistle, and the second will always be the Gospel reading. At other services where two readings are used, the first will usually be the Old Testament reading, and the second can be either the Epistle or the Gospel readings.

| CLERGY OF THE BRAMERTON GROUP | | ROMAN CATHOLIC PARISH OF PORINGLAND AND LODDON | | ELEVEN SAYS EDITORIAL BOARD | | | | | | | | | | | |
|--|---|--|------|---|--|-----------------|--|----------|------|--------|------|------|------|---------------|-------|
| Thurton Benefice Revd Chris Ellis The Rectory 29 Ashby Road THURTON NR14 6AX <i>Tel.</i> 01508 484174 (<i>Answerphone</i>) <i>Email:</i> <u>rector.thurtonbenefice@btinternet.com</u> Explorers and HALOS are held at Thurton Village Hall every other Friday evening. For more information please contact Gary WATSON Youth Worker Norwich Youth for Christ City Gates Centre, 30 Cowgate NORWICH. NR3 1SZ Tel: 01603 620678. 07747 471218 Email: gwatson@norwichyfc.co.uk | Rockland Benefice Revd Canon Nick Garrard The Rectory Rockland St Mary NORWICH NR14 7EY <i>Tel.</i> 01508 538014 <i>Email:</i> <u>nickgarr39@aol.com</u> Revd. Helen Garrard The Rectory Rockland St Mary NORWICH NR14 7EY <i>Tel.</i> 01508 538014 <i>Email:</i> <u>broadsidecurate@aol.com</u> Revd Mandy Ansell 44 The Street,, Rockland St Mary NR14 7AH. <i>Tel.</i> 01508 538654 <i>Email:</i> <u>mandy.ansell44@gmail.com</u> | Parish Priest Fr Andrew Eburne, The Presbytery, 17 Ugate, Poringland. NR14 7SH. <i>Tel.</i> 01508 494770. <i>Email:</i> <u>frandreweburne@gmail.com</u> | | Liz Bloomfield: Editor, Treasurer, Adverts The Bloomfields, Nichols Corner, Church Meadow Lane, Alington, NR14 7NF Tel: 01508 493958 Angie Yeomans: Adverts, Contributions, Page Layout and Design 15 Bramerton Lodge, Bramerton, Norwich. NR14 7EQ. <i>Tel:</i> 01508 538131 (<i>Answerphone</i>) Kind donations may be sent to one of the addresses above either by cash or cheque payable to Eleven Says. Or BACS payment to Eleven Says 20-92-08 a/c 90137065. Contributions are very welcome subject to the Board's discretion and available space. Deadline for all material ("copy") for the next issue is 5th MARCH 2025 Email: <u>elevensays22@gmail.com</u> Produced by: Angie Yeomans Printed by: Roberts & Son Printers, 2-6 Bridge Street, Loddon, NORWICH. NR14 6EZ <i>Tel:</i> 01508 520221 | | | | | | | | | | | |
| | | <table><tr><th>Times of Masses</th><th></th></tr><tr><td>Saturday</td><td>6 pm</td></tr><tr><td>Sunday</td><td>9 am</td></tr><tr><td>Tues</td><td>6 pm</td></tr><tr><td>Wed -Saturday</td><td>10 am</td></tr></table> | | | | Times of Masses | | Saturday | 6 pm | Sunday | 9 am | Tues | 6 pm | Wed -Saturday | 10 am |
| | | Times of Masses | | | | | | | | | | | | | |
| | | Saturday | 6 pm | | | | | | | | | | | | |
| | | Sunday | 9 am | | | | | | | | | | | | |
| Tues | 6 pm | | | | | | | | | | | | | | |
| Wed -Saturday | 10 am | | | | | | | | | | | | | | |
| Staff days off. Monday Revd Chris Ellis Thursday Revd Mandy Ansell Friday Revd Nick Garrard Revd Helen Garrard | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| NEXT ASSEMBLY: SATURDAY MARCH 29th, BERGH APTON VILLAGE HALL, COOKE'S ROAD, NR15 1AA, 9am - 11am (approx) | | | | | | | | | | | | | | | |